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VOL. 25, NO. 20

SANIBEL & CAPTIVA ISLANDS, FLORIDA

NOVEMBER 17, 2017

NOVEMBER SUNRISE/SUNSET: 17 6:49 • 5:38 18 6:49 • 5:38 19 6:50 • 5:37 20 6:51 • 5:37 21 6:52 • 5:37 22 6:52 • 5:36 23 5:53 • 6:36



The crew from Thistle Lodge, winners of Taste of the Taste, celebrate their victory photos provided

Taste Of The Islands Winners

The Clinic for the Rehabilitation of Wildlife (CROW) announced the winners of the 36th Taste of the Islands. This year's event featured 14 restaurants from Sanibel and Captiva. The winners were selected by a five-member panel of

judges that voted on a variety of categories while those in attendance voted for the People's Choice award.

Taste of the Islands Winners:
Best Appetizer – Sanibel Fish House, Ceviche
Best Meat – Thistle Lodge, Flank Steak and Root Veggie Gratin
Best Seafood – Il Cielo, Scallops with a Corn Relish, Shaved Cucumber and Citrus



The Clam Shack was voted the winner of the People's Choice by those who attended the 36th Taste of the Islands

Ginger Vinaigrette
Best Vegetarian – Matzaluna, Vegan Zucchini Noodles
Best Dessert – Sanibel Sweet Shoppe, Key Lime Tart
Taste of the Taste – Thistle Lodge
People's Choice – The Clam Shack
“We are excited by the turnout for Taste of the Islands. Everyone enjoyed the amazing food and live entertainment by the

LCEC Killa-Watts,” said Debra Neri, event chair. “Thank you to everyone who attended and supported CROW's mission, especially the participating restaurants, sponsors and volunteers who made it all possible.”

Funds raised though the event will benefit CROW's mission to save wildlife through state-of-the-art veterinary care, research, education and conservation medicine.*

more photos pages 30 and 31



A recent adult voyage with Dr. Bruce Neill, center

photo by Nicole Finnicum

Sea School Offering Adult Educational Boat Trip

by Jeff Lysiak

On Wednesday, December 6, Sanibel Sea School will be offering an adult educational course, Alva to Sanibel – A Journey from River to Sea, which will take passengers on a boat trip down the Caloosahatchee to the Sanibel Causeway Islands.

According to Sanibel Sea School Executive Director Dr. Bruce Neill, the planned continued on page 26

Door Wraps Added To Refuge Lavatories Exhibit

Since its reveal last month, the new Learning Lavatories exhibit at the JN “Ding” Darling National Wildlife Refuge has gained national attention. Last week, the refuge added a new dimension to enhance the exhibit's educational value. It has wrapped restroom stall doors with photographic images of refuge birds.

The first of its kind among the 550-plus refuges in the National Refuge System, #LearningLav educates visitors about wildlife, mangroves and responsible citizenship through art. Funded by a \$125,000 grant from the West Coast Inland Navigation District (WCIND) and contributions from private donors, the project has created educational imagery inside the center's lavatories and on the outdoor wall leading to them.

The outdoor mural immerses visitors in a virtual underwater experience, where they come eye-to-eye with 3-D manatees and look up to see an alligator and other wildlife sculptures swimming overhead.

Inside, the lavatories were renovated to



Photos of popular refuge bird species wrap the stall doors of the #LearningLav

photo provided

green standards and continue the interpretive underwater motif, featuring a tile mangroves mural printed from a photo

continued on page 4

Happy Holidays!

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Students playing with bubbles at the Sanibel Christian Preschool Pumpkin Patch
photos provided

Pumpkin Patch Brings Big Fun For Preschoolers

It was a crisp fall day as students at Sanibel Christian Preschool celebrated autumn recently with their very own pumpkin patch. Director Ana Abella constructed the pumpkin patch in the playground with help from teachers Lora Lea Plummer and Carolyn Alonso.

Students arrived decked out in their costumes and spent time making crafts, singing songs and playing games with the help of parent volunteers. Then, each child picked their own pumpkin to take home as a reminder of the special day.

Sanibel Christian Preschool offers classes for 2-, 3- and 4-year-old students and still has limited openings. As a community outreach of Sanibel Congregational United Church of Christ, the preschool is open to families of all ethnic, economic, racial and religious backgrounds.



Tinkerbell
For more information, contact Director Ana Abella at 472-0497 or visit www.sanibel.org/preschool.*



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Remembering Sanibel In The '60s

submitted by Jeri Magg

In the early 1960s, early pioneer Clarence Rutland assembled a group of islanders on the porch of his house on Periwinkle Way to discuss stopping the proposed bridge set to connect Sanibel Island and Punta Rassa. He, along with other islanders like Mary Gault Bell, Charlotte Kinzie White, Esperanza Woodring and Priscilla Murphy, feared the bridge would bring destruction to their island paradise.

They were right. Once the bridge was completed, the bulldozers arrived, and it took incorporation to stop the unlimited building permits issued by Lee County.

On Friday, December 1 from 3:30 to 5:30 p.m., the Sanibel Historical Museum and Village, during this year's Luminary celebration, plans to turn back the clock and spotlight this tumultuous time.

In the late 1950s, Hugo Lindgren bought a gulf-to-bay parcel on Sanibel to develop home sites. With the only access to the island by boat, he proposed building a bridge from Punta Rassa to the island, terminating at Bailey Road. He tempted the Lee County commissioners by promising to underwrite the preliminary cost and offered a no-obligation deal, which asked for repayment only if sufficient bonds were not sold.

Back on Rutland's front porch at the time, the number of islanders against the bridge grew steadily. Clarence's idea was to "blow up the bridge." Perhaps today, with so much traffic, some islanders would agree with Clarence.

Bell, initially against the bridge, recalled a time when one of the residents needed to be rushed to the hospital in Fort Myers. The fastest way was by air.



Clarence Rutland

photo provided

Folks living by the airstrip at Casa Ybel came with flashlights to guide the pilot to the landing strip.

Kinzie White was also an adversary of the bridge. The daughter of Ernest Kinzie, who with his brother ran the ferries to the island, often spoke about the upheaval. But to her it seemed inevitable. In 1959, cars waiting for the ferry sometimes stretched for more than one mile at both ends of the run. In 1958, the ferries carried 257 cars a day. The Kinzies rejected the idea of paying more than \$100,000 for more boats, realizing that a bridge would probably be constructed.

The completion of the bridge in 1963 at a cost of \$5 million opened the development flood gates until island residents banned together. After jumping all kinds of political hurdles, the City of Sanibel incorporated in 1974. On the day the bridge was dedicated, islanders packed the last ferry from Punta Rassa to Sanibel to say farewell to their past.

To learn more about the time that

changed the island forever, and what Christmas was like on the island during this period, visit the Sanibel Historical Village and Museum on Friday, December 1 from 3:30 to 5:30 p.m. For more information, contact Executive Director Emilie Alfino at 472-4748.✱

City Salutes Veterans Among Its Workforce

The City of Sanibel salutes the 22 veterans of U.S. military service in its workforce. "Our country has been shaped by the heroes who have served to protect our freedoms. Our country owes much to these men and women who served. On behalf of the citizens of Sanibel, we are proud to recognize the sacrifice, courage and dedication of each City of Sanibel employee who has served in our country's military service," said Sanibel Mayor Kevin Ruane.

The following employees were recognized: James Ashcraft, utilities, Navy; Rodd Bell, Public Works, Navy; Magdiel Bernier, Police, Army; Mike Claney, Information Technology, Navy; Adam Dees, Building, Navy; James Evans, Natural Resources, Army; Matthew Fannon, Recreation, Marines; David Fehlandt, Public Works, Army; Samuel Halverson, Public Works, Army; Lance Henninger, Police, Navy; Craig Henry, Public Works, Marines; James Isom, Administrative Services, Army; Gordon Kraft, Public Works, Army; Christopher Kwek, Public Works, Army; Chad Maik, Police, Airforce; Joshua Ooyman, Planning, Marines; Kelsey Reed, Public Works, Army; Michelle Rose, Police, Army NG.; Christopher Salter, Public Works, Marines; Sabine Schroeder, Legislative, Army; Arthur Stallsmith, Utilities, Navy; Anthony Thompson, Police, Marines.

"As city manager, I am extremely

proud of our outreach to veterans when we recruit new employees. As the daughter of a deceased disabled military veteran and the niece of a deceased POW, my family is aware of the cost of freedom. There are no words that can express my appreciation and admiration of all who served and especially my co-workers who served our country and now serve the citizens of Sanibel," added Sanibel City Manager Judie Zimomra.✱

From page 1

Door Wraps

taken by Rich Leighton, plus more wildlife sculptures.

Nature-art images by photographers of local and national renown – Terry Baldwin, Dick Fortune and Sara Lopez, Sylvia Guarino, Allen Hoffacker, Kent Jager, Lillian Stokes and Michael Threlkeld – wrap around the stall doors. They portray an aninga, white pelican, roseate spoonbill, yellow-crowned night heron, green heron, reddish egret and great blue heron. Inside the doors, facts about each species teach a "captive audience" about the birds.

"The refuge had identified a major missed opportunity for educating visitors," said Birgie Miller, executive director of the "Ding" Darling Wildlife Society-Friends of the Refuge (DDWS), which facilitated the grant and project. "Whereas we see nearly a million visitors to the refuge each year, only about a quarter of those numbers enter the center. We were finding that many came to use the restrooms without ever stepping foot inside to see all of our wonderful hands-on exhibits."

In months to come, the refuge will be adding more educational messaging and an activity sheet to accompany the indoor and outdoor murals, which showcase the work of two artists. Local artist Andrew Corke fashioned a mother and baby manatee out of recycled bike tires, while North Carolina artist David Williams sculpted other creatures out of foam and fiberglass.

"We are proud to say we now have the coolest bathrooms in the state of Florida and in the entire national wildlife refuge system," added Miller.

For more information, pictures and videos about #LearningLav, visit www.dingdarlingsociety.org/articles/project-bathroom.✱




Happy Thanksgiving







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Pastor Daryl Donovan and Hudson Hanni gets a hug photo provided

A Small Act Of Kindness

Hudson Hanni gave Pastor Daryl Donovan a hug after Hudson gave him a card and homemade bracelet from the children of Summit Christian Preschool at Sanibel Community Church. Last week, the children learned about church helpers and kindness and had a terrific time passing out their treasures to every church helper they could find.✽

A Note Of Thanks To Our Veterans



Ryder Szymanczyk photo provided

Last week, LOGOS participant Ryder Szymanczyk wrote a thank you note to a veteran that is currently serving overseas in honor of Veterans Day. Postcards of encouragement and thanks were written by the children of the LOGOS program on Wednesday evening at Sanibel Community Church, located at 1740 Periwinkle Way.

For more information on enrolling your child in the LOGOS program, contact Kathy Cramer at 472-2684.✽

Sanibel-Captiva Lions Club News

Lions Christmas Trees Are Coming

submitted by a Lion, Bob

Sanibel-Captiva Lions will begin selling Christmas trees at Bailey's Center on Friday, November 24. Every year, the Sanibel-Captiva Lions Club sells these fraser firs to raise money for their sight-based projects.



If you have purchased a tree in the past, you know that they are fresh and full, come in various sizes and last throughout the Christmas season. Delivery is also available.

Did you know that the Lions, in a special report released at the U.N. in Geneva, Switzerland on July 5, 2007, was ranked the best among non-governmental organizations (NGOs) worldwide. Lions beat out UNESCO, UNICEF and Habitat for Humanity, to name a few.

The Sanibel-Captiva Lions Club was chartered on December 26, 1967 and ever since has been raising money to aid and support several worthy causes here on Sanibel and Captiva, in the state of Florida and around the world through Lions' charities. Hearing and vision screenings are held throughout the year to help residents understand if they are at risk for sight loss, hearing loss and possible diabetes.

For more information about the Sanibel-Captiva Lions Club, email alionbob@comcast.net.✽



Collecting debris photo provided

Watch For Heavy Equipment

Large heavy equipment is currently deployed in Sanibel's neighborhoods, collecting and hauling the large stumps generated by Hurricane Irma. Be cautious and alert. Do not approach the equipment operators. It is not safe for you or them.

If you have any questions, send an email to sanpw@mysanibel.com or call Sanibel's Department of Public Works at 472-6397.✽

A collection of various pieces of jewelry, including necklaces, earrings, and pendants, displayed on a light blue background. The jewelry features gold, silver, and colorful gemstones, with some pieces having intricate designs like a sun, a moon, and a dragonfly.

The Brilliance of a Sanibel Sunrise Shines in these Stunning Original Creations

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Sanibel Masters' Featured Artist Has A Shell Thing

submitted by Richard Sullivan

A ripple in the ocean. That's where their eyes instinctively go when they look up from the shore every so often to see how far out mom has wandered. Then, the water shoes emerge from the center of that ripple, then a bit more leg. Mom's practically mastered the underwater handstand by now, though it's not particularly graceful like yoga, nor is it a sight to behold like synchronized swimming. It's just mom's preferred method of shell seeking. Bright yellow mask on tight, she combs the ocean floor, eye to shark's eye, emerging a moment later – sometimes gasping for air – but almost always grasping a handful of treasures.

On the shore, the kids play in the sand, or sometimes go on a hunt for shells they know mom will love, or for a rare piece of frosty sea glass. When mom finally emerges from the water, dragging a shell bag heavy with loot, the kids identify every shell with ease: the freckly coveted spots of the alphabet cones, the vibrant hues of the zigzag scallops, the crazy spikes of the spiny jewel box... the list goes on. And Ali Mick relishes them all. Of course, the kids know to save any fragment of the elusive junonia. But Ali's personal favorite find is Florida's state shell – a bright orange horse conch!

Mick has been spoiled by the gorgeous beaches of Southwest Florida and



Ali Mick photo provided
 Sanibel, her hometown. But it wasn't until 2014 that she really started becoming acquainted with the local beaches as something more than a quick "stop to see the sunset" spot. Her full-time job became part-time and allowed her one day off each week, which she decided to spend at the beach. Beach comes before housework in the dictionary. At first, they were just scenic exercise excursions. The plan was to walk the beach for an hour, then go home and adult by doing housework until it was time to pick up the kids from school. Then, those beach walks started evolving into beach treasure hunts as Mick had to stop every other step to pick up whatever ocean refuse lay before

her: barnacle-covered sunglasses, frayed rope, a storm-tossed crab cage, a plastic green army man, a unique sea shell... you name it.

After a few months of beachcombing, it was the sea shells that really captivated her most. Mick joined a few shell collector groups on social media to start identifying shell names and varieties, then began learning from the local experts the best places, times and methods to find these nautical treasures. The weekly beach walk plan ultimately gave way to free-diving off the shore. Not long after, she bought her first dive mask and began the process of "mermaidization."

Like any true mermaid, Mick adorns herself with flair that reflects her love of the ocean and the nautical life: shell bracelets, necklaces, rings – shiny mermaid bling. There's definitely no shortage of mermaid accessories out there, and Mick had always been the happy consumer of this flair. But in early 2017, after taking a jewelry class with a girlfriend, she decided to put her collection to use and craft her own beachwear baubles. After finishing her first necklace, she admittedly went a little "mermaid-happy" making beachy necklaces for all her friends.

While she still cannot resist the urge to hunt for shells (even though her personal seashell collection threatens to overtake her home), she has been creating beautiful beach-lover jewelry since February of this year. Each piece is unique, and combines the natural beauty of these exquisite shell treasures with artistic arrangements of beads. In a short time, her beach jewelry collection has emerged with a recognizable style. One shell pendant, unassuming in its bare simplicity, combined with both that girls night out sparkle and coastal casual ocean hues. Long necklaces are slip-ons and short necklaces have a front toggle clasp. Each piece is part of the ShoreThangs collection, and it's a sure thing that any true mermaid will appreciate her one-of-a-kind creations.

Mick sometimes receives requests to incorporate a special shell from a client, but besides these instances, all of the shells featured in her work were found by her using only a dive mask and a shell bag. She tends to stay shallow – with all of her shells found between breakline and six feet of depth – but her love for the beach goes deep. She still spends as much time as possible combing and diving her favorite spots for treasures, which is easy to do when you live near one of the shelling capitals of the world particularly rich in these nautical treasures. On stormy days, she can be found in her cute sky blue sea cottage, stringing together new creations.

Admirers can comb her collection of seashell jewelry at the 12th annual Sanibel Masters Art Festival, being held on November 24 and 25 on the grounds of The Community House, located at 2173 Periwinkle Way on Sanibel.✱

Thanksgiving Celebration

The annual Sanibel Thanksgiving Celebration service will take place on Sunday, November 19 beginning at 6:45 p.m. at The Community House. Admission is free.

The mayor, city manager and representatives from all of the island churches will take part. There will be music and song by the BIG ARTS Community Chorus as well as The Sanibel School's Seahorse Chorale. A sing-along will include songs such as *My Country Tis of Thee*, *America The Beautiful* and *God Bless America*.

Fellowship will follow, with cookies and apple cider donated by Bailey's General Store and Jerry's Foods.

Guests are encouraged to bring food or monetary donations for FISH of SanCap.✱

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The Community House

Stress-free Thanksgiving

Learn eight simple steps to a stress-free Thanksgiving dinner on Saturday, November 18 from 10 a.m. to 1 p.m. Chef Jarred will cover meal planning to shopping as well as preparation and storage. Cost is \$50 per person and includes sampling. Register online or by phone. Prepaid reservations required.

Healthy Treats For Your Dog

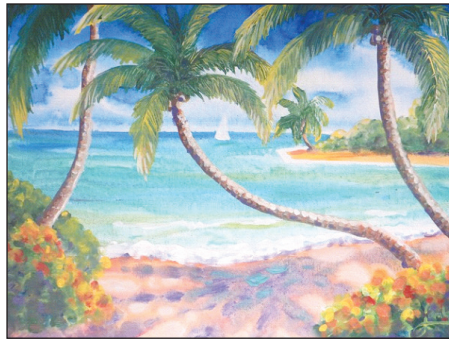
Learn how to make healthy treats for your dog on Sunday, November 19 from 1 to 3 p.m. This class will cover three easy dog treats using wholesome, organic ingredients. Cost is \$35 per person and includes treats to take home. Register online or by phone. Prepaid reservations must be made 72 hours in advance.

Beading With Shells

Beading with Shells will be held on Tuesday, November 21 from 9 a.m. to noon. Cost is \$35 for members and \$40 for guests. Anita Gober is the instructor.

How Does Your Garden Grow?

This lunch and lecture series begins Tuesday, November 21 at 11:30 a.m. Learn techniques you can try at home, enjoying the fruits of your own labors. Cost is \$30. Ken Ryan, local micro-green farmer and Lee County



Painting by Sissi Janku photos provided
Extension Services teacher, will be the guest speaker.

Colorful Sips

Sissi Janku's Colorful Sips painting class will be held on Wednesday, November 22 from 7 to 9 p.m. No experience is necessary. Students will explore new ways to paint with acrylics. Bring your favorite snack or beverage. Registration can be completed online. Cost is \$55 for members and \$60 for guests.

Bistro And Brasserie Classics

The next demonstration with Chef Jarred will be held on Sunday, November 26, featuring Chicken Liver and Bacon Pâté, Toasted Brioche and Asian Pear Chutney, Wagyu Teres Major, Scalloped Sweet Potatoes, Braised Purple Cabbage



Bistro and Brasserie Classics will be held on November 26

and Frozen Lemon Soufflé. Hands-on classes are \$75 for members and \$95 for non-members. Demonstrations are \$45 for members and \$55 for non-members. Register online at sanibelcommunityhouse.net or call 472-2155. Prepaid reservations must be made 72 hours in advance. The Bistro and Brasserie Classics series is sponsored by The Sanibel Captiva Trust Company.

Hors d'oeuvres At Home

Chef Jarred will share techniques and recipes for preparing a selection of impressive hors d'oeuvres. A hands-on class will be held on Thursday, December 7, featuring Shrimp and Chorizo Empanadas, Buffalo Rissolis (stuffed crispy ravioli), Truffled Lobster Vol au vent, and Shrimp, Crayfish and Andouille Pot Stickers. Cost is \$75 for members and \$95 for non-members. Register online at sanibelcommunityhouse.net or call 472-2155. Prepaid reservations must be



Learn how to make impressive hors d'oeuvres at home

made 72 hours in advance. The Hors d'oeuvres at Home series is sponsored by The Sanibel Captiva Trust Company.

Kids Cooking Classes

These classes are geared toward students 8 years old and up. American Culinary Federation curriculum is followed. The theme for the series is Traveling Around The World. Classes are held on the first Monday of the month: December 4, January 1, February 5, March 5, April 2 and May 7 from 2:30 to 5:30 p.m. Class size is limited to a minimum of six and maximum of 16. Cost is \$35 per child per session. Permission slip and payment must be completed in advance.

*The Community House is located at 2173 Periwinkle Way. For more information, visit www.sanibelcommunityhouse.net or call 472-2155.**

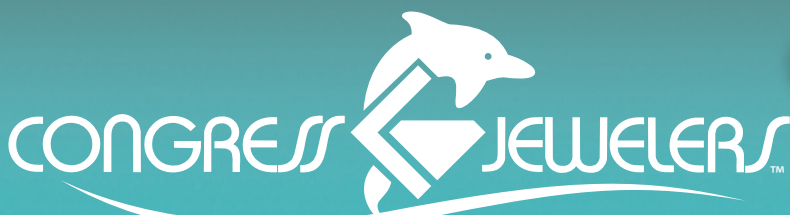


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Commission Approves Pitched Roof Ordinance

by Jeff Lysiak

Following a thorough examination of properties across the island, members of the Sanibel Planning Commission approved an ordinance amending the city's Land Development Code that allows pitched roofs on three-story, multi-family buildings within the Resort Housing District.

During Tuesday's meeting, commissioners revisited the proposed ordinance that had been introduced to them at the request of the Sanibel City Council back in September. In the draft legislation, planning department staff proposed amending the code dealing with height limits for buildings, to accommodate 4:12 pitched roofs on three-story multi-family buildings located in the Resort Housing District as well as the articulation of facades and roofs that would restrict the area of a building that can be devoted to a flat roof.

Last month, commissioners continued their discussions on the proposed legislation. On October 24, Vice Chair Holly Smith requested that the planning staff provide her with a list of all properties – not just those within the Resort Housing District – that could be affected by the proposed legislation. However, that information had not been received by the commission.

Planning Director Jim Jordan, during his presentation on the proposed

ordinance, explained to the commission that the sole purpose for amending Land Development Code Section 126-637 is "to provide for the mandatory sloped roofs that are required on all multi-family buildings with three habitable floors or stories above the base flood elevation."

"This amendment intentionally does not address buildings that are located in other districts where the typical base flood elevation is 12 feet and the maximum building height limit is 45 feet as there is no apparent benefit or reason to increase the height of buildings located in either the commercial or residential districts," the staff report summary reads, in part.

During discussions on the subject, Smith asked Jordan to confirm if there were no properties on Sanibel outside of the Resort Housing District that could benefit from being included in the proposed legislation. Jordan responded that there were none. Smith then questioned whether The Sanctuary Golf Villas neighborhood might be applicable under the proposed ordinance; Jordan said they were not since they were subject to the Wulfert Planned Urban Development (PUD) restrictions and requirements.

"The ordinance is precise and does what council asked us to do," said Jordan.

Commissioner Dirk deWerff suggested that they focus on passing the ordinance in front of them, but if they wanted to investigate other potential properties further, they could place the matter on an agenda in the future.

Following some additional discussion, commissioner Chuck Kettelman made a motion to approve the ordinance, which was passed by a 4 to 1 vote, with Smith dissenting and fellow commissioners John Talmage and Chris Heidrick absent.

In other business, commissioners unanimously added their support for the city's proposed medical marijuana ban. On November 7, the Sanibel City Council approved the first reading of a resolution that prohibits the establishment of medical marijuana dispensing facilities on the island. Jordan had presented the council with two options to consider: allowing such businesses any place where local zoning codes would permit a pharmacy as a permitted use, or prohibiting marijuana dispensary businesses entirely.

"As amended, the state statute preempts local governments from creating more restrictive laws for marijuana dispensaries than exist for pharmacies. However, at the same time the bill also gives local governments the authority to completely ban dispensary facilities," a September 26 memorandum from Jordan explained.

While the first option requires medical marijuana dispensaries to be treated the same as pharmacies without denying them entirely, it also requires a 500 feet separation between such facilities and public or private schools. However, the city would not be allowed to apply this same distance separation to residential areas, public parks and/or daycare facilities, nor could it limit the number of dispensaries.

"Our goal is to get the commission's

decision today so that the council can have their second reading (of the proposed ordinance) at their December meeting," said Jordan.

Each of the commissioners weighed in with their own opinions of the subject.

"It's better to be able to prohibit this now, and then we can go back," said Smith. "At this time, I'm totally in support of this ban."

"I think this is the only conclusion we can reach today," added Kettelman, who expressed his frustration with the state's medical marijuana issue getting "caught up in politics."

The second reading of the city's medical marijuana resolution will take place on Tuesday, December 5 at MacKenzie Hall.

Also, commissioners granted a variance to allow for the reconstruction of an existing accessory dock structure with a boat lift facility to extend waterward more than 20 percent of the adjacent canal's width at 2475 Tropical Way.

"The dock reconstruction is proposed at the same location with a similar footprint as the existing dock, which is compliant with all Land Development Code standards for accessory marine structures," said city planner Craig Chandler in his report, noting that he and James Evans, the city's director of natural resources made several site visits prior to recommending approval of the variance.

Commissioners approved the variance request, 5 to 0.✪

City Regulations For Holiday Decorations

As a reminder to Sanibel home owners and businesses, holiday decorations, lighting and displays which are clearly incidental, customary and commonly associated with any national, local or religious holiday are

permitted beginning the day before Thanksgiving, Wednesday, November 22 through January 9 per Sanibel Code of Ordinances, Section 106-3.

Beginning January 10, all holiday decorations, lighting and displays which are clearly incidental, customary and commonly associated with any national, local or religious holiday are not permitted.

For more information regarding holiday lighting and decorations, contact the City of Sanibel Code Enforcement office at 472-4136.✪

Thanksgiving Eve Service At Captiva Chapel


Captiva Chapel by the Sea invites all to share in a time of thanksgiving on Wednesday, November 22 starting at 4 p.m. The service will include traditional seasonal hymns, readings from the Hebrew and

Christian scriptures, prayers and time for those present to offer words of thanksgiving.


The chapel is an interdenominational community where people from many traditions gather in community. It is a fitting setting for the observance of America's holiday, the national pause to honor God for the blessings of family and country.

Chapel by the Sea is located at 11580 Chapin Lane on Captiva.✪

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Classes To Introduce 2018 Shared Scholar

The Shared Scholar Committee of Sanibel and Captiva announced that its lecturer for 2018 will be the Rev. Dr. J. Clinton McCann, Evangelical professor of Biblical Interpretation at Eden Seminary in St. Louis, Missouri. The Shared Scholar Lecture is scheduled for January 14, beginning at 3 p.m. and will focus on The Psalms as Doorway to Interfaith Dialogue.

In preparation for the lecture, the Rev. Dr. John H. Danner, senior pastor at Sanibel Congregational United Church of Christ, will offer a two-week course, An Introduction to the Psalms. The class will be held on Wednesdays, November 29 and December 6, with identical sessions at 10 a.m. and 7 p.m. The course will be based on the writings of Dr. McCann.

Throughout the history of both the synagogue and the church, the Book of Psalms has been one of the most beloved of Biblical texts. The book has provided prayers and hymn texts for centuries of worship in both the Jewish and Christian traditions. It has also provided a source of common theological material.

McCann's research and writing have focused on the psalms. A noted biblical scholar, he served as chair of the Psalms Section of the Society of Biblical Literature for 10 years. His publications on the psalms include *The Shape*



Dr. J. Clinton McCann photo provided

and *Shaping of the Psalter* (1993); *A Theological Introduction to the Book of Psalms: The Psalms as Torah* (1993); the Psalms commentary in *The New Interpreter's Bible* (Vol. 4; 1996); *Preaching the Psalms* (2001); *Great Psalms of the Bible* (2009); *Psalms: Immersions Bible Studies* (2011); and annotations on the psalms in *The Access Bible*, *The Learning Bible*, and *The Discipleship Study Bible*.

Most recently, he served as consulting translator of the Book of Psalms for *The Common English Bible*, and he wrote

the introduction to and annotations on the psalms for *The CEB Study Bible* (2013).

Committed to the importance of multicultural education, Dr. McCann has led groups of students to Guatemala, Nicaragua, Costa Rica and El Salvador. He is especially interested in the intersection of religion and culture. His book, entitled *Facing the Music: Faith*

and *Meaning in Popular Songs* (2009), is an indication of this interest, and he frequently uses songs and videos in his teaching.

Both the Shared Scholar lecture and the introductory course are free and open to the public and will be held at the Sanibel Congregational United Church of Christ. For more information, call 472-0497 or visit www.sanibelucc.org.

Weekly Study At Sanibel Church

Sanibel Community Church will be offering the weekly study, *The Bait of Satan: Living Free from the Deadly Trap of Offense* by John Bevere, on Monday evenings at 6:30 p.m. November 20 through December 18.

This powerful study focuses on one of the most important confrontations with truth you'll encounter in your lifetime. It exposes Satan's deceptive snare of offense. The issue of offense, the very core of *The Bait of Satan*, is often the most difficult obstacle an individual must face and overcome. This message will empower you to stay free from offense, enabling you to have an unhindered relationship with God and others. All are welcome. The course is free.

Sanibel Community Church is an evangelical, non-denominational congregation with the church campus at 1740 Periwinkle Way. For more information, call 472-2684 or visit www.sanibelchurch.com.

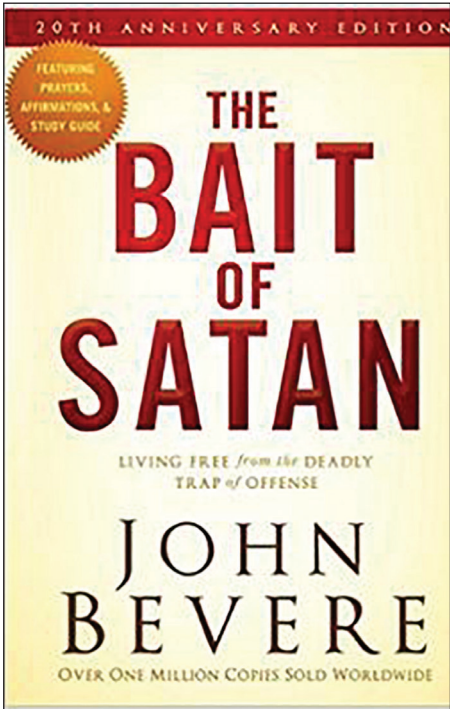


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THE 10TH ANNIVERSARY EXHIBIT:
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HONORING THE WONDERFUL ARTISTS WHO HAVE COME TO SANIBEL



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City Of Sanibel Vegetation Committee

Pruning And Trimming Advice

Nature doesn't usually require pruning, it is done to keep yards attractive and healthy. Also, preventive pruning keeps homes and property borders from serious damage during severe wind and heavy rainfall.

These are the several goals of pruning: Ornamental maintenance of your landscape; health requirements of the tree, shrub or flower; local utility requirements at site borders near paths or beneath power lines; preventive damage pruning, around personal structures, roofs, pool cages and the like, in the event of bad weather and storms.

Each year, Sanibel allows a 25 percent "haircut" for all property vegetation (except endangered or threatened species) without permit requirement. Any trimming of native vegetation in excess of 25 percent of the leaf surface annually requires a permit from the Sanibel Planning Department. Removal and trimming of non-native vegetation is allowable anytime. As a homeowner, you may obtain a permit yourself or you may authorize your contractor to do so on your behalf. Either way, read the permit carefully and be sure you fully understand what is permitted and any special conditions or mitigation requirements that may apply.

Your Sanibel landscapers are



Unpruned cabbage palm
photos courtesy City of Sanibel

required to be licensed by the city after passing an extensive vegetation course and are an excellent source for what to prune, when to prune, where to prune and how. Ask your landscaper to show you their Sanibel license before they begin work. If they don't have one, they can not work legally on Sanibel.

If you intend to do most of the upkeep yourself, there are a few things you should be aware of. We live in a four-season climate with heavy rainfall from mid April through September. In El Niño years, rainfall increases in frequency during the winter months,



Harsh pruning

which is typically our dry season. Our climate is described as sub-tropical.

Generally, one should prune just before a season changes, hot, cold, wet or dry. Additionally, pruning is acceptable at the end of a flowering cycle or before dormancy of your plant or tree (think red maple or gumbo limbo). Pruning should not be performed during dormancy unless removing "deadwood" (think palm fronds). Deadwood removal can be done anytime of year on Sanibel without worry to the health of the plant.

Some prefer the look of palms



Proper cut

when the previous cycle's fronds and/or berries are trimmed and removed. The fronds, including the stem, should be fully yellow, indicating that their carbohydrates have already been used up by the tree. It is important to keep in mind that the berries of palms are a source of food for many critters such as raccoons and birds so removing them eliminates a food source.

The "hurricane-cut" that is often recommend by landscapers is harmful or deadly to palm health. It is detrimental to your tree's stability because the layered frond structure of

continued on page 19

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THE BAIT OF SATAN

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Led by Pastor Doug Hummer.

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BAT YAM-TEMPLE OF THE ISLANDS
The Reform Congregation of Bat Yam Temple of the Islands meets for Friday night services at 7:30 p.m. in the Fellowship Hall of the Sanibel Congregational United Church of Christ, 2050 Periwinkle Way. Rabbi Stephen Fuchs. President Alan Lessack 579-0296.

HISTORIC CAPTIVA CHAPEL BY THE SEA

The Rev. Dr. John N. Cedarleaf Services every Sunday 11 a.m. November 12, 2017 thru April 29, 2018 11580 Chapin Lane, Captiva 472-4646

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SANIBEL FELLOWSHIP, sbc
Join us for Bible study and Worship Sunday 10 a.m. at Island Cinema. Call Pastor Mark Hutchinson 284-6709.

SANIBEL COMMUNITY CHURCH
Dr. Daryl Donovan, Senior Pastor Sunday Worship 8 and 11 a.m. Traditional in historic Chapel, 9 a.m. Contemporary

and childrens church. Childcare available at all services. 1740 Periwinkle Way, 472-2684

SANIBEL CONGREGATIONAL UNITED CHURCH OF CHRIST
The Reverend Dr. John H. Danner, Sr. Pastor. The Reverend Deborah Kunkel, Associate Pastor. 7:45 Chapel Service, 9 a.m. Blended Worship Service, 11 a.m. Traditional Workshop Service with Sunday School and nursery care at 9 a.m. 2050 Periwinkle Way 472-0497 www.sanibelucc.org.

ST. ISABEL CATHOLIC CHURCH
Pastor Reverend Christopher Senk, Saturday Vigil Mass 5 p.m., Sunday Mass 8:30 and 10:30 a.m., May through October 9:30 a.m. only. Daily Mass Wednesday, Thursday and Friday 8:30 a.m. Communion Service Monday and Tuesday 8:30 a.m.

Holy Days call. 3559 San-Cap Road, 472-2763.

ST. MICHAEL & ALL ANGELS EPISCOPAL CHURCH
The Rev. Dr. Ellen Sloan, Rector. Saturday Eucharist 5 p.m. Sunday Eucharist 9:30 a.m. Sunday School 9:30 a.m. Tuesday Morning Prayer 9 a.m. Wednesday Healing Eucharist 9 a.m. Prayer and Potluck first Wednesdays 6 p.m. 2304 Periwinkle Way, saintmichaels-sanibel.org, 472-2173.

UNITARIAN UNIVERSALISTS OF THE ISLANDS
Meets 5 p.m. on the first Sunday of each month from December through April at the Sanibel Congregational Church. A pot luck is held at a member's home on the third Sunday of each month. 2050 Periwinkle Way, ryi39@aol.com, 433-4901.*



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A group of kayakers taking a trip through Tarpon Bay

photo provided

Low Tide Tour Returns To Tarpon Bay

Fall is here and winter is right around the corner. As cool fronts push their way south, migratory birds use these fronts to swoop south for the winter. Along with the cooler months come extreme low tides. Fall migration and low tides are a recipe for birding success.

Tarpon Bay Explorers recently relaunched its new Low Tide Tours to provide an experience for visitors to view local bird species from a different vantage point: the water.

“Most of our paddlers are very familiar with our Commodore Creek kayak trail. In the past, people have been discouraged because the trail is not accessible at

extreme low tides,” said Program and Education Manager Adam Sauerland. “Our Low Tide Tour alleviates this hitch and demonstrates to our visitors that low tides can be just as saturated with wildlife as other times of the day.”

The low tide paddle will be led by experienced, knowledgeable naturalists through the open waters and tidal flats of Tarpon Bay. The tour will be 90 minutes with the naturalist, but at the conclusion of the tour, paddlers are able to keep the kayaks for the remainder of the day to continue exploring the open bay or head into the kayak trail.

The Low Tide Tour costs \$30 per adult and \$20 per child (12 and under). Since these extreme low tides occur typically with full or new moon phases, the opportunities for this tour are limited, so call 472-8900 for more information, dates and times, or to make reservations.*

San-Cap Orchid Society To Meet

The Best Way to Repot Orchids will be the topic of the Monday, November 20 meeting of the Sanibel-Captiva Orchid Society. The program will be presented by Mickey Carnell, co-owner of Blue Pagoda Orchids in Englewood. The meeting will take place starting at 1:30 p.m. at St. Michael & All Angels Episcopal Church, located at 2304 Periwinkle Way.

Anyone with questions or an “ill orchid” that needs diagnosis can bring their plants to the meeting during show and tell. Orchid society members are invited to participate in a monthly show. Ribbons are awarded for best hybrid and best species orchids. Most meetings will have orchids for sale as well as an orchid raffle. Annual membership is \$25 for individuals or \$45 for couples. Guests are \$5. For more

information, visit www.sancaporchid.org.

Please note that this year’s holiday luncheon will be held at The Dunes Golf and Tennis Club on Monday, December 11, with a social hour starting at 11:30 a.m. and the lunch at noon. Tickets will be sold at the November meeting. Be sure to indicate your luncheon entree selection when making your reservation. This year’s entree choice will be teriyaki salmon or grilled chicken breast with rice and vegetables. Salad with choice of dressing, roll, beverage, dessert, tax and gratuity are included in the member price of \$25. Guests are \$30. Yearly dues must be current to receive the member price.

Jim Roberts of Florida Suncoast Orchids in Myakka City will speak at the luncheon and bring orchids for sale and raffle. For more information, call Carol Zell at 395-2122. Reservations and payment for the holiday luncheon must be made by December 7.*

Sea School Director To Lead Free Beach Walk On Thanksgiving

submitted by Leah Biery

There’s so much to be thankful for when you live near the beach, like manatees, sand dollars and sandy feet. Join Sanibel Sea School on Thanksgiving morning, November 23 to enjoy the fresh ocean air and explore what has washed ashore. The nonprofit organization’s executive director, marine biologist “Doc Bruce” Neill, will talk a bit about our island ecosystem and any interesting creatures encountered along the way, and will be happy to answer your questions.

Participants will meet at Sanibel Sea School, located at 455 Periwinkle Way, at 8:45 a.m. This event is free and all ages are welcome. There will be coffee and tea available; please bring your own mug.

Visit www.sanibelseaschool.org or call 472-8585 for more information.*

St. Michael & All Angels Episcopal Church
Thanksgiving Day
Service of Eucharist
Thursday, November 23rd
10:00 a.m.

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Please consider bringing canned goods for our local Food Pantry.

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Free Community Camp Days On School Holidays

submitted by Leah Biery

Beginning in 2018, Sanibel Sea School will host free Community Camp Days for local students on select school holidays. The first free program will be offered on Martin Luther King Jr. Day, January 15. Registration details and additional program days will be announced via the organization's social media accounts and email list approximately one month in advance.

Each Community Camp Day will have a theme, and games and activities will always relate to the topic of the day. The first theme will be dolphins, and activities could include snorkeling, surfing, relay races and art projects.

"We received so much positive feedback from families for offering a post-Irma Hurricane Camp while schools were closed," said Director of Education Nicole Finnicum. "Parents seemed so grateful to have a safe, affordable place to send their kids while they went back to work."

Finnicum added that many parents asked for the nonprofit to offer similar opportunities in the future, on normal school holidays, which often present childcare challenges. The idea was perfect, because the Sanibel Sea School team is always looking for creative new



Local students at Sanibel Sea School's free Hurricane Camp in September photo provided

ways to directly support the community with its donor-supported scholarship fund.

"We immediately said yes and started planning," added Finnicum. "All of us that work here are so grateful to have donors who make projects like this possible."

Space is limited, and registration will be on a first come, first served basis. To ensure that all interested families have a chance to participate, registration will

be limited to two free program days per calendar year, per child.

For more information about future Community Camp Days, follow Sanibel Sea School on Facebook and Instagram, and sign up to receive the organization's emails at www.sanibelseaschool.org. Alternatively, you may request to be added to the email list by emailing info@sanibelseaschool.org.

Church To Host Turkey Bowl On Thanksgiving Day

Bring your friends and family to Sanibel Community Park on Thanksgiving Day, November 23 for this year's Turkey Bowl, sponsored by the Sanibel Community Church H2O Student Ministry. All are welcome to join in the fun for the two-hand touch football games. Each year, the community gathers for some fun and fitness and work up an appetite for the big meal. Game time is 9 to 11 a.m. and is open to all ages. The park is located on Periwinkle Way, across from The Sanibel Bean.

H2O Student Ministries is a youth ministry program for sixth grade through 12th grade young men and women. H2O meets on Wednesday evenings from 5 to 7 p.m. for middle school students and 6 to 8 p.m. for high school students, and on Sunday mornings at 11 a.m. until noon in the youth center at Sanibel Community Church. All students on the island and surrounding communities are welcome to attend.

Sanibel Community Church is an evangelical, non-denominational congregation with the church campus at 1740 Periwinkle Way. For more information, call 472-2684 or visit www.sanibelchurch.com.

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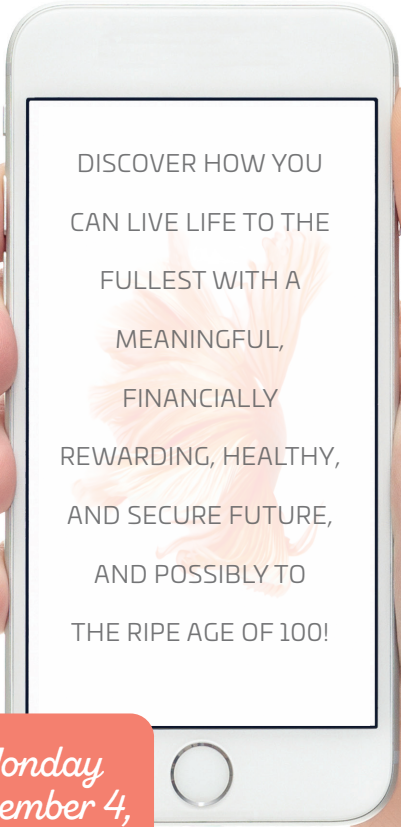
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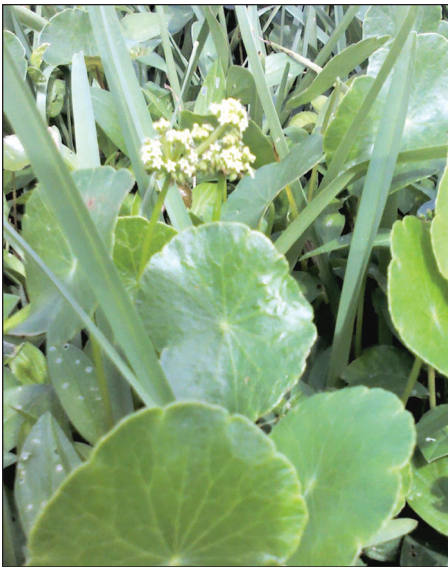
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Monday
December 4,
2017





Manyflower marshpennywort is a native edible herb with spherical clusters of five-petaled flowers photos by Gerri Reaves

Plant Smart

Tiny Beauties

by Gerri Reaves

All the plants pictured here have a lot in common, including being just plain common – in yards, fields, roadsides and other places.

In addition, their exceptionally pretty blooms are easily over-looked because they are so small.

Many people consider these native wildflowers unwanted weeds, but the alternative is to think of them as no-maintenance wildlife-friendly groundcovers.



Creeping Charlie's flowerheads are composed of yellow-throated white or lavender flowers

Manyflower marshpennywort's (*Hydrocotyle umbellata*) delicate flowers are less familiar than the round leaves that give it another common name, dollar weed. The five-petaled flowers appear in spherical cluster and are white or greenish.

The umbrella-like leaves sprout up like lily pads in over-watered lawns. They grow to suit the situation: half-dollar size in a yard or quite large in a pond.

If this member of the carrot family volunteers in your yard, one option is to use it as a salad green.

Look closely at creeping Charlie's (*Phyla nodiflora*) lovely cylindrical flowerheads and you might not want to mow them, much less apply herbicide.



Chessytrees flowers attract butterflies

Each has a purple center surrounded by yellow-throated white to lavender flowers of only one-sixteenth of an inch across. The outermost petal extends beyond the others, giving the flower a frilled look.

They bloom all year and the plant is a nectar source for bees and the larval food for the common buckeye, white peacock, and other species.

The cheerful yellow flowers of chessytrees (*Stylosanthes hamata*) also attract butterflies and beautify the yard.

A member of the pea family and one of only three native pencilflowers, it is the larval host for the barred yellow butterfly and is a nectar source for others.

The flowers bloom all year, but because they're only a half-inch across, their elaborate structure is easy to miss. The two lower petals fuse to form a "keel,"

and the larger upper petal forms a standard, or banner.

Let these groundcovers flourish in your landscape – even a portion of it – and you're sure to attract more bees and butterflies than if you cultivate a ho-hum monoculture, i.e., turf grass.

And if you want to attract pollinators, remember to avoid using lawn chemicals that will kill them.

Sources: *Everglades Wildflowers* by Roger L. Hammer, *Florida Wild Flowers and Roadside Plants* by C. Ritchie Bell and Bryan J. Taylor, *A Gardener's Guide to Florida's Native Plants* by Rufino Osorio, www.fnps.org, www.levypreserve.org, www.plantbook.org, <https://plants.ifas.ufl.edu>, and www.wildflower.org.

*Plant Smart explores the diverse flora of South Florida.**

Enter Our Monthly Photo Contest

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Photo by Cheri Hollis

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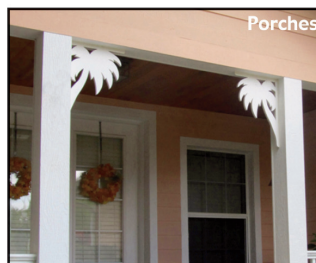
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Sanibel Veterans Day Ceremony



Navy Captain Nori Ann Reed gives the Veterans Day address
photos by Corky Boyd



Raising the flag



Green Beret Vietnam veteran Brian Boyd and Sanibel City Councilman Jason Maughan lead the Boy Scout and Cub Scout troops for the flag raising



Reverend John Cedarleaf



World War II combat infantryman Robert Hilliard



Sanibel Vice Mayor Mick Denham



World War II veteran Jim Hellmuth



Sanibel Planning Commission Chairman Phillip Marks



Nancy Carlile



Special recognition was given to the Gavin-Walker family, which has 22 veterans in its family history. From left are Doug Quelch, emcee and past president of the Lee Coast Chapter of MOAA, Velma and Eugene Gavin and Korean War veteran John Boone



Eighth grade essay winner Riley Mann



Eighth grade essay winner Grant Kaminer

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by Capt. Matt Mitchell

Wide variety was the best and easiest way to describe this week's fishing action. Early in the day's trip, we have been stopping and catching ladyfish, mackerel and jacks under the hundreds of feeding birds around the powerlines and southern sound. This is great action and fast-paced on jigs and spoons then, just a second later as you reach down to unhook another ladyfish, a tarpon would come out of nowhere and grab it. This exact thing played out a few times this week with clients basically having very little chance of doing anything when hooking a 100-pound-plus tarpon on light trout gear. It's still very cool to experience and get that rush of excitement that only a jumping tarpon can bring.

Many of my anglers this time of year are repeat customers and are always looking for something a little different to target. With our water temperature rebounding quickly from the last cold front, I've been seeing lots of sharks around on the open grass flats. So I offered a few groups the option of shark fishing this week. I set up in the northern sound with cut mullet for three days in a row, and this was some of the most fast-paced shark action I can remember.

The last few hours of a low outgoing tide is my favorite set-up to shark fish in the natural deeper channels in the northern sound. The sharks that patrol these large grassflats have to drop off into these deeper channels as the tide gets really low. Although it's not unusual for me to catch a good variety of sharks up here, this week was better than most as we not only had the usual blacktips, spinners and nurse sharks but we also caught a big lemon shark and had two hammerheads to the boat before releasing them. Many of the blacktips were in the 30- to 50-pound range and are just fun to catch as they fight really hard. This is relatively easy fishing done with heavy spinning gear and cut chunks of fresh mullet on a large circle hook.

Catch-and-release snook action was also good this week with great action also coming on the outgoing tide. Live shiners for this fishing came from the causeway bridges, although these shiners seemed to be moving from one bridge to the next from day to



A five-foot hammerhead shark caught and released while fishing with Capt. Matt Mitchell this week photo provided

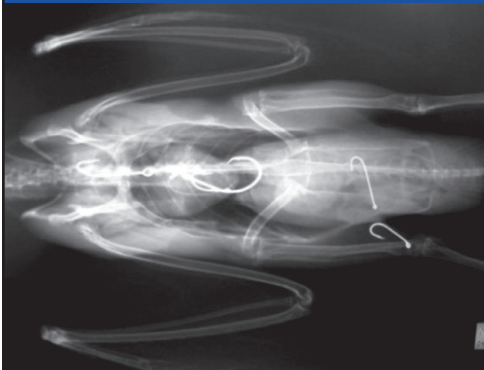
day. Redfish seemed a little harder to locate this week on the low morning water pattern, although sea trout of all sizes showed up in many of the same places to fill that redfish void.

Capt. Matt Mitchell has been fishing local waters since he moved to Sanibel in 1980. He now lives in St. James City and works as a back country fishing guide. If you have comments or questions, email captmattmitchell@aol.com.✱

Send Us Your Fish Tales

We would like to hear from anglers about their catches. Send us details including tackle, bait and weather conditions, date of catch, species and weight, and include a photograph with identification. Email to press@islandsunnews.com or call 395-1213.

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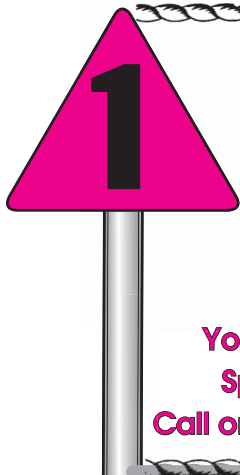


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Dave Doane

From page 10

Trimming

the head has been compromised and will no longer be able to absorb the shock of strong winds. When left intact, these trees have the ability to protect your home and other external structures from the elements by deflecting and disturbing strong gusts around straight structures like the walls of your house. Therefore, remove only dead or fully yellowed fronds. Ask your landscaper to show you his or her license and just say "no" to the "hurricane-cut" if it is recommended. The correct professional cut is a "10 o'clock and 2 o'clock" (or, even better, 9 to 3) trimming of fronds on the canopy.

Remember, Sanibel is a sanctuary island, meaning that it is a sanctuary for wildlife. It is imperative that if you plan any pruning and trimming you should be cognizant of the plant's flowering, seed and berry production timing as that is critical for providing food and nectar for wildlife and will not impair that symbiotic relationship of plants and animals.

Trimming is not the same as pruning. Trimming is plant maintenance; to produce a particular shape or form, maintain a certain height, or create a compact and dense plant. Pruning entails the selective removal of plant parts, such as branches, buds or roots, to improve plant health or prevent potential property damage from encroachment.

Helpful tips for pruning: Knowledge of seasonal weather cycles as well as individual plant growth and flowering cycles will help you determine appropriate pruning time frames. Remember, our climate is described as sub-tropical, so there is a period of dormancy. We generally suggest not pruning or trimming after October. These activities can stimulate new growth that may potentially stress plants during temperature extremes, i.e. heavy rainfall in our normally dry winter season or extreme cold.

Knowledge of your plant species, and its individual needs is imperative. Pruning at the wrong time may result in the cutting off of buds, loss of desired

height increases or undue stress to the plant in the next growing cycle. Again, after October, pruning may not be beneficial.

Cleaning your tools is also important whether you are trimming or pruning. This practice is beneficial to plant health by preventing the spread of disease from one plant to another within a yard or to another yard, when your neighbor borrows your clippers and saws.

*The Natural Resources Department section of the city's website, www.mysanibel.com, offers information on native plants, a listing of licensed contractors, Sanibel's vegetation standards and codes, and the Environmental Reference Handbook prepared by the city's vegetation committee. The committee also offers free native plant tours. For more information, call 472-3700.**

American Legion Post 123

There will be a fish and shrimp fry this Sunday, November 19 at American Legion Post 123.

On Thanksgiving, November 23, the Legion will be serving a full turkey dinner with all the trimmings.

On Tuesdays, tacos are served all day. Country fried steak is served all day on Wednesday. On Fridays, a six-ounce ribeye steak sandwich is on the menu. There are daily specials as well as half-pound burgers. Food is served from 11 a.m. to 8 p.m.

If you have a flag that needs to be retired, drop it off at Post 123, located at Mile Marker 3 on Sanibel-Captiva Road. It is open Monday through Saturday from 11 a.m. to 9 p.m. and Sunday from noon to 9 p.m. The public is welcome. For more information, call 472-9979.*



Guest Speaker At Shell Club Meeting

Seashells through Geologic Time is the title of the program that will be presented by Dr. Rick Batt at the Sanibel-Captiva Shell Club meeting on Sunday, November 19. The meeting will be held in the auditorium on the main level of the Bailey-Matthews National Shell Museum and will begin at 2 p.m.

The shells made by living mollusks are the culmination of more than 500 million years of evolution, from humble beginnings near the start of the Cambrian Period of Earth history. Participants will look at how the diverse classes of mollusks may have developed over time, including the Pliocene and Pleistocene periods here in southern Florida.

Dr. Batt taught a wide variety of geology courses for more than 25 years. He has been an avid collector of seashells for more than 50 years, and enjoys holding open houses for the shell club. He and his wife, Dr. Robin Harris, a retired science education professor, are involved in local and national organizations that study and collect shells as well as fossils, and have visited the Bahamas, Texas, Florida and elsewhere to collect and study modern and fossil mollusks.

This month's guest speaker is



Dr. Richard Batt photo provided sponsored by Captiva Cruises.

The meeting is free and open to the public. Refreshments will be served and door prizes will be awarded.

The Bailey-Matthews National Shell Museum is located at 3075 Sanibel-Captiva Road.*



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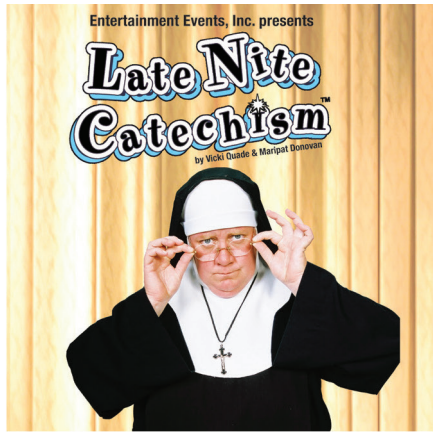
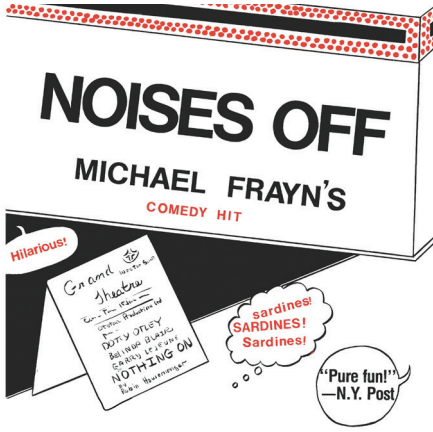
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Sunday, January 28, 3:30 p.m.

February

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Thursday, Feb. 1, 7:30 p.m.

THE MODERN GENTLEMEN
Saturday, Feb. 3, 8:00 p.m.

THE BIRDLAND ALL-STARS
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Friday, Feb. 9, 8:00 p.m.

MIRO QUARTET with JON KIMURA
PARKER, PIANIST
Thursday, Feb. 15, 7:30 p.m.

THE HOT SARDINES
Saturday, Feb. 17, 8:00 p.m.

PILOBOLUS
Wednesday, Feb. 21, 7:30 p.m.

FANDANGO!
Sunday, Feb. 25, 3:30 p.m.

March

LATE NITE CATECHISM
Friday, March 2, 7:30 p.m..

SHOTGUN WEDDING
Friday, March 9, 8:00 p.m.

RECYCLED PERCUSSION
Friday, March 16, 7:30 p.m.

HOTEL CALIFORNIA
Friday, March 23, 8:00 p.m.

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Shell Of The Week

Suppressed
Vitrinella



by José H. Leal,
PhD, Bailey-
Matthews National
Shell Museum
Science Director
and Curator

At about 1/10 of an inch in diameter, the Suppressed Vitrinella, *Cyclostremiscus suppressus* (Dall, 1889), is one the many true micromollusks found on Sanibel and Captiva. A member of the family Tornidae, it has a circular, puck-shaped shell with three distinctive keels around the shell periphery. Well-defined grooves separate the keels from each other. The Suppressed Vitrinella is usually opaque-white or slightly translucent (shells of recently dead individuals). Its Latin specific name, *suppressus*, in this case means “pushed down” or “flattened,” an allusion to typical shell shape. Learn more about local mollusks at www.shellmuseum.org/shells/southwest-florida-shells.

Shell Museum Events

Daily programs included with paid admission include movies, live tank talks as well as arts and crafts. Call 395-2233 for scheduled times.



The Suppressed Vitrinella, *Cyclostremiscus suppressus*, from Sanibel photo by José H. Leal
Beach Walks: Information and registration at www.shellmuseum.org.
The Bailey-Matthews National Shell Museum is located at 3075 Sanibel-Captiva Road. Call 395-2233 or visit www.shellmuseum.org.

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Il Cielo has live entertainment with Scott McDonald on Tuesday, Wednesday, Thursday, Friday, Saturday and Sunday.

Island Cow on Periwinkle Way has live entertainment on Friday with Dan Confrey. Peter Redpath plays on Saturday. On Sunday, it's Dan Confrey.

Sea Breeze Café at Sundial Beach Resort & Spa has live island style entertainment on Mondays.

Traders Gulf Coast Grill & Gifts has live entertainment on Tuesday and Thursday with the Danny Morgan Band. Chris Workman plays on Wednesday.

Traditions on the Beach at Island Inn has live entertainment on Friday with Woody Brubaker and Marvilla Marzan. Dusk plays on Saturday and Thursday. Barbara Dexter performs on Sunday. Woody Brubaker and Kathy Buda play on Wednesday.

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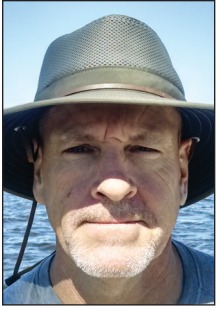
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CROW Case Of The Week:

Southern Flying Squirrel

by Bob Petcher



Three weeks of rehabilitation can make a world of difference for an animal that appeared to be near death.

A young southern flying squirrel (*Glaucomys volans*) was admitted to CROW from North Fort Myers on October 21 in "rough shape." It was found barely alive under a tree and in the company of a dog that was

playing with it. Upon intake, the patient was very cold, its fur was matted and its eyes were barely open.

CROW medical staff said the baby squirrel was warmed immediately using a warm rice sock and an incubator. It was also very emaciated and underweight when it arrived. Once it had been warmed, it was fed Pedialyte then gradually transitioned to a squirrel formula over its next few feedings.

Tests were run on the flying squirrel. Wildlife rehabilitator Morgan Hester has served as the main caregiver for the young patient.

"There was nothing medically wrong other than (it) being cold, emaciated and dehydrated. It was not very active and was quiet," she said. "It was warmed up immediately and given honey for hypoglycemia. Once fully warmed in an incubator, it was started on a slow weaning diet of milk, and multiple rounds of fluids were administered daily for dehydration."

Due to its feeble shape on intake, the patient was initially thought to be a neonate, a newborn infant in its first four weeks of life. Further tests revealed the patient to be older than first thought.

"It was about 5 to 6 weeks old on arrival," Hester said. "At this age, it should weigh about 22 or more



On the left, patient #17-3626 is photographed at intake; on the right, after three weeks of rehabilitation

photo by Brian Bohlman

grams, but was only 14.2 grams. It was much older than it appeared on intake. Based on the appearance, it looked to be an orphan which likely means the parents were unable to care for it. It is unknown what happened to the parents."

For a few days, the patient received around-the-clock care to aid in its recovery, if not survival. After about a week, the young squirrel began transitioning to solid foods and quickly gained weight.

"Southern flying squirrel's weights range differently depending on the seasons and the location they live in due to living in a wide range of habitats across the east coast of North America," said Hester. "In Florida, they are about 45 to 65 grams in weight at full grown. An ideal weight, especially in the colder months for Florida is around this adult weight, but we also consider how well it climbs, eats, maintains weight (and) fears predators."

Two more weeks have passed, and the young flying



squirrel appears to be improving to the point that its release is being discussed.

"As of right now, the flying squirrel is very lively in its outdoor enclosure," said Hester earlier in the week. "It is increasing in weight daily and is up to 35 grams, which is a great improvement since intake. It is also showing defensive behavior toward people, meaning it will maintain a good sense of what "danger" is when released. If it continues to follow its trend for gaining weight and exhibits the necessary behaviors, we expect to be able to release it in the next couple (of) weeks."

CROW (Clinic for the Rehabilitation of Wildlife, Inc.) is a non-profit wildlife hospital providing veterinary care for native and migratory wildlife from our local area. The hospital accepts patients seven days a week from 8 a.m. to 5 p.m. Mail donations to P.O. Box 150, Sanibel, FL 33957. Call 472-3644 or visit www.crowclinic.org.



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Spirit tree at In The Garden photo provided

Spirit Tree Benefits Island Charities

RS Walsh In The Garden has planted a spirit tree that will benefit island nonprofit organizations. The olive tree was chosen because it represents love and charity. The Clinic for the Rehabilitation

of Wildlife (CROW) will be the November beneficiary.

"We are inviting everyone to stop by and add their good thoughts, well-wishes and blessings to our spirit tree," said Lisa Walsh, owner of In The Garden and RS Walsh Landscaping. "Canvas tags are available in our gift shop for \$2 and the entire amount will be donated to a different local charity each month."

RS Walsh In The Garden is located at 3889 Sanibel-Captiva Road, across from The Sanibel School, and is open Monday through Friday from 10 a.m. to 4 p.m. and on Saturday from 9 a.m. to 1 p.m. For more information, call 395-5859 or visit www.rswalsh.com.

CROW Calendar Of Events

The Clinic for the Rehabilitation of Wildlife (CROW) has specialty programs available for residents and visitors. Meet the staff and learn what it takes to rescue, rehabilitate and release wildlife in Southwest Florida.

For reservations, contact David Waszmer, Visitor Education Center and gift shop manager at 472-3644 or dwaszmer@crowclinic.org. Hours are 10 a.m. to 4 p.m. Monday through Friday. CROW is located at 3883 Sanibel-Captiva Road.

Friday, November 17, 11 a.m., adults \$12, ages 4 to 12 \$7, age 3 and under no charge – Why Animals Come to CROW (daily presentation).

Whether animals are sick, injured or orphaned, CROW aims to lead in their recovery. From fishing line entanglement to abducted babies, this presentation will address the most likely reasons patients are admitted to the hospital.

Monday, November 20, 11 a.m., adults \$12, ages 4 to 12 \$7, age 3 and under no charge – CROW Case of the Week (daily presentation).

CROW's teaching hospital offers externship, fellowship and internship opportunities for natural science and veterinary medicine students. While on site, students learn the ins and outs of conservation medicine and wildlife rehabilitation, and share their favorite patient stories. One of CROW's animal ambassadors will be present.

Tuesday, November 21, 11 a.m. to 12:30 p.m., \$25 per person, advance registration required – Wildlife Walk with Rehabilitators and Staff (hospital tour).

Wildlife Walks are approximately 1.5 hours: a 45-minute presentation with a 45-minute tour. Not recommended for children under the age of 13. Photography opportunity following the tour with an animal ambassador.

Tuesday, November 21, 11 a.m., adults \$12, ages 4 to 12 \$7, age 3 and under no charge – Patient Profiles: Gopher Tortoises (daily presentation).

The life of a gopher tortoise revolves around its burrow. These tortoises are found digging from southern Georgia to southeast Florida. Because of its contributions to the ecosystem, it is

classified as a "keystone species." CROW's presenter explains why they are admitted and how the medical staff treats this species. One of CROW's animal ambassadors will be present.

Wednesday, November 22, 11 a.m. to 12:30 p.m., \$25 per person, advance registration required – Wildlife Walk with Rehabilitators and Staff (hospital tour).

Wildlife Walks are approximately 1.5 hours: a 45-minute presentation with a 45-minute tour. Not recommended for children under the age of 13. Photography opportunity following the tour with an animal ambassador.

Wednesday, November 22, 11 a.m., adults \$12, ages 4 to 12 \$7, age 3 and under no charge – Wildlife Rescue 101 (daily presentation).

After a patient stabilizes in the hospital, CROW's rehabilitation staff provides them with a combination of balanced diet, husbandry and physical therapy. Supportive care is necessary to ensure success during the final stage in the rehabilitation process. Ask the staff how they work their magic. One of CROW's animal ambassadors will be present.

Thursday, November 23 – Closed Thanksgiving Day.*

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Fish Caught



Capt. Jimmy Burnsed with Lauren Tucker and her blacktip shark



Lauren Tucker with her snook catch photos provided

Lauren Tucker of Columbus, Indiana caught a blacktip shark and snook while fishing with Capt. Jimmy Burnsed who charts out of 'Tween Waters Marina on Captiva.✱

Fish Caught



Dwight Dunlap photo provided

Dwight Dunlap caught and released a 24-inch, 6.5-pound gag grouper while fishing the waters of San Carlos Bay on November 2.✱

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Children’s Theater Staging Holiday Show

Creative Theater Workshop, a nonprofit children’s theater company on Sanibel, will open its seventh children’s play, *Elf, Jr.*, on Thursday, November 30. The show will run through December 5. Tickets are \$10 to \$15 and performance times vary. For more information or to purchase tickets, visit www.CTW.Life or call Artistic Director Michelle Hamstra at 738-3525.

Based on the beloved holiday film, *Elf*, *Jr.* is a hilarious fish-out-of-water comedy which follows Buddy the Elf in his quest to find his true identity. Buddy, a young orphan, mistakenly crawls into Santa’s bag of gifts and is transported to the North Pole. The would-be elf is raised, unaware that he is actually a human, until his enormous size and poor toy-making abilities cause him to face the truth. With Santa’s permission, Buddy embarks on a journey to New York City to find his birth father and discover his true identity. Faced with the harsh reality that his father is on the naughty list and that his half-brother doesn’t even believe in Santa, Buddy is determined to win over his new family and help New York remember the true meaning of Christmas.

The Community House theater is a unique space for the performance. With the audience on three sides, you become a part of the show. You never know when an actor will be entering

behind you or even sit right next to you. Every seat in the house offers an exciting experience. Come join the cast and laugh out loud as you have a magical night with Buddy the Elf.

Creative Theater Workshop will also have auditions for *Aladdin Jr.* on December 2 at The Community House for children ages 8 to 12 and 12 to 18. This show will feature workshops in stage combat, special effects, fencing/sword fighting, singing, dancing and acting.

To sign up for an audition, students can go to www.CTW.Life for more information.*

Concerts To Benefit FISH

FISH of SanCap board member and local Sanibel entertainer Chris Coile will begin his performances at George & Wendy’s Seafood Grille on Tuesday, November 21 from 6 to 7:30 p.m., raising awareness and donations for FISH of SanCap. Other island talent, including Sandy Greco, Cindy Cola and Dee Kelly will join Coile periodically throughout the season.

Coile sells his CDs at each event, and all CD sales and voluntary donations benefit FISH.

“Last year, each show was sold out and we had a great time performing,” said Coile. “I’m happy to be able to bring awareness about the FISH organization and the great things they do right here on Sanibel and Captiva. Neighbors helping neighbors is what FISH is all about,

and they sure do it right – 92.5 percent of all donations goes directly to their programming. I’m looking forward to this season.”

The concerts will continue through March, always the third Tuesday of the month from 6 to 7:30 p.m. at George & Wendy’s Seafood Grille. Classic rock and roll, country, island and big band standards are the tunes of choice.

To learn more about FISH, visit www.fishofsancap.org.*

From page 1

Sea School

five-hour excursion is longer than previous trips sponsored by the school. “We have always done trips out into San Carlos Bay,” said Neill. “But during a recent teen canoe trip we took down the Caloosahatchee, they said it was fantastic – but they also wished it would’ve lasted longer.”

In addition to offering some breathtaking views, the Caloosahatchee connects inland Florida with our coastal waters. This river serves as a bridge between freshwater and marine ecosystems – it is a transitional zone that supports a vast array of unique flora and fauna.

During this course, passengers will travel by pontoon boat along the Caloosahatchee from Alva to the shores of Sanibel. Witnessing firsthand this biologically rich environment, participants will discuss river ecology, learn about the local birds and wildlife, and look at Southwest Florida from a

rare perspective.

“I almost never leave the island, but when I go to Alva, it’s like traveling to a completely different world,” said Neill. “We’ll be traveling down to the mouth of the Caloosahatchee, past live oaks, through oxbows and the Franklin Lock. It’s a really fascinating journey.”

Participants will meet on Causeway Island B at 9 a.m. Sanibel Sea School educators will drive participants to the Alva Boat Ramp, where they will meet Neill prior to departure. After the trip, the pontoon boat will arrive back on Causeway Island B at approximately 2 p.m., where participants will be dropped off near their vehicles.

Cost for the trip, which is limited to eight passengers, is \$100 per person. A cooler will be available on board, so guests are welcome bring a snack or light lunch. It is also recommend that you bring sunscreen, a jacket and your own reusable water bottle.

“This is our last adult class of the semester, so it’s sort of a metaphor that we’ll be starting our trip down the river and ending in the Gulf of Mexico,” added Neill, who noted that during the trip participants will discuss the current condition of local waters and what contributes to the discoloration. “It’ll be a long small community conversation combined with rich moments of sharing.”

To register for the boat trip or for more information on additional classes, camps and marine-based educational programs, call 472-8585 or visit www.sanibelseaschool.org.*

THE GROG SHOP

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This Week’s Featured Items

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---	--

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BIG ARTS Stimulating 2018 WORKSHOPS

Every week from November through May there are wonderful, economical opportunities to explore your creativity. Here is just a sample!

Glass Fusing

Life Drawing, non instructed

Pottery

Acrylic Painting, Still Life

What Do I do with All These Photos?

Improving Sleep through Self Hypnosis

Zentangle

Intermediate Watercolor

Basics of Oil Painting

Learn to Draw Better & Keep a Sketch Pad

Collage

Experimental Master Class

Photography

Try Painting Paradise

Paint Sea Life Creatively

Watercolor Secrets Revealed

Instructed Life Drawing

Portrait Drawing/Painting

Pastel Painting

Watercolor Sketchbook Journal Class

Adobe: Lightroom, Photoshop

Painting Wildlife & Landscapes

Spanish I/II

Drama Discussion Group

Acrylics for Beginners & Intermediate Painters

Watercolor Classes for All Levels

Winter Academy

The Joy of Writing

Winter Academy

Open Studio

Cool Coils! Basketry

Beaded Mixed Media

Gentle Introduction to Watercolor

Photographic Storytelling

Italian: A language class for the Traveler

Creating with Polymer Clay

Tap Classes

Step-by-Step Acrylic Painting

Splashes of Color

Palette Knife Painting

Poetry Immersion

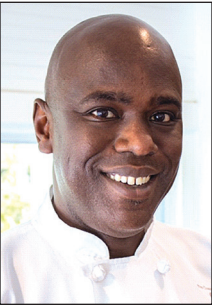
Learn to Write Beach Style Mysteries or Thrillers



Check the website for full catalogue, dates and times
www.BIGARTS.org

The Community House

Cinnamon



by Resident Chef Jarred Harris

Cinnamon is a spice that reminds me of the holidays. Every time I cook with it, I'm reminded of Thanksgiving desserts and Christmas pies.

Cinnamon comes from tree bark and there are two types. The Cassia variety is widely used in the United States and is grown in China and Indonesia. The Ceylon variety is widely used in Europe and Asia. It is produced in the Seychelles, Sri Lanka and Madagascar. Both types of cinnamon have been used for thousands of years in traditional medicine as well as culinary applications. Cinnamon contains a powerful antioxidant that helps control blood sugar. Cinnamon is also high in fiber and contains large amounts of calcium, magnesium and iron. Cinnamon oil is used in natural insect repellants and natural hair highlighting products.



Cinnamon ice cream photo provided

I like using this wonderful spice for cooking savory as well as sweet dishes. Here is a simple and delicious holiday recipe.

Cinnamon Ice Cream

- 1 cup brown sugar
- 2 cups half-and-half
- 1 vanilla bean (split and seeds removed) *substitute 1 tsp. vanilla extract
- 2 tsp. cinnamon
- 5 egg yolks
- 1 cup heavy cream

Method

Place the first four ingredients into a saucepan and bring to a simmer,

stirring until the sugar has dissolved. Remove from heat.

Place the egg yolks and cream in a mixing bowl and mix until well blended. Gradually ladle the hot half-and-half mixture into the yolk and cream mixture.

When all the half-and-half mixture is added, return to low heat and stir until the mixture thickens slightly, about 3 minutes.

Cool the liquid over an ice bath.

Shell Harbor Boat Parade Of Lights

The Shell Harbor Homeowners Association is sponsoring its 1st annual Boat Parade of Lights, open to all eligible captains regardless of residence, as long as they meet the eligibility and navigational requirements. The parade will be held on Saturday, December 16 starting at 5:30 p.m. (boat gather time). Sunset that evening will be at 5:39 p.m.; nautical twilight ends at 6:32 p.m. Low tide is at 4:47 p.m. (1.3-foot estimate) and the next high tide is at 10:14 p.m.

Boats can be as elaborately or simply decorated as you like. Organizers ask that decorations be respectful, in good taste and have some holiday theme to them. The parade will start at the entrance to Sanibel Harbor in San Carlos Bay, proceed down the main canal and turn around in the Victoria Cove basin, then back out the main

canal and exit out Sanibel Harbor. There will be prizes awarded for the most creative and the most holiday-themed boats. Power boats only (no kayaks or paddle boards due to restrictive nature of the canals).

Boat Parade of Light Rules

- Motorized vessels only and all boats must have liability insurance.
- Boaters must meet all U.S. Coast Guard requirements for running lights and safety equipment.
- Each boat plus decorations need to be able to clear the Periwinkle Bridge on December 16 between approximately 6 and 8 p.m.
- Captain is responsible for the safety of his/her boat and all persons aboard, not the sponsors.
- Participants must abide by all established rules of navigation for International Inland waterways (COMDTNSTM16672.2A). The parade route crosses the Intracoastal Waterway and participants must yield to any other boats transiting the waterway and

continued on page 39

The Annual Sanibel Community Thanksgiving

HAPPY THANKSGIVING

All Are Welcome!

Sunday, November 19, 2016 at 6:45 pm

Sanibel Community House

2173 Periwinkle Way, Sanibel

Admission is Free. Please bring a donation for F.I.S.H. Come & Celebrate with the BIG ARTS Community Chorus & The Sanibel Sea School Seahorse Chorale. Enjoy fellowship with Pilgrims, Indians, Clergy, Friends & Neighbors over Cookies & Cider!

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There are just enough shops at Jerry's to turn an ordinary day into an extraordinary day.

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Meals
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3.00



6⁹⁹

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2¹⁹



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Crowds Flock To CROW's Taste Of The Islands



Attendance for CROW's 36th annual Taste of the Islands, held at Sanibel Community Park on Sunday afternoon, was busy from start to finish, with locals and visitors sampling food from 14 different island restaurants

photos by Jeff Lysiak



Artist Joan Mikelsons, who designed this year's Taste T-shirt, with Ingrid Zubo



Team from Doc Ford's Rum Bar & Grille



Team from The Clam Shack



From left, CROW volunteers Sherry Roberts, Cathy Swerduck, John and Kathy Kennedy



CROW Hospital Director Dr. Heather Barron with her son, Dre



Event emcee Krista Fogelsong enjoying a slice of cake from The Bubble Room



Team from Sanibel Deli & Coffee Factory



Team from Matzaluna



Team from The Timbers Restaurant & Fish Market



Team from Il Cielo



The Killa-Watts performing Pink Floyd's *Another Brick In The Wall*



From left, Tom and Paulie Hughes with Nita Conner and Teresa Kunert



CROW staff members, from left, Megan MacNeill, Dr. Julia Hill and Amy Kowalski



Crowds began arriving 30 minutes before the start of Taste of the Islands



CROW Education Coordinator Rachel Rainbolt hosting an animal ambassador presentation with Bashful the opossum



People picnicked on the park's ground while listening to music and sampling food and beverages

Book Review

The Golden House

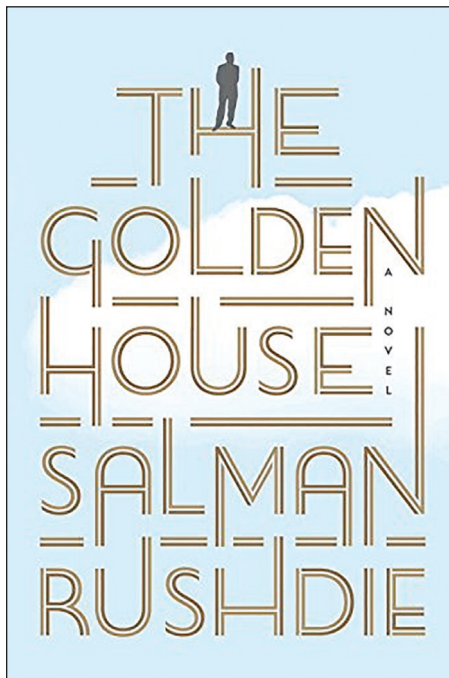


by Di Saggau

Salman Rushdie's latest novel *The Golden House* has been called a combination of *The Great Gatsby*, *The Bonfire of the Vanities* and *Brideshead Revisited*. You can draw your own conclusion

after reading it, and I recommend you read it. I never thought of Rushdie as having a great sense of humor and was I ever wrong. This book is written not only with engaging intelligence but also wit. I laughed out loud numerous times at the clever remarks he throws into this book.

It begins on the day of Barack Obama's inauguration when an enigmatic billionaire from foreign shores, Nero Golden, takes up residence in The Gardens, a cloistered community in New York's Greenwich Village. Nero has brought along his three adult sons: agoraphobic, alcoholic Petya, a brilliant recluse with a tortured mind; Apu, the flamboyant artist, sexually and spiritually omnivorous, famous on 20 blocks; and D, at 22 the baby of the family, harboring an explosive secret even from himself. There is no mother figure until Vasilisa, a sleek Russian expat, latches onto Nero,



becoming the queen to his king, a queen in want of an heir. How she arrives at getting an heir is a story in itself.

Our guide in the Golden's world is their neighbor Rene, an ambitious filmmaker who decides this family is the perfect subject for a film. This concept gives Rushdie the opportunity to show readers how to view their neighbors with only partial access to their lives. What we cannot see, we imagine, as does Rene.

The book ends eight years later on the eve of an election in which the lead contender refers to himself as "the Joker." No name is mentioned but it's obvious to

whom Rushdie is referring. It's interesting also that Nero is a man of fabulous wealth, with a beautiful Russian wife and a fortune thought to be in part built on real estate.

Rushdie infuses the novel with his knowledge of history, books, movies, restaurants, cuisine and so much more. He throws in little known facts that are fascinating. Did you know that while Napoleon is buried in Paris, there is a very private part of him in a museum in New Jersey? Or that F. Scott Fitzgerald hated the name *The Great Gatsby* and had suggested other titles including *Trimachio in West Egg*? The book is full of

these kind of comments which makes for rich and riotous reading.

The Golden's world is full of mystique, quarrels, infidelities and crimes. They are immigrants, refugees from Mumbai. At the center of each character is the question of identity. In New York, they try to reinvent themselves and reading about this makes for a fascinating journey set against the strange and exuberant backdrop of current American culture and politics. *The Golden House* is a powerful, daring and timely story written with panache in Rushdie's inimitable style.✧

School Smart



by Shelley M. Greggs, NCSP

Dear Shelley,
It's getting harder and harder to talk with my teenage daughter. I don't know what's going on anymore at school or with her. I can find out about her assignments

from the school's website but I want to have conversations with her, not just yes and no questions about assignments. Any tips on talking with teenagers?

Lucia J., Collier County

Lucia,

Parenting teenagers is challenging! The teenage years have a lot in common with the terrible twos. During both stages, children are doing exciting new things, but they're also pushing boundaries and sometimes throwing tantrums. The major developmental task facing both age groups is also the same: they must pull away from parents and begin to assert their own independence. This is especially difficult because teens are beginning to make decisions about things that have real consequences, like school, friends, driving, substance use and sex. They aren't good at regulating their emotions yet, making them predisposed to taking risks and making impulsive decisions.

This means that having a healthy and trusting parent-child relationship during the teenage years is crucial. Staying close is sometimes difficult. While teens are an open book to their friends, who they talk to constantly via text messages and social media, they typically become mute when asked by their parents how their day went.

This truly is a phase that will pass, and your job as parent is still vitally important, only the role may have changed slightly. Here are some tips that may be helpful.

- Listen. Asking direct questions is not as effective as it used to be. Now is the time to simply sit back and listen. Kids are more likely to be open with their parents if they don't feel pressured to share information. You're likely to hear more if you stay open and interested and not pry.

- Validate feelings. Parents often try to solve problems for their kids, or downplay their disappointments however saying something like "She wasn't right for you anyway" after a friendship flap can feel dismissive. Instead, show your daughter that you understand and empathize by

reflecting the situation with a compassionate comment like, "Wow what a tough situation."

- Show trust. Teens want to be taken seriously, especially by their parents. Look for ways to show that you trust your teen like asking her for a favor. Letting your child know you have faith in her will boost her confidence.

- Don't be a tyrant. You still get to set the rules, but be ready to explain them and change them as needed. While pushing the boundaries is natural for teenagers, hearing your thoughtful explanation about why parties on school nights aren't allowed will make the rule seem more reasonable.

- Give praise. Parents tend to praise children more when they are younger, but adolescents need the self-esteem boost just as much. Teenagers might pretend to be too cool to care about what their parents think, but the truth is they still want your approval. Also look for opportunities to be positive and encouraging, especially when feelings are strained.

- Control your emotions. It's easy for your temper to rise when your teen is being rude, but don't respond in kind. Count to 10 or take some deep breaths before responding. If you're both too upset to talk, wait until you've had a chance to calm down and then talk.

- Do things together. Talking isn't the only way to communicate and, during these years, it's great if you can spend time doing things you both enjoy, like hiking or going to the movies, without talking about anything personal. It's important for kids to know that they can be in proximity to you, and share positive experiences, without having to worry that your time together will crumble into negative talk.

- Share regular meals. Sitting down to eat a meal together as a family is another great way to stay close. Dinner conversations give every member of the family a chance to check in and talk casually about all manner of things. Kids who feel comfortable talking to parents about everyday things are likely to be more open when harder things come up, too. Remember: no phones allowed.

Shelley Greggs is adjunct faculty at Florida SouthWestern State College, where she teaches psychology and education courses. She is also a nationally certified school psychologist and consultant for School Consultation Services, a private educational consulting company. Questions for publication may be addressed to smgreggs@gmail.com. Not all questions submitted can be addressed through this publication.✧

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BIG ARTS Corner

Workshops
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BIG ARTS offers the following workshops and seminars. Preregistration is recommended. For a complete listing of educational classes, workshops and lectures, visit www.bigarts.org, or call the Marks Box Office at 395-0900.

Adult Tap by Bobby Logue, Tuesdays, 12:30 to 2 p.m., November 21, 28, December 12 and 19.

Italian Opera 101 by Thomas Cimarusti, Mondays, 1 to 4 p.m., November 27 and December 18.

Intermediate Tap by Bobby Logue, Fridays, 9 to 10:30 p.m., December 1 and 22.

Life Drawing, Non-Instructed Open Studio by Carol Rosenberg, Fridays, 9:30 a.m. to noon, December 1 through 22.

Instructed Life Drawing by Francesco Gillia, Mondays, 9:30 a.m. to noon, December 4 through 18.

Creating with Polymer Clay by Martha Grattan, Tuesdays, 6 to 9 p.m., December 5, 12 and 19.

Glass Fusing by Petra Kaiser, Wednesdays, 9:30 a.m. to 12:30 p.m., December 6 through 20.

An Invitation to Photographic Storytelling by Harvey Schipper, Fridays, 9 a.m. to noon, December 8

through 22.

Watercolor Secrets Revealed (some painting experience needed) by Tom Lynch, Friday, Saturday and Sunday, 9 a.m. to 4 p.m., January 5 to 7.

Call 395-0900 or stop by the BIG ARTS Center at 900 Dunlop Road to enroll. Preregistration is recommended. For complete course descriptions and the full season's workshops and class schedules, visit www.bigarts.org/workshops, or emailinfo@bigarts.org.

Top Ten Books
On The Island

1. *Remarkable Women of Sanibel and Captiva* by Jeri Magg
 2. *My Husband's Wife* by Jane Corry
 3. *Love Your Lunch* by James Ramsden
 4. *Nix* by Nathan Hill
 5. *Midnight Line* by Lee Child
 6. *A Christmas Mouse in a Christmas House* by Sally Hanser
 7. *Thirteenth Gift* by Charlene Costanzo
 8. *Woman in Cabin 10* by Ruth Ware
 9. *Little Paris Bookshop* by Nina George
 10. *Uncommon Type* by Tom Hanks
- Courtesy of MacIntosh Books and Paper.*

Book Signing
With Local Author

Tanya Hochschild will be signing her new book of poetry, entitled *A Time to Keep*, at MacIntosh Books and Paper on Wednesday, November 29 from 3 to 5 p.m.

Hochschild is the author of *Sonja, A South African Story* and *Memories*. She is a member of Writers Group 1 on Sanibel. She writes a weekly poetry column for the *Island Sun* newspaper.

SR Maxeiner, Jr. wrote, "What a treat it was for me to lie back on a leisurely morning and read through sheafs of poems by the lovely Tanya Hochschild. A woman of energy and grace; she lives and writes fully aware of the glories of our world and her privileged place in it. Her South African childhood, her family, her world-wide travels, her sensibility to nature, and her Sanibel home, all are centers for her sensitive and poetic – and sometimes comic – rumination.

In sharing her blossoming poems with members of the Sanibel Writers Groups, she gives away none of her own flavor. In the ablutions of a big black rhinoceros she makes this reader appreciate anew the restoring comforts of a shampoo and hot shower. In a Maharana's summer palace of gem-embedded walls, a love affair begins – with India! In every country, for women

A Time to Keep

Poems from Sanibel, South Africa, and points in between



Tanya Hochschild

image provided

who set tables at which they never eat, and for all of life, Tanya's sensibility shines through.

Poetry, she says, is kindling begging to be fire. Her fire will warm your heart."

MacIntosh Books and Paper is located in Palm Ridge Road in Palm Ridge Place Shopping Center. For more information, call 472-1447.*

Email editorial copy to: press@islandsunnews.com

"Top 5 Breakfast in Florida" - Southern Living

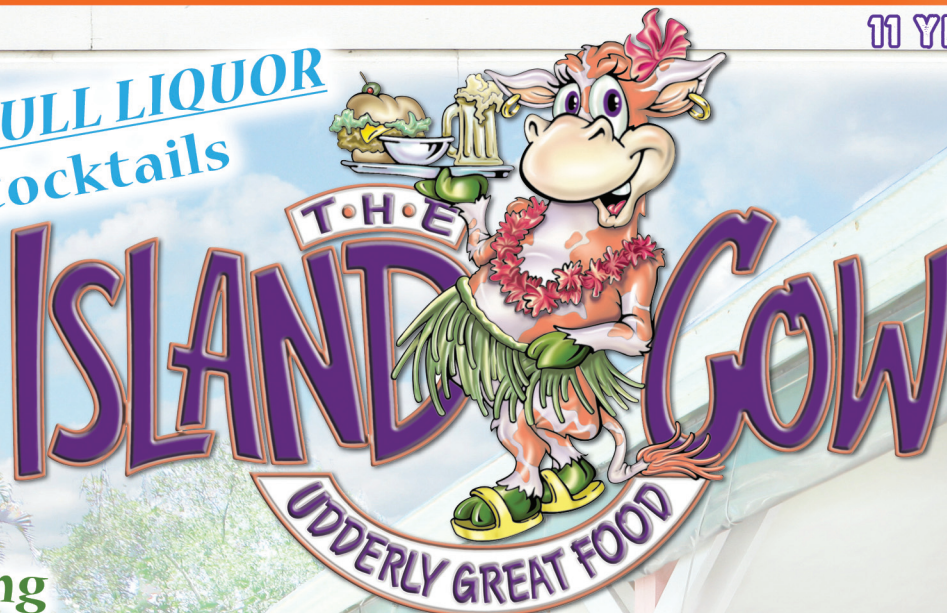
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Highlights From SCCF's Wines In The Wild



From left, Shelley and Bill Greggs with David and Carolyn Stigler during SCCF's annual fundraiser, Wines In The Wild, held last Saturday evening at the Bailey Homestead Preserve



Jenny Evans and Jeff Siwicki



From left, John Morse with Holly and Dr. Eric Milbrandt



Janie Howland and Jack Thomas



Karen Schaffer and Chef Melissa Talmage from Sweet Melissa's Café



From left, Bruce and Lisa Cochran with Kurt Peters



Joe Gianzero and Cara Albertelli from The Sanctuary Golf Club



From left, Sandy Bordiuk, Joan Sperry and Shelah Morley



Guests sampling food from one of the evening's restaurant partners



The Bailey Homestead Preserve was decorated in holiday lights throughout the landscape



Photo by February 2017 contest winner Scott Joffe photo provided

Monthly Photo Contest To Begin In December

RS Walsh Landscaping is resuming its monthly photo contest that celebrates the islands of Sanibel and Captiva. Each month, from December through April, individuals can submit photos for a chance to win a \$50 gift certificate to RS Walsh In The Garden – Sanibel’s Retail Garden Center and Outdoor Showroom. Each month will feature a different theme and readers can submit up to five photos per month. The theme for December is Boating and Fishing. The deadline for submissions is December 1.

“This is the third year we have hosted this contest. We are amazed at the quality of the photos submitted that capture the uniqueness of our islands,” said Robert Walsh, president of RS Walsh Landscaping. “Our contest celebrates our beaches, our nature preserve and the many outdoor activities available on Sanibel and Captiva including biking, fishing,

bird-watching and boating.”

Submissions should include the photographer’s name, phone number, location of the photo and a short story behind the picture. Submissions can be sent via e-mail to inthegarden@rswalsh.com. Finalists will be posted on the RS Walsh Facebook page, website and displayed at RS Walsh In The Garden. Voters can visit In The Garden or the In The Garden page on Facebook to vote. Each month, the winning photo will appear in the local newspaper.

The themes and deadlines for each month are: December, Boating and Fishing, deadline December 1; January, Bikes and Hikes, deadline January 1; February, Gardening, deadline February 1; March, The Islands in Black & White, deadline March 1; April, Bird Watching, deadline April 1.

RS Walsh In The Garden – Retail Garden Center & Outdoor Showroom is located at 3889 Sanibel Captiva Road, across from The Sanibel School, and is open Monday through Friday from 10 a.m. to 4 p.m. and on Saturday from 9 a.m. to 1 p.m. For more information, call 395-5859 or visit www.rswalsh.com.✪

Registration Open For November Fun Day At Rec Center

Register your child now for the upcoming Fun Day at the Sanibel Recreation Center on Wednesday, November 22. Fun Day will offer a variety of athletic games, craft projects and special entertainment. Enrollment is available for children in kindergarten through eighth grade. This program operates from 8 a.m. to 5:30 p.m. Each child needs to bring a lunch, swimsuit and towel. Light snacks will be provided.

Cost is \$36 for members and \$48 for non-members. The Sanibel Recreation Center is located at 3880 Sanibel-Captiva Road. Daily, weekly, semi-annual and annual memberships are available. For more information, call 472-0345 or visit www.mysanibel.com.✪

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Bourbon-Maple Bone in Ham, Spicy Mustard

Raw Bar

Rosemary Crusted Rib Eye, Horseradish Sauce and Au Jus

Salad Bar Display

Whole Roasted Fish, Chili Lime Sauce

Mushroom-Asparagus & Balsamic Glaze

Sage Corn Bread Stuffing

Artichoke and Olive Salad

Creamy Garlic Yukon Gold Mashed Potato

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For Thanksgiving, Christmas and New Year’s Eve menus and information, visit sundialresort.com/eat/holidaydining.



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Florida Broccoli and Avocado Soup

- 1 cup broccoli, chopped
- 1 tablespoon olive oil
- 1 onion, chopped
- 2 cloves fresh garlic, minced
- 1/3 cup low-fat milk
- 1 1/4 cup low-sodium vegetable broth
- 1 cup fresh spinach
- 1/2 avocado
- 1 cup homemade croutons
- 4 teaspoons Parmesan cheese, grated
- Kosher salt to taste
- Freshly ground pepper to taste

Place a medium-sized stock pot over medium-high heat. Add 1 tablespoon of olive oil to the preheated pan. Add onion and garlic to the pan and sauté until translucent.

Add broccoli, vegetable broth and milk to the pan. Reduce heat and bring to a simmer. Cook ingredients until the broccoli is just crisp-tender. Add broccoli mixture to a blender with a tight fitting lid

Make sure not to fill the blender more than half full at a time. Add the avocado and spinach to the blender as well. Carefully pulse the ingredients until smooth and creamy.

Taste soup and adjust seasoning with salt and pepper. Return soup to pot and heat back up to serving temperature. Garnish soup with croutons and Parmesan cheese.✱



Florida Broccoli and Avocado Soup

photo courtesy Fresh From Florida

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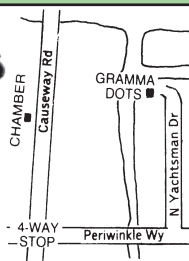
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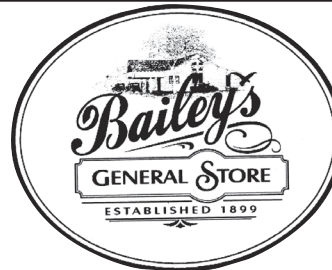


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A scene from *All is Calm*

photo provided

Theatrical Concert On Christmas Truce

Shell Point Retirement Community is kicking off the Performing Arts program of its 2017-2018 Concert Series with a theatrical concert titled *All is Calm*, taking place at the Village Church on The Island at Shell Point on Thursday, December 7 at 7:30 p.m. The event is open to the public, with tickets available for purchase online at www.shellpoint.org/concerts or by phone at 454-2067.

All is Calm highlights the true events

of the Christmas Truce of 1914, where Allied and German soldiers along the Western Front stopped fighting and celebrated Christmas together, spending the day sharing small gifts and playing each other in football matches. Vexed by the grinding and dull horror of trench warfare, both sides found comradeship together, defying orders against fraternization.

Written by playwright Peter Rothstein, with musical arrangements by Ericke Lichte and Timothy Takach, the performance features a variety of patriotic and sentimental tunes, depicting the night of camaraderie, music and peace on Christmas of 1914.*

BIG ARTS Monday Night Film Series

I, Daniel Blake

by Di Saggau



The BIG ARTS Monday Night Movie for November 20 is *I, Daniel Blake*. Daniel Blake is a 59-year-old widowed carpenter who relies on welfare because a recent heart attack has left him unable to work. In spite of his doctor's diagnosis, British authorities deny Daniel's benefits and tell him to go back to his job. That leaves him navigating with the state bureaucracy to get his old job back. During the process, Daniel develops a strong bond with a destitute, single mother who is struggling to care for her two children.

I, Daniel Blake won the Palme d'Or at Cannes a while back. It's a slice of British working-class life. Dave Johns is known in England as a comedian. He delivers an astonishingly moving turn as the title character. The target of the film is privatization. The social workers and employment people Daniel works with at the jobs office are all hired by an American contractor. All Daniel is trying to do is try to return to a life of dignity and productivity.

This is a powerful, beautiful and sometimes depressing drama about dignity in the face of humiliation. It's also about humanity in the face of insensitive bureaucracy and about demanding respect and decent



treatment for all, not just those who can pay for it. The film runs 100 minutes. Moderator is Barbara Ruben.

Admission to BIG ARTS Monday Night Film Series is \$10 and all screenings begin at 7 p.m. in Schein Performance Hall. Each film is followed by a complimentary reception and discussion. BIG ARTS is located at 900 Dunlop Road. Tickets are available at www.BIGARTS.org, or at the door or by calling 395-0900.*

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Pam Rambo with the Shell Love Bug and her *Shellanguage* book photo provided

Two Author Signings At MacIntosh Books

From noon to 2 p.m. on Tuesday, November 21, stop by MacIntosh Books and Paper and meet local author Joe Fisher and local artist Jaye Boswell as they sign and discuss their new children's picture book *Rusty the Forgotten Fire Engine*, which has

been called, "A delightful repast that transcends generations." Trains are a perennial favorite for children everywhere and *Rusty's* story will charm the listener as well as the lucky reader. The tale has a magical ending, making it a perfect holiday gift. That same day, from 4 to 6 p.m., meet Pam Rambo, author of *Shellanguage: The Official Guide Book to Unlocking the Secret Vocabshellary of Shell Seekers*. *The New York Times* wrote, "Mrs. Rambo is a sought-after figure

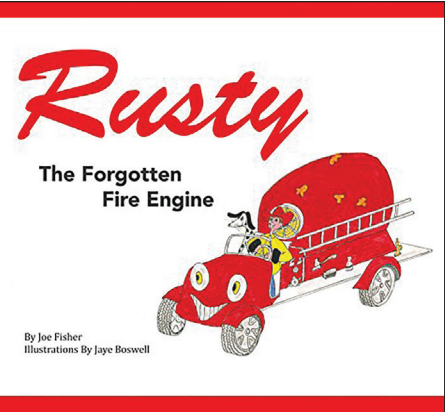


image provided

on the island – a shell-ebrity, if you will – because of her popular website." Rambo's website, www.ILoveShelling.com, is a favorite of locals and visitors. She regularly participates in local shelling events on the island, sharing her love for shelling with fellow shellers and igniting the spark in those new to discovering the treasures of the sea. Both events will take place at MacIntosh Books and Paper, located at 2330 Palm Ridge Road. Refreshments will be served. If you are unable to attend either event and would like to purchase a signed book, call 472-1447 prior to the event and a copy can be held or shipped to you.*

Bookmark Contest Winner

Avid reader and fifth grade student Marit is the winner of MacIntosh Bookshop's 2017 Bookmark Design Contest. Marit received a MacIntosh prize package and a \$50 gift card for submitting the winning design. This year's theme was Books Are Magic, and Marit said that books are magic because "they can take your imagination anywhere." Look for Marit's winning bookmark design in your purchases soon.*



MacIntosh Books owner Rebecca Binkowski and bookmark design winner Marit photo provided



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Jean Le Boeuf, News-Press





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Borrow seasonal selections from the Sanibel Public Library

photo provided

Prep For The Holidays With Library Cards

Need a little help organizing and planning your Thanksgiving dinner? The Sanibel Public Library has a cornucopia of materials to help you enjoy the season. If you're looking for seasonal culinary inspiration, try a cookbook like Sherry Gore's *Me Myself & Pie Amish Recipes* or the classic (yet updated) *Joy of Cooking*. There are also magazines with holiday recipes including *Southern Living*, *Food & Wine*, *Cooking Light* and *Rachael Ray Every Day*. *Martha Stewart Living*, *Bon Appétit* and *Real Simple* feature organizational hints and holiday countdown checklists.

The library loans out cooking kits, which check out like library books or DVDs. The kits are circulated in bags with a coordinating cookbook and instructions. Some of the kits are especially handy at this time of year, like the football-shaped dip server, cookie kit, pie and tart kit, or soup pot.

"It really comes in handy when you borrow a cake pan or serving tray for that special feast but you don't want to go out and buy something for one-time use," said Sanibel Public Library Executive Director Margaret Mohundro.

The library offers Hoopla in addition

to the eShelf services that offer downloadable eBooks and audiobooks through Overdrive/Libby and online magazines through RB Digital. The library offers full color, interactive digital magazines with no limit to the number of magazines patrons can download. Current and past magazine issues are available for 24/7 download.

Patrons can also check out eBooks to read on a variety of devices, including PC and Mac computers, smartphones, iPads and Amazon Kindle. If you need technical assistance, make an appointment with library staff to learn how to download magazines, movies or books. For patrons who prefer paper, there are more than 300 magazines and periodicals available in print at the library.

Wireless Internet access is available throughout the library for patrons bringing their personal laptops and mobile devices. The library also provides computers (at no charge) to use for Internet access, however, there is a 10 cent per page charge for printing. Library cards are available to Sanibel and Lee County residents at no charge. Visitor cards may be obtained for a \$10 annual fee.

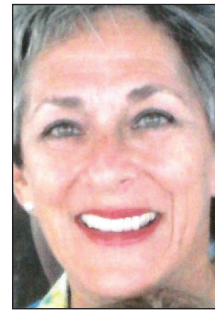
Major funding for eShelf is provided by the Sanibel Public Library Foundation, Inc. and its generous donors. For more information about the foundation or to make a donation, call 472-2483 or visit www.sanlib.org.

music should be heard playing from your boat as it goes down the canals.

- The parade begins at the Sanibel Harbor entrance promptly at 5:30 p.m. upon instruction from the parade committee's fleet captain. It proceeds past the Victoria Cove turnaround for judging, ending back at the entrance to Sanibel Harbor in San Carlos Bay.

Estimated time to complete the parade route is 30 minutes per vessel; multiple vessels will be in the canals at the same time. For more details, visit on Facebook at Shell Harbor Property Owners Association.

Poet's Corner



We invite submissions from local poets. Anyone interested may submit their work via email to tutsie@centurylink.net. Each week, individual work will be showcased.

selected by Tanya Hochschild

What Is Poetry?

by Tanya Hochschild

Poetry is kindling, begging to be fire, drawn from heart, anger, desire, a giving tree grown from a seed, a puppy tugging on a lead, driven mad to uncover a scent. Poets are as driven, as hell-bent.

Poems born from glows in the dark, inspired from the tiniest spark – from the hectic dazzle of company kept, the sad circumstance of a life bereft, a smidgen of laughter, a flood of tears, recorded routine throughout the years.

A memory emerges, doffs its hat, then the fugitive escapes, just like that. Penned on a sheet of crisp white paper, the hint of an image, a scent of vapor but not imprisoned, rather set free, an alchemy for all to see.

Poetry never has a time-out moment, there will always be subjects for a sonnet, you will not find benched on life's path a Frost, Collins, Oliver or Plath. So I sit and wait to see whatever might appear to me.

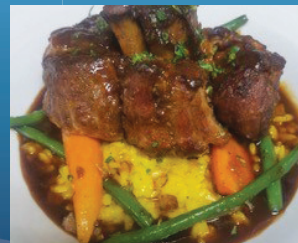
Life and death walk hand in hand, trailed by mortal themes – a merry band. A singing bird perches near, "Take note, take note" I think I hear. "Write about all this clamor, all this shout, get it down before you're out!"

Perhaps the muse has paid a call, for soon I arrive at a waterfall, where I scoop up words, come alive if lovingly cradled they can thrive. My heart is awake, I hurry home, my thoughts unfolding, I feel a poem.

Tanya Hochschild is member of a Sanibel Writers Group, has participated in Artpoems and Writer's Reads on the island, and had two books published.

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From page 28

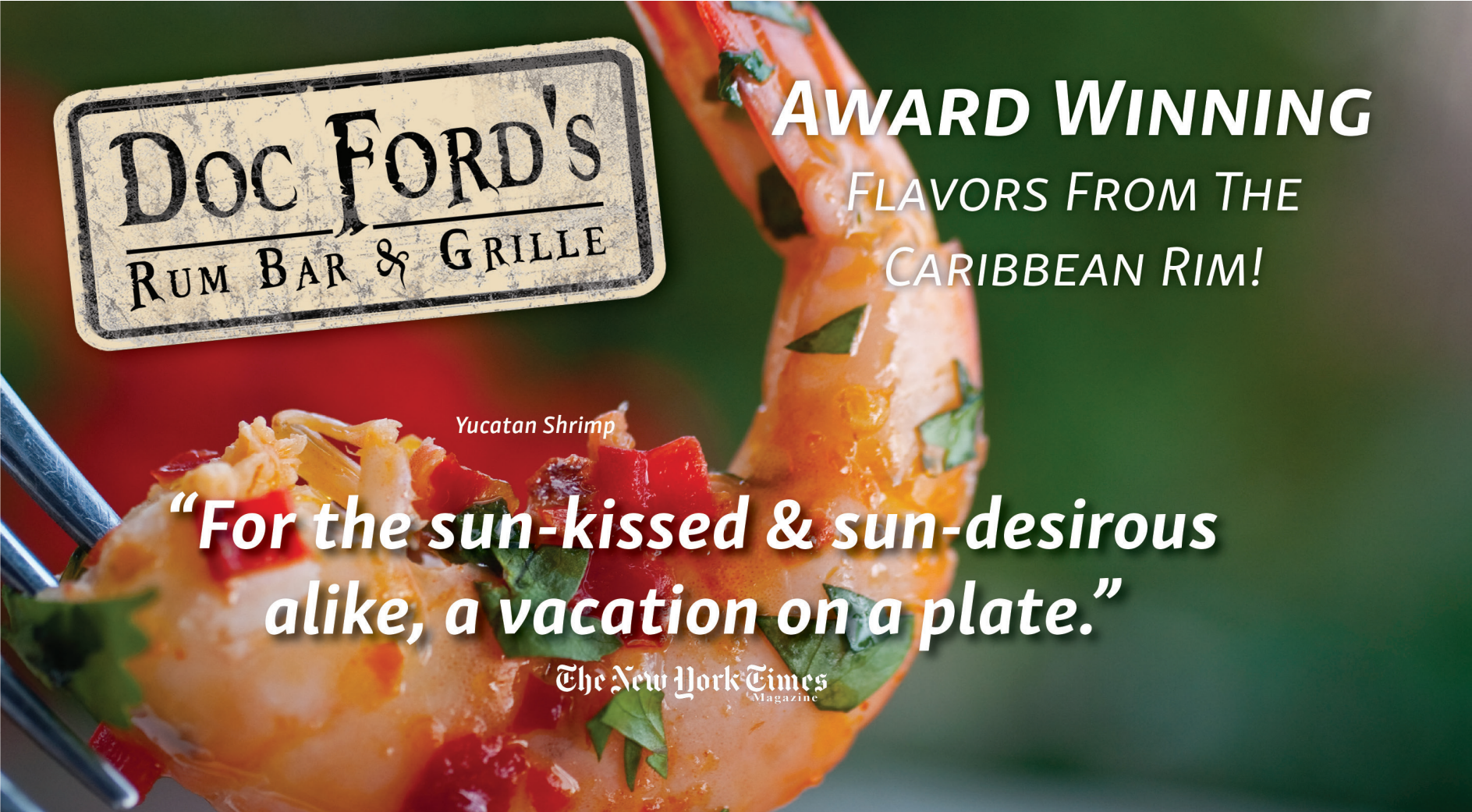
Boat Parade

shipping channel and must not obstruct any aids to navigation.

- A VHF radio is a mandatory requirement to participate in this parade, either fixed or handheld. VHF Channel 12 must be monitored both before and throughout the parade.

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Principal Chuck Vilardi welcoming parents, students and siblings to the program

Veterans Honored At Sanibel School

by Jeff Lysiak

During an honor-long program held at The Sanibel School's cafeteria last Friday morning, the entire student body took part in a moving Veterans Day program that honored United States military personnel – past and present – for their service and resolve to help protect the freedoms of all Americans.

"We gather today to thank every member of the Army, Navy, Air Force, Marines and Coast Guard for their sacrifice, in times of both war and peace, to protect America," said Principal Chuck Vilardi in his welcome address. "Today is a day to honor veterans of all ages, those who have been killed in combat, those who are missing in action and those who are currently



Members of Cub Scout Pack 1740 and Boy Scout Troop 1740 leading the Pledge of Allegiance

photos by Jeff Lysiak

serving our country. We thank all of you."

To begin the program, members of Cub Scout Pack 1740 and Boy Scout Troop 1740 led the flag processional followed by the Pledge of Allegiance. Soloist Elaine Suslick led the entire school and visitors in the singing of *The Star Spangled Banner*.

Fourth and fifth grade classes, under the direction of music educator Joey Giangreco, performed a medley of songs, including *Battle Hymn of the Republic*, *I Love That Grand Old Flag*, *We Honor You* (fronted by soloist Preston Hanni) and *The Spirit of America*.

Giangreco also led the elementary choir in the singing of a tribute to all five military branch marches, followed by the Seahorse Chorale (fronted by soloist Daniella Montecillo) singing *O, America!* The program concluded with all students singing *Thank You, Soldiers* in front of a slideshow of images honoring American veterans.✽



The Seahorse Chorale singing *O, America!*

Fifth Annual Heart Walk Returns In January

submitted by Sandy Teger

On Sunday, January 28, we will celebrate the five-year anniversary of the Sanibel/Captiva Heart Walk. Festivities for the walk begin at 2 p.m. and the non-competitive, family-friendly walk begins at 3 p.m. at The Community House. Walkers enjoy a safe, closed loop, and may do as many as laps as they wish to complete a 3.2-mile 5K or optional

one-mile course. There will be entertainment and refreshments, and well-behaved pets are welcome.

Since we started on this journey in 2013, we've shared the heart and stroke stories of 21 of our community members who were eager to tell how the unexpected happened to them. They have come away from their experiences grateful for wonderful medical care, thankful that they are still here to share happy times with their families and hopeful that others can learn from their stories.

In the four years of our walk, we have raised over \$100,000 to enable the American Heart Association to continue the education, advocacy and life-saving research that have made miracles happen.

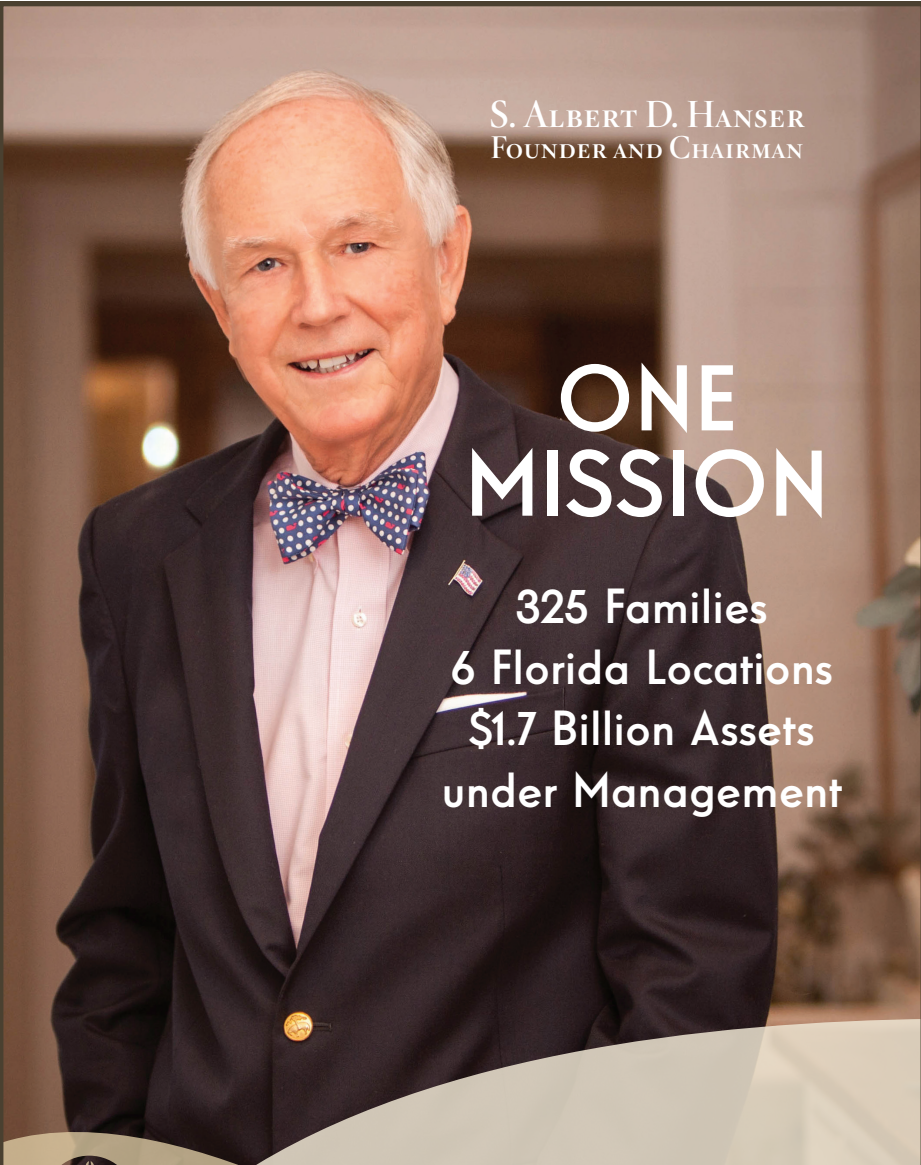
On Sanibel and Captiva, we are very fortunate to have Lee Health, Lee Physician Group (LPG) Cardiothoracic Surgery and the Shipley Center in our own backyard. The Shipley Center was established to spearhead cutting-edge research and advance new and innovative surgical techniques, including minimally invasive heart surgery. This is very real to the Heart Walk Committee, since the husband of one of our team members recently had a heart valve replaced using just a small incision on the side of his chest rather than the traditional invasive surgery.

We are very grateful to our previous platinum sponsors The Sanibel Captiva Trust Company and Il Cielo, gold spon-

sor Chuck Bergstrom of RE/MAX of the Islands and the many others who provided not only money but also food, set up and delivery of tables, publicity, entertainment and more.

To join a team or donate, visit www.SanibelCaptivaHeartWalk.org. If you are interested in becoming one of our sponsors or for further information regarding the walk, contact Lee Heart Walk Director Kelly Glewa at 340-2407 or Sandy Teger at 973-420-3233. The social media hashtag for the walk is #sancapheartwalk.

To learn more or become a sponsor contact Kelly Goodwien at kelly.goodwien@heart.org, call 495-4901 or visit www.SanibelCaptivaHeartWalk.org.✽



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From left, Bill Sartoris, Lisa Heidrick, Barbara Maughan, Melissa Congress and Tommy Williams photo provided

SCA Membership Drive Under Way

November is Membership Drive Month for the Sanibel Community Association (SCA). For the last 90 years, The Community House has been a gathering place for residents. An island tradition, The Community House has been there for islanders since 1927, serving as a true “home” for Sanibel and Captiva’s civic and social life. As 2017 comes to a close, the annual SCA Membership Drive is now in full swing.

Becoming a member is easy, with individual memberships starting at \$50, family memberships at \$100 and business memberships at \$150.

All membership and gifts are tax deductible.

SCA members receive multiple benefits including discounted admission to programming, access to The Community House for private events, and unique “Members Only” events throughout the year.

The Community House has remained in operation thanks to the generosity of this community. The Community House receives no support from public funds or tax dollars, but each year, residents provide contributions, rental fees and, most importantly, membership fees.

For more information or to join SCA, visit www.sanibelcommunityhouse.net or call 472-2155.✧

Veterans In Need Of New Shoes

submitted by Dan Perkins

Recently, I had the opportunity to visit the two large VA (Veterans Administration) hospitals in Southwest Florida. I met with the directors of Voluntary Service for both hospitals. As we were finishing our meeting, I asked the leaders what do you need the most? I was shocked at their answers; they both said, “Shoes for our homeless veterans.”

It never crossed my mind that homeless veterans would need shoes. I don’t know why I never thought about it before, and after I heard the need, it stuck in my brain. I had a hard time getting it off my mind. In trying to reintegrate these worthy warriors into society, I was told that it is sometimes difficult for vets to get a job and work the job if their shoes are falling apart.

One leader told me that some vets are so embarrassed to apply for a job with shoes that are falling apart that they don’t look for work. A good pair of shoes makes them feel more positive about themselves.

The next morning, I went to a meeting of the men in my church and

I told them about my idea, shoes for homeless veterans. They liked the idea, and we decided to run the campaign from November 19 to December 19 this year to see if we can get some new shoes for homeless vets.

I have talked to people about drop-off points, and so far there are three locations. I hope to have more. We need new men’s shoes, sizes 9 to 11. We need work boots, sneakers and dress shoes. Please do not drop off used shoes, as our concern is not transferring any foot conditions.

You will find drop off boxes at these three Sanibel locations:

Bailey’s General Store, 2477 Periwinkle Way
The Dunes Golf & Tennis Club, 949 Sand Castle Road
St. Isabel Catholic Church, 3559 Sanibel-Captiva Road

This past weekend, we celebrated Veterans Day, honoring those who have served to protect our freedom, both living and deceased. I want to help those who have fallen on hard times, but I need your help. If you are looking for a special purpose this Christmas season, think about buying a pair of shoes so that our homeless veterans can get back on their feet.

For more information, call Dan Perkins at 973-687-4826.✧



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Ground floor Coventing model pool home with gorgeous sunset views. Close to beaches, restaurants & shopping. Spacious & easy to maintain. Great entertainment home. \$709,900

9AM - NOON

- 1525 San Carlos Bay Dr - Sanibel Isles**
Remodeled 4BR, 2BA pool home overlooking 175' of canal frontage w/ 2 boat lifts, wood & tile floors, wet bar, 2-car garage. Seconds from the Bay. \$1,749,000
- 1317 Par View Dr - Beachview Estates**
Near beach country club home. 3 Bedroom, 3 bath heated pool and cabana suite. \$649,000
- Kimball Lodge 303 - 3111 West Gulf Dr**
The very best one-bedroom, two-bath deluxe apartment with the best gulf views! \$620,000

1 - 4 PM

- Lighthouse Point 321 - 200 Periwinkle Way**
3 Bedroom, 2 bath beautifully updated with 2 large porches & views of the Bay. \$699,000
- Captains Walk A8 - 641 Periwinkle Way**
East End - 2 Bedroom, 2 bath updates condo - convenient to beach shopping & marina. Priced to sell. \$358,000
- 958 Sand Castle Rd - Dunes**
3BR, 2BA, fireplace, heated pool & spa - Great outdoor space. \$639,000
- 1183 Kittiwake Cir - Dunes**
Wonderful Dunes Home - 3 bedroom, 2 bath plus den - Lake views! Volume ceilings, 3-car garage, raised pool on private cul-de-sac. \$849,000
- 1342 Junonia Dr - Bayshore Village**
3 en-suite BR, 3 BA, new wood floors throughout, updated kitchen & baths, screened pool, large lot. \$699,000
- Lagoon Estates - 887 Casa Ybel Road, Sanibel**
5BD/3BA plus den Duplex in the heart of Sanibel with good income. \$649,000
- 1938 Roseate Ln - Sanibel Lake Estates**
Light and bright 3 BR, 2BA home. Centrally located, no stairs. \$549,000
- 11535 Wightman Lane, Captiva**
Brand New 4BR + Den, 4 BA pool home with 2 master suites, porcelain plank tile, paver driveway, fully furnished. \$2,099,000
- 15850 Catalpa Cove Dr, Ft. Myers - Catalpa Cove**
Fantastic Gulf-Access pool home with backyard boat dock & lift. 4BR, 3BA, kitchen open to family room, PLUS living room, spacious screened lanai. Gated community. \$749,000

MONDAY, NOVEMBER 20 • ALL DAY 9AM - 4PM

- Lighthouse Point 321 - 200 Periwinkle Way**
3 Bedroom, 2 bath beautifully updated with 2 large porches & views of the Bay. \$699,000
- 340 E Gulf Drive - Sanibel Estates**
Adorable 2 bedroom, 2 bath beach cottage. Short walk to the beach. \$569,000
- 534 North Yachtsman Dr - Sanibel Estates**
3 Bedroom, 2 Bath pool home, 70ft dock on DIRECT ACCESS canal, top floor master w/ water views. Recent improvements: New A/C, New Windows, fresh paint and more! \$1,400,000
- White Pelican 133 - 651 E Gulf Dr**
Penthouse condo w/ private rooftop sundeck plus cabana! 3 BR/3BA + Den, chef's kitchen, upscale appointments. Small 11 unit compound, pool, tennis, beach walk-over. Over 3,000 SF of space, covered parking. \$2,195,000
- 900 Almas Court - Eastwood Landing**
Custom designed beach home featuring 3 en-suite bedrooms, 4 baths + den, large pool/spa, tennis, beach access & boating! \$1,199,000
- Sanibel Arms F2 - 805 E Gulf Dr**
Direct gulf front 1 bedroom, 1 bath unit, updated kitchen and bath. Great rental unit. \$499,900
- Sea Pines C - 1394 Middle Gulf Dr**
Townhome - across the street from the beach. 3 Bedroom, 3 bath with workshop and beautiful views. \$524,900
- 545 Piedmont Road - Sanibel Highlands**
3BR, 2BA elevated home featuring updated kitchen, bamboo & tile floors, 3-car garage, lush landscaping & great location. \$595,000
- 2030 Sunrise Cir - Periwinkle Properties**
Spacious 3/3 lakefront home, soaring ceilings, central location. Screened/open porches, elevator, storage areas, screened pool. Ground level workshop/studio/storage areas & elevator. \$649,000
- Island Beach Club 220E - 2265 W Gulf Dr**
Amazing views! Updated, 2 BR, 2BA - Weekly Rentals - Great Income! \$999,999
- Sand Pointe 215 - 2737 W Gulf Dr**
Remodeled 2 bedroom, 2 bath unit, expansive gulf views, spacious floorplan, weekly rentals. \$719,000
- 3358 St. Kilda Rd - Brightwater**
3 Bedroom, 3 bath pool home on water. Built in 2014. Metal roof, elevator, and more. \$979,000
- 714 Durion Court - East Rocks**
Ground level, lakefront, 3BR, 2BA pool home. Family room plus living/dining room. Very close to the beach. \$609,000
- 9292 Kincaid Ct - Belle Meade**
Newer 3 bedroom, 2 bath quiet neighborhood. 2 Car garage w/ storage, large lot, near rec center. \$539,000
- 5657 Sanibel Captiva Road**
Clam bayou home. 3BR/2BA built in 2013. Heated pool, elevator, waterfront. \$895,000
- 11535 Wightman Lane, Captiva**
Brand New 4BR + Den, 4 BA pool home with 2 master suites, porcelain plank tile, paver driveway, fully furnished. \$2,099,000

9AM - NOON

- 1152 Buttonwood Ln - Buttonwood/Seagrape**
"Like New" - Rebuilt in '14, ground level, 3BR, 3.5BA, pine floors, impact windows, huge master suite. Custom pool & lots of privacy. \$1,499,000
- 1183 Kittiwake Cir - Dunes**
Wonderful Dunes Home - 3 bedroom, 2 bath plus den - Lake views! Volume ceilings, 3-car garage, raised pool on private cul-de-sac. \$849,000
- Kimball Lodge 303 - 3111 West Gulf Dr**
The very best one-bedroom, two-bath deluxe apartment with the best gulf views! \$620,000
- 478 Sea Oats Dr - Sea Oats**
Beautiful home with pool only 3 houses off West Gulf Drive and the beach! \$1,295,000

1 - 4 PM

- Loggerhead Cay 332 - 979 E Gulf Dr**
Beautiful beach condo complex, conveniently located on East Gulf. 2 BD, 2 BA, features large pool, tennis, gorgeous sandy beach, grills & clubhouse! \$469,500
- Sanddollar B301 - 1785 Middle Gulf Dr**
Best location at Sanddollar - Panoramic Gulf-front views!!! Top floor, corner, 2 bed, 2 bath condo. Great rental income! \$1,149,000
- Lagoon Estates - 887 Casa Ybel Road, Sanibel**
5BD/3BA plus den Duplex in the heart of Sanibel with good income. \$649,000
- 1938 Roseate Ln - Sanibel Lake Estates**
Light and bright 3 BR, 2BA home. Centrally located, no stairs. \$549,000
- 984 Black Skimmer Way - Gulf Pines**
Newer cute beach house, 3BR/2BA. No signs allowed in Gulf Pines... Hope you find me! \$585,000
- 5313 Punta Caloosa Ct - Caloosa Shores**
4 Bedroom, 3 bath pool home on wide canal. Boat lift, heated pool, nicely updated. \$998,000
- 5430 Osprey Ct - Heron's Landing**
Spacious 3BD/3BA home in the quiet gated neighborhood of Heron's Landing. Community amenities include pool, tennis, & beach access. \$839,000
- 6192 Henderson Road**
Tropical 4BR, 4BA pool home with 2-car garage and 500sf rec room. Recent upgrades: New roof, windows, wiring, plumbing, & more. \$1,995,000

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Historical Village Holds First Training Class

The Sanibel Historical Museum and Village held its first training class last week with about 20 people in attendance. Members of the board of directors gave synopses of the village's nine buildings after an overview by Executive Director Emilie Alfino and Volunteer Coordinator Jan Symroski. For more information regarding volunteer opportunities, call Alfino at 472-4648 or visit www.sanibelmuseum.org.

Our email address is press@islandsunnews.com



Alan Lessack photos provided



From left, Sharon Kaitenmark, Katie Reid and Kay McDonald



Gail Garlinghouse



Ellen O'Neill

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PREMIER BOATING LOCATION

- Awesome Roosevelt Channel “point” location
- Big Water Views w/multiple newer boat docks
- Beautiful Florida style residence offering gorgeous Island setting
- Privacy within Captiva Gold Coast
- Price \$2,895,000



ANDY ROSSE LUXURY

- Located in the heart of Captiva Village.
- Main & Guest house offering awesome rental income.
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- Beautiful Garden, Sun deck Spa Courtyard
- Many Improvements w/Original Character
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- <http://www.listandtour.com/2167nb.html>
- Gorgeous Mediterranean Inspired Elegance
- 4/5 BR and 4.5 BA w/All the Bells & Whistles
- Resort Style Pool & Spa
- Private & Gated w/Steps to the Beach
- Price \$2,195,000



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- Spectacular Lanai w/Outdoor Kitchen & Fireplace
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Luxury Poinciana Condo/Direct Beachfront

- Beautiful and Intimate Newly Remodeled 3BR unit.
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- Gorgeous Property w/Huge Backyard
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PREMIER LOCATION IN BLIND PASS

- http://www.listandtour.com/5117_E205nb.html
- Multi-level 2 Bedroom Expanded Floor Plan
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- Just Steps to Beach Access to Bowman Beach
- Great Price - Seller says sell
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Famed Jewelry Designer Coming To Sanibel Store

Celebrate the holiday shopping season at the Lily & Co. Jewelers Island Appreciation Event on Saturday and Sunday, November 25 and 26. We'll be spreading couture jewelry happiness and joy, while Charles Krypell showcases his most exquisite collections.

Lily & Co. Jewelers will host famed designer Krypell for a two-day exclusive showing of his jewelry collection. Krypell was a sculptor before becoming an internationally known designer and has seamlessly woven his beloved crafts together by sculpting pieces destined to touch the heart of those who wear it.

"There are many occasions to purchase jewelry as a gift and not all of them are milestone birthdays or anniversaries," said Krypell. "Sometimes we just want to celebrate the moment without spending a fortune."

The Precious Pastels collection is the heart of Charles Krypell. He uses the finest gemstones and diamonds set in platinum and 18 karat gold.

"Splurge a little on yourself, then find the perfect precious gifts for your family and friends. Forget the mall madness," said Dan Schuyler, co-owner of Lily & Co. "Our jewelry gallery



Lily & Co. mascot, Lily the Labradoodle, wearing a sample of the Charles Krypell collection photo provided

makes holiday shopping fun, fast and easy. Plus, you'll enjoy delectable hors d'oeuvres, get festive and join the party."

Lily & Co. Jewelers is located at 520 Tarpon Bay Road on Sanibel.✽

Peaceful Outdoor Sanctuaries



by Trinette Nelson

As our patios and porches are becoming more sophisticated and refined, today's homeowners are driven to find peaceful sanctuaries as a prescription for their stressful lives.

Creating your perfect outdoor space will be the result of the successful combination of many design elements – landscaping, stonework, carpentry, furnishings, lighting and accessories. Careful pre-planning will be the key to the creation of your personal sanctuary, so begin with creating your personal "wish list." You may be amazed at how long this list might become.

Do you frequently entertain outdoors? Do you spend time outdoors in the evenings simply relaxing? Is outdoor grilling a requirement for you? Do you enjoy planning family meals outdoors?

Once you've assessed your needs, then planning your outdoor space becomes much easier. Think about incorporating these simple ideas:

1. Comfortable Furniture: This should be the most important element in your design. Today's outdoor furnishings have been manufactured to withstand the elements. The age of folding, vinyl strapped furniture is definitely now obsolete. Many furniture pieces of today

look identical to indoor furniture but have been constructed and designed to stand up to all the outdoor elements.

2. Fabulous Fabrics: The biggest name in outdoor fabrics today is Sunbrella. This company's collection of fabrics is colorful, design oriented and totally durable. Sunbrella features gorgeous fabrics manufactured to resist fading from ultraviolet rays, mildewing from damp conditions, and odor absorption. It is just the ultimate outdoor upholstery or drapery fabric that will be used and enjoyed by your family for years. And, of course, Sunbrella Fabrics as well as other manufacturers of outdoor fabrics are carried by Decorating Den Interiors.

3. Let there be Light: Be sure to consider incorporating various types of lighting in your outdoor space design, just as you would inside your home. Landscape lighting, overhead lighting, ceiling fans, sconces and decorative side table lighting are all great ideas. Develop a creative lighting plan to help you create a space with increased ambiance and functionality.

Remember to create a space that is perfect for you and your needs. This is a space where memories will be made – so please consider it an important investment... both financially and emotionally.

Trinette Nelson is an interior designer on Sanibel/Captiva Islands and can be reached at linda@coindecnden.com.✽

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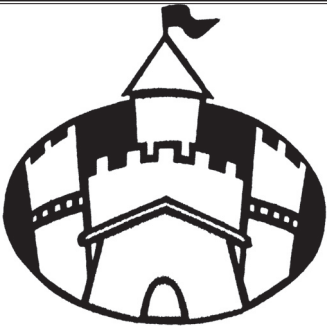


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BAY-FRONT MARINER POINTE

Reconfigured remodeled easy-access 2 bedroom like no other. Custom design with new kitchen, baths, doors, floors, & more. \$599,900



SEAGULL ESTATES

Decorator-furnished 3 bedroom with den next to conservation land. Handy to community clubhouse, pool, & deeded beach access. \$1,069,000



WEST GULF DRIVE CONDO

2nd floor Sand Pointe 2 bedroom with updated kitchen & baths. Fully-equipped weekly rental with years of history & future bookings. \$699,000



GULF-FRONT CASA YBEL RESORT

Cottage Colony West #119 condo in on-site guaranteed-income program. Remodeled & facing this beach. An easy investment. \$674,000



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Top-floor gulf-view Loggerhead Cay 2 bedroom with updated kitchen. Excellent rental history, grossing ~\$60K/year. Offered turn-key. \$598,300



WATER WATER EVERYWHERE

This view from Pointe Santo #C34. Guaranteed to make you smile, furnished in whimsical beachy décor. Weekly rental income. \$589,000



LOWEST-\$ NEAR-BEACH CONDO

2nd floor Middle Gulf Drive Spanish Cay 1 bedroom in building closest to beach access. Fully furnished with rental bookings. \$299,000



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From left, Annette Hendrick, Terry Jacob and Julie Kocourek photos provided

Historical Village Hosts Volunteer Gathering

The Sanibel Historical Museum and Village held a volunteer gathering last week at the home of board member Sherry Halleran at Sunset South. Seventy volunteers attended. "We were so happy to have a turnout like this," said Emilie Alfino, executive director. "I think this shows we have happy volunteers, for which we are very

grateful." Another such gathering will be held in January at a location to be decided. The Sanibel Historical Museum and Village is open from 10 a.m. to 4 p.m. Tuesdays through Saturdays. The village is located at 950 Dunlop Road (next to BIG ARTS). Admission is \$10 for adults 18 and older; those under 18 and members are free. Docent-guided tours are available at 10:30 a.m. and 1:30 p.m. at no extra charge, based upon docent availability. There is handicap access at the village. For information, call 472-4648 during business hours or visit www.sanibelmuseum.org.



Tisa Ladd and Lynne Campean



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From left, Catherine and Ed Anderson with Ellen O'Neill



Sharon Kaltenmark and Gail Garlinghouse



From left, Stephanie and Bill Rahe with Carol Gertsen



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SEASHELLS OF SANIBEL #38
SANIBEL ISLAND



SOLD

243 SOUTHWINDS DR
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The Annual Sanibel Community Thanksgiving

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THANKSGIVING**

All Are Welcome!

Sunday, November 19, 2016 at 6:45 pm
Sanibel Community House
2173 Periwinkle Way, Sanibel

Admission is Free. Please bring a donation for F.I.S.H. Come & Celebrate with the BIG ARTS Community Chorus & The Sanibel Sea School Seahorse Chorale. Enjoy fellowship with Pilgrims, Indians, Clergy, Friends & Neighbors over Cookies & Cider!

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Sam Lucas

photos provided



Walter Cheatham

New Team Members At Sea School

submitted by Leah Biery

Sanibel Sea School recently welcomed Walter Cheatham and Sam Lucas as the organization's newest team members. Cheatham will fill the role of outdoor education coordinator, and Lucas will serve as a conservation initiative coordinator and marine science educator.

Cheatham grew up in Aiken, South Carolina, earning his bachelor of science in wildlife biology from Auburn University. He was previously employed as a kayak guide in Estero Bay, and worked as an educator at the Calusa Nature Center and Planetarium. Cheatham is an avid outdoorsman who

is enthusiastic about sharing the joy of paddle sports with others. In his free time, he enjoys paddling, hiking and biking with his wife and two young children.

"I am excited to join an organization that believes in leaving the planet in better shape than it was when you arrived," he said of Sanibel Sea School.

Born and raised outside of Baltimore, Maryland, Lucas has a bachelor of science in biology from Salisbury University. A runner and marine science enthusiast, she has worked as a naturalist and environmental educator along the Maryland and Virginia coasts. Lucas is excited to discover and explore Southwest Florida with students.

"I am also very excited to get more involved in planning and leading community conservation projects," she said. ☆

Customer Appreciation Day



From left, Willy Ocasio, Cathy Chern, Jeannie Vaughn, Heather Harrison, Szilvia Wiebe, Rob Lisenbee and Vicky Bowers of Bank of the Islands photo provided

As Thanksgiving approaches, Bank of the Islands is giving thanks for their customers and island neighbors. On Monday, November 20, all visitors to the bank's Sanibel and Captiva offices will receive a gift for their Thanksgiving celebration.

"This is just a small way we can show how grateful we are to be your island bank," said Bank of the Islands Assistant Vice President and Sanibel/Captiva Office Manager Willy Ocasio. "It's also an important time to remember those less fortunate, so we hope you will bring a contribution to our canned food drive."

Donations to the Bank of the Islands canned food drive will be delivered to

FISH of SanCap. Non-perishable food donations are needed for the FISH Food Pantry.

"FISH provides much appreciated support and services for our neediest neighbors," said Ocasio. "While we accept lobby donations for FISH all year long, it's our honor to spearhead this community drive to offer extra help as we enter the holiday season."

As always, there will be freshly baked cookies and coffee at the bank on November 20 between 9 a.m. and 4 p.m. All islanders are invited to stop by.

To learn more about the work of FISH of SanCap and how you can help, visit www.fishofsanap.org or call 472-0404. ☆

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Meditation Class

A New Moon Meditation Class will be offered on Saturday, November 18 beginning at 5 p.m. at Alison Hagerup Beach Park on Captiva.

Enjoy a guided meditation on the beach as the sun sets and the moon rises. The suggested donation is \$10 to \$15, with all proceeds going to benefit

the Sanibel-Captiva Conservation Foundation's sea turtle research program. Bring a towel or blanket to sit on.

Participants will meet at Alison Hagerup Beach Park, located at 14790 Captiva Drive. This beach is labeled "South Beach" or Location #30 on South Seas Island Resort maps.

For more information, visit www.ambuyoga.com or call 314-9642. ☆

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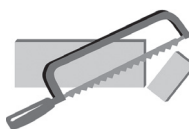
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Trunk Show By Award-Winning Jewelry Designer

Congress Jewelers will hold a trunk show on Saturday, November 18 from 10 a.m. to 6 p.m. featuring jewelry from the Lika Behar Collection. The handmade line of jewelry, featuring 24 and 22 karat gold, will be showcased in the Periwinkle Place store on Sanibel. “Her jewelry is a perfect representation of the lines that we carry in our store; superb quality, sophisticated and perfect for the lifestyle of our clients,” said Melissa Congress.

Behar creates unique and intimate works of wearable art inspired by ancient civilizations and the Mediterranean. Her hand wrought individual designs reflect ancient history as well as the modern feminine spirit. She works with gold, oxidized sterling silver, diamonds, emeralds rubies and sapphires and a myriad of beautiful gemstones of extraordinary color. Her latest collection showcases lively hues and striking color combinations graced with the warmth of pure gold along with contrasts of silver and blackened silver, and the shimmer of diamonds.

“Not every jewelry designer holds advanced degrees in economics and political science, speaks four languages, and will cut a rug at the drop of a hat. But that’s Lika Behar for you: Multi talented, sharp as a tack, and always on the cutting edge of fashion. While the Istanbul-born



Lika Behar’s cuff won the 2017 Centurion design award photo provided

designer was raised by a family in the jewelry business, she took a couple of detours – working for a major bank and later as a children’s wear designer – before launching her eponymous jewelry collection in 2008,” said Blake Shelton, editor and chief of *InDesign* magazine in a recent interview with Behar.

Behar jewelry can be worn every day whether you’re at the gym or a business meeting or out on the town with friends. Her most recent work was inspired by Francisco Goya, Antoni Gaudi and other classic artists after a trip to Spain. She was struck by the cubism, color and geometric shapes of Joan Miro’s work. With the versatility of her designs combined with her attention to detail, it is no surprise that she has won many coveted awards. Most recently, she won the prestigious 2017 Centurion design award, where she placed first in the mixed metal category, one of the highest honors in the jewelry industry.

For information, contact Congress Jewelers at 472-4177.*

Refuge Welcomes New Education Intern

Education intern Olivia Rose recently arrived to help the JN “Ding” Darling National Wildlife Refuge on Sanibel with staffing shortages this season, thanks to funding from the “Ding” Darling Wildlife Society.

Rose graduated from Michigan State University in December 2016 with a bachelor’s degree in social relations and policy and a minor in science, technology, the environment and public policy. The Hastings, Michigan native wrapped up a 10-month service term with Huron Pines AmeriCorps in Michigan before arriving to Sanibel. She served with the Northeast Michigan Great Lakes Stewardship Initiative as education coordinator, focused on protecting the Great Lakes watershed through hands-on, place-based stewardship education efforts.

At “Ding” Darling, she will be helping Sara Hallas, refuge environmental educator, with program development and delivery to local students and visitors through May 2018.

“I was told that we just had snow in Michigan,” said Rose. “I feel incredibly lucky to have the opportunity to live in such a warm and beautiful place and share my love for the outdoors with youth and others.”

DDWS provides living stipends and other benefits for about a dozen interns each year. The refuge supports interns and



Olivia Rose photo provided

resident volunteers with free housing. “Our interns bring youthful energy, enthusiasm, and creativity to the refuge team,” said Supervisory Refuge Ranger Toni Westland. “At the same time, the program gives students and recent graduates an opportunity to learn hands-on about the environment and refuge operations.”

For more information about the refuge internship programs, contact Westland at 472-1100 ext. 237. To learn about supporting the refuge intern program, contact Sarah Lathrop, DDWS associate director, at 472-1100 ext. 4.*

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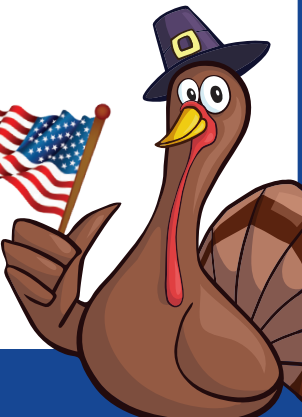
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Will Power

World’s Oldest Man



by Craig R. Hersch, Florida Bar Board Certified Wills, Trusts & Estates Attorney; CPA

On August 11, 2017, the world’s oldest man passed away, just a month short of his 114th birthday – making him one of the 10 longest-lived men since modern record keeping began. If you knew nothing else about him than this fact, you would be justified in believing that he had led a peaceful life, spared of fear, grief and danger.

How else could such a man live so long?

The actual truth, however, is enlightening. The man in question was Yisrael Kristal, a Holocaust survivor. Born in 1903 Poland, he survived four years in the Lodz ghetto, and was then transported to Auschwitz. His two children died in the ghetto. In Auschwitz, his wife was killed. When Auschwitz was liberated, he was a walking skeleton, weighing a mere 82 pounds. He was the only member of his family to survive.

Raised a religious Jew, he kept the faith his entire life. When the war concluded and after his entire life was destroyed, he married again, this time to another Holocaust survivor. They had children. They moved to Israel, making “aliyah” it is called, which means “the act of going up,” which Jews say they accomplish when they move from diaspora lands to Israel.

In Haifa, he began again in the confectionary business as he had done in Poland before the war. He made chocolate and sweets, but he was also an innovator. If you have ever had an Israeli orange peel covered in chocolate or liqueur chocolates shaped like little bottles covered with silver foil, you enjoyed one of the products he originated.

Those who knew him said he was a man with no bitterness in his soul. He wanted people to taste sweetness.

In 2016, at the age of 113, he celebrated his bar mitzvah, 100 years past the time when most young men (boys) accomplish the feat. When he was only 13, having a bar mitzvah couldn’t occur since his mother was dead and his father was fighting in the First World War.

So during his bar mitzvah service, he gathered his children, grandchildren and great-grandchildren under his tallit (prayer shawl) and said, “Here’s one person, and look how many people he brought to life. As we’re all standing here under my tallit, I’m thinking of six million people. Imagine the world they would have built.”

His life stands to remind all of us that no matter our age or lot in life, there is always good that we can accomplish. Yisrael Kristal died in the week that in synagogues around the world the portion of the *Torah* (otherwise known as the *Old Testament – the Five Books of Moses*) that is read relates to God’s commandment in Deuteronomy to wear tefillin (parchment scrolls in leather boxes bound on the hands and arms during prayer) and to teach *Torah* to your children “so that you and your children may live long in the land that the Lord swore to your ancestors.”

How fitting was that portion for this man’s life event?

Whether or not you’re are Jewish or even religious, I hope that this world’s oldest man’s life story gives you hope for our future and for your personal future.

If you’ve ever spoken to a Holocaust survivor, you probably found, as I did, that many are amongst the strongest, life-affirming people that you’ll ever meet. Victor

Frankl, a Jewish psychologist who survived Auschwitz and wrote *Man’s Search for Meaning*, is another whose work became an affirmation of all things good in life after enduring what can only be described as a living hell.

Too often, I listen to retirees lament that their life’s work is complete and that they no longer have much to contribute to society. While it’s true that our society tends to accentuate the young, men such as Yisrael Kristal show us that living so deep into old age that there are none other like you offer opportunities to affirm life and to make a difference.

Once you run out of goals, you no longer have a future.

Don’t give up on your goals, no matter what they are or what your age might be.

I hope that you and yours enjoy a Happy Thanksgiving.

©2017 Craig R. Hersch. Learn more at www.sbslaw.com.✴

Kiwanis Club Supports Symphony Youth Programs

The local Kiwanis Club has provided support for many types of youth activities over the years, including college scholarships, educational programs, sports and recreation. Not so well known is the support the club provides to youth arts and music activities, including those of the Southwest Florida Symphony. Recently, Kiwanis presented its annual grant to the symphony to help underwrite its extensive school outreach programs.

The Southwest Florida Symphony is Lee County’s only professional orchestra and one of the oldest symphony orchestras on Florida’s Gulf Coast. Organized in 1961, it has grown to include a roster of 65 world-class musicians.

A major part of the symphony’s mission is to bring an understanding and appreciation of classical music to area youth. The symphony’s youth programs include providing free presentations by professional musicians for fifth grade students in local schools during the academic year and a free Young People’s concert at Barbara B. Mann Performing Arts Hall each May.

Kiwanis President Jason Smith said, “Our club is happy to be able to help the symphony bring such quality music education programs to area young people. For many of these kids, it’s the first exposure they have had to classical music, and we think it provides an important balance to their development.”✴



Tom Uhler, board president of the Southwest Florida Symphony and a long-time Kiwanis member, accepts a grant from the Sanibel-Captiva Kiwanis Club in support of the orchestra’s youth education programs. Presenting the check is Alan Marcus, Kiwanis co-chair for youth services.

photo provided

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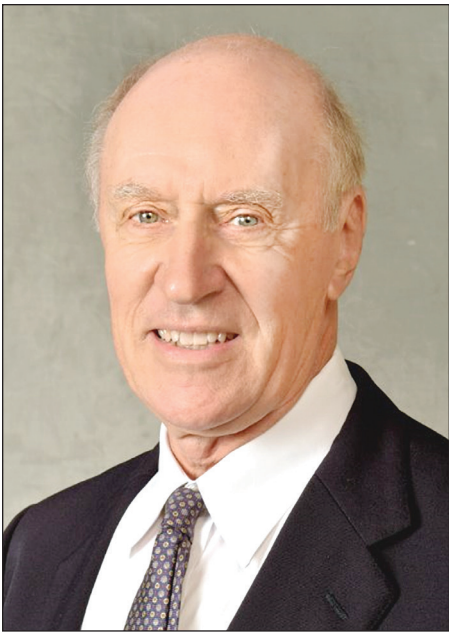
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Vice Mayor Reappointed To Committee

Sanibel Vice Mayor Mick Denham has been re-appointed to serve on the “Ding” Darling Wildlife Society (DDWS) Advocacy Committee, which is the nonprofit friends group that supports the refuge. This committee reinforces a commitment to address issues, such as water quality, that threaten the long-term health and viability of the JN “Ding” Darling National Wildlife Refuge.

“The partnership between “Ding” Darling and the City of Sanibel has helped move forward our island’s important water quality objectives,” said Denham. “I appreciate the opportunity to continue to serve on this committee.”

Denham was elected to the Sanibel City Council in March 2005. He has since been re-elected in 2009, 2013 and 2017. He was appointed by his peers as mayor from 2007 to 2010 and as vice mayor from 2005 to 2007, 2010 to 2013, and 2015 to present. Currently, he is council’s liaison to BIG ARTS, the Southwest Florida Regional Planning Council (RPC) and member for the Metropolitan Planning Organization



Mick Denham photo provided (MPO).

Additionally, Denham was appointed to serve on the Florida League of Cities (FLC) Energy, Environmental and Natural Resources Legislative Policy Committee, the FLC Nominating and Resolutions Committees, and serves as Sanibel’s voting delegate for the Florida League of Cities.*

New Lions Club Member Inducted

The Sanibel Captiva Lions Club seeks civic-minded men and women to join them in making a difference in the community. During the November 1 dinner meeting, Jack Campbell was inducted into the club by President Tom Nachazel.

“Our club gives members an opportunity to advance worthy causes, serve with friends and become leaders in the community,” said Nachazel. “This club means a lot to our Lions, but it means so much more to the people we serve.”

Campbell was sponsored by Nachazel. Campbell is a veteran of the United States Navy and the retired president/CEO of a third party administrative insurance company that provided services to corporations and nonprofits through the umbrella of the Gallagher Bassett Insurance Service. Campbell and his wife, Geri, are full time Sanibel residents. They have four children and nine grandchildren.

“I look forward to being a part of what Lions do in the community and let others know how they can help,” Campbell said.

The Sanibel Captiva Lions continue to collect used eyeglasses as part of Recycle for Sight, with donation boxes around the islands. To donate used glasses, including reading glasses, place them in the specially marked Lions Recycle for Sight collection boxes located at the following businesses:

Sanibel – Ace Hardware, Bank of the Islands, Bailey’s General Store, Island



Jack Campbell photo provided

Pharmacy, Joey’s Custard, Sanibel Captiva Community Bank (on Library Way and Periwinkle Way), Sanibel Community Church, Sanibel Public Library, Sanibel Eyecare, Santiva General Store and Sanibel Senior Center (Center 4 Life).

Captiva – Captiva Memorial Library and Bank of the Islands.

For more information on the club, visit www.sanibelcaptivalions.org or go on Facebook at SanCapLions. The club meets on first and third Wednesdays at The Community House, located at 2173 Periwinkle Way.*

Our email address is press@islandsunnews.com



We are so grateful to have you as customers and neighbors.

As our way of giving thanks, we invite you to stop by Bank of the Islands on Monday, November 20 to receive a gift for your Thanksgiving celebration.

Please consider bringing non-perishable food items to contribute to our ongoing lobby collection for the F.I.S.H. of SANCAP food pantry.

To learn more about F.I.S.H. of SANCAP and the other ways you can help them help our neighbors in need, please visit www.fishofsancap.org

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Rotary Happenings

submitted by Shirley Jewell

Just below the surface of our global society lies a sinister network of human traffickers, people who prey on the most vulnerable for profit. According to government authorities, "Human trafficking, also known as trafficking in persons or modern-day slavery, is a crime that involves compelling or coercing a person to provide labor or services, or to engage in commercial sex acts. The coercion can be subtle or overt, physical or psychological, and may involve the use of violence, threats, lies or debt bondage. Exploitation of a minor for commercial sex is human trafficking, regardless of whether any form of force, fraud or coercion was used. Human trafficking does not require travel or transportation of the victim across local, state or international borders." Human trafficking is at a critical level in Florida. Florida ranks third in cases of human trafficking crimes in our nation.

Our guest speaker recently was Nola Theiss, founder and executive director of Human Trafficking Awareness Partnerships in Fort Myers, former Sanibel resident, city council member and mayor of Sanibel. She has been



Nola Theiss

photo provided

involved in bringing awareness of this type of crime to the public for the last 11 years with help from her partnering connections with police agencies, social services, nonprofit organizations, educators, service clubs and government officials. The Human Trafficking Awareness Partnerships (HTAP) is the outgrowth of a Zonta Club of Sanibel-Captiva project with HTAP co-founder Karen Pati, who now serves as the president of the HTAP Board of Directors.

Sanibel-Captiva Rotary helped with financial support for HTAP, and by getting started with organizing the first

task force with partnering agencies and police. This support continues today through their premier outreach program, Artreach, to youth throughout Southwest Florida.

Theiss speaks to a number of organizations and businesses trying to shed light on what the warning signs are of someone trying to manipulate a person. She was recently invited into schools to educate students on the techniques predators use in recruiting the young and vulnerable. We have all heard of computers being used by predators for recruiting young victims. This doesn't only happen online. It can happen in person. Theiss gave these statistics: 11 percent of young human trafficking victims are kidnapped, 30 percent are trafficked by family or friends, and drugs can play a role in coercing a person into prostitution. Child trafficking victims come from many backgrounds and include both boys and girls across a wide range of ages from different races and religions.

Watch out for someone older telling you are mature for your age, he probably wants something you're not old enough to give him. If you look like you need help, directions, a ride or money, traffickers know that is the best time to approach you.

Not only children but adults as well, some telltale signs of human trafficking victims are: lack of control, restricted contact with others, poor mental health, abnormal behavior, fearfulness,

anxiety, depression, submissiveness, tension or nervousness. Poor physical health shows sign of abuse, physical restraint, confinement or torture. Lack of basic knowledge, such as where they are living, or inconsistencies of his/her story are signs.

HTAP has found that their Artreach program is probably the most effective programming tool to reach young people in stressful situations. They present a program and get the kids to open up through discussion and creating art. They are encouraged to collaborate on art pieces that reflect their own experiences and express their feelings.

Theiss brought a new, just of the press art book filled with artwork produced by students participating in the Artreach program, which is financially supported by islanders Judith Brust, Ada Shissler and anonymous donors. Hopefully, you will get a chance to see this book yourself, because it illustrates the impact that these types of crimes can have on young people. If any of the programs presented by the HTAP saves only one victim from this type of horrendous crime, Theiss knows that their efforts have made a difference.

For more information, contact Theiss at 415-2635 or 877-395-1737.

*The Sanibel-Captiva Rotary Club meets Friday mornings at 7 a.m. at The Dunes Golf & Tennis Club. Guests are welcome.**

ISLAND SUN BUSINESS NEWSMAKERS



KC Cuscaden



The Burns Family Team

photos provided

Top Producers

The top producers at Premier Sotheby's International Realty for the month of October were: Kara "KC" Cuscaden, top producer associate; top listing and top producing team, The Burns Team.*

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The Dunes Golf Club
DMGA Results

Following are the results from the Dunes Men's Golf Association (DMGA) November 8 event as well as qualifiers for Interclub, which will be held at Gulf Harbour on Monday, November 20.

There are currently 11 men signed up for Interclub with one spot open. If you plan on participating, or you are signed up and cannot make it, please let the golf shop know.

- Flight 1**
1st Jim Sauer +9
2nd Peter Kaplan +7
3rd Brad Thompson +5
- Flight 2**
1st Joe Miller +7
2nd Larry Yenkele +6
3rd Tom Browning +5

Dunes Interclub Roster

The Gulf Harbour event will begin with a shotgun start at 8:30 a.m. on November 20

- Joe Mason
Brad Thompson
Louis Scariot
Mike Hnatow
Phil Pilibosian
Dave Blue
Skip Jewett
Jim Clapp
Doug Mallon
Bill Arons
David Murphy
Upcoming DMGA events include a 1 Better Ball of 2 (pick your own partner) on November 22 and Quote Points (Gateway GCMI Qualifier) on November 29.✱



Craig Woodard and Gene Blanc
photo provided

Hole-In-One

Craig Woodard aced the 6th hole at Sanibel Island Golf Club. He was playing with Gene Blanc. It was Woodard's first hole in one.✱



From left, Chris Shaul, Craig Albert, John Nicholson and Eric Carlson with the check from Sanibel Captiva Community Bank
photo by Jeff Lysiak

Bank Donates To Youth Program

by Jeff Lysiak
Last week, representatives of Sanibel Captiva Community Bank made a \$500 donation to Blessings in a Backpack, a youth-based program which helps support needy local students.
On November 4, The Dunes Golf

& Tennis Club hosted a scramble tournament to help raise funds for Blessings in a Backpack, which provided items such as clothing, shoes and school supplies for 65 children enrolled at The Sanibel School.
"We want to thank everybody at The Dunes for their hospitality," said Craig Albert, president and CEO of Sanibel Captiva Community Bank. "At the tournament, we were able to raise \$1,180 for the Blessings in a Backpack program."✱

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7. Gulf Access Canal Home – Sanibel

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8. 3 BR/3.5 BA on West Gulf Drive - Sanibel

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9. Toucan House – Sanibel

- 3 BR/2 BA home with updated kitchen
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10. South Seas Beach Home – Captiva

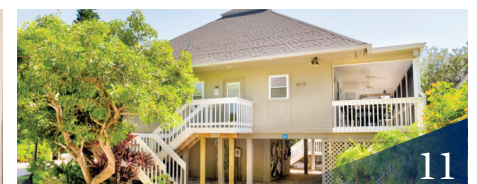
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Teammates Maryann Strickland and Terri Lamperez converge on a shot during pickleball action on the afternoon of November 3 at Sundial Beach Resort & Spa photos by Jeff Lysiak

Sundial Hosts Pickleball Classic

by Jeff Lysiak

From November 3 to 5, Sundial Beach Resort & Spa hosted the inaugural Sundial Pickleball Classic, played at the resort's 12 new state-of-the-art pickleball courts located

on West Gulf Drive. The three-day tournament featured men's doubles, women's doubles and mixed doubles action.

Winning teams included:

Men's Doubles 3.0 – Dan Delk and Matt Zilboorg (gold); Anthony Wilson and Michael Murray (silver); Scott Frey and Tom Moore (bronze)

Men's Doubles 3.5 – Rodolfo Reyes and Kenneth Garber (gold); Ron Olesiak



Lucy Clark hitting a game-winning shot and Dean Refakes (silver); Hobert Peach and Pedro Pastrana (bronze)

Men's Doubles 4.5 – Rick Collins and Bruce Fulkerson (gold); Ardie Klement and Bill Berrier (silver)

Women's Doubles 3.0 – Donna Vercutren and Carrie Sykes (gold); Jean Baer and Betsy Ventura (silver); Debbie Spears and Fran Johnson (bronze)

Women's Doubles 3.5 – Mary Ann Strickland and Terri Lamperez (gold); Carrie Palmer and Helen Burgess (silver); Barb Reis and Kathy Vollmer



Carrie Palmer returning a volley as teammate Helen Burgess looks on (bronze)

Mixed Doubles 3.0 – Lorren Becker and Michael Macri (gold); Fran Johnson and Michael Czorny (silver); Myrna Speas and Matt Zilboorg (bronze)

Mixed Doubles 3.5 – Rebecca Ritzy and Rodolfo Reyes (gold); Pedro Pastrana and Dawn Kinghorn (silver); Toni Peden and James Peden (bronze)

Mixed Doubles 4.0 – Mike Welter and Darlene Craig (gold); Henry Halat and Cynthia Loffel (silver); Rick Collins and Sally Collins (bronze).*

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Island Seniors At Center 4 Life

Meet your friends and make some new ones at the Center 4 Life. Browse through the following activities, then stop by to sign up.

The Center 4 Life will be closed Thursday, November 24 and Friday, November 25 in observance of the Thanksgiving holiday. Normal operating hours resume Monday, November 27.

Page Turners with Louise Fitzgerald and Ann Hartman – If you are not on the Page Turners list and wish to be, email oceann@comcast.net or contact the center. The next book discussion will be held on Wednesday, December 13 at 2:30 p.m. The featured book is *The Gentleman from Moscow* by Amor Towles.

Island Seniors, Inc. Annual Members Meeting - Friday, December 8 at 11:30 a.m. All Center 4 Life members are invited and encouraged to attend. You will learn about the center's many activities throughout the year, the financial standing, and the center's representatives will provide an update regarding the Center 4 Life building. The meeting will be held at the Sanibel Recreation Center, located at 3880 Sanibel-Captiva Road. Sign up in advance.

Walking Guided Tour of ECHO and Lunch at Farmers Market Restaurant – Tuesday, December 12. Cost is \$12 for members and \$17 for non-members. ECHO's Global Farm Tour is a fascinating guided, walking

tour of this creative working farm. Along the way, you will find unique demonstrations, plants and techniques useful to farmers and urban gardeners in developing countries. Experience the seven settings of the Global Farm which feature crops, techniques and animals from around the world. Goats, chickens, ducks, fish and rabbits are all found on the farm.

ECHO is home to one of the largest collections of tropical food plants in the United States. There will be demonstrations in the Urban Garden, a perennial favorite, which features some wacky, yet effective ways to grow crops where there is little or no soil.

Lunch is on your own at Farmers Market Restaurant in downtown Fort Myers. Advanced registration is required. Carpool arrangements will be made for transportation.

Games
Cost for all games is \$2.50 for members and \$5 for non-members. Prizes will be awarded.

Bridge – Monday and Wednesday. Registration begins at noon; the game begins at 12:30 p.m.

Mahjongg – Monday and Thursday at 12:30 p.m.

New: Rummikub – Tuesday at 1 p.m.

Hand & Foot – Thursday at 12:30 p.m.

New: Canasta – Thursday at 12:30 p.m.

Hearts – Friday at 12:30 p.m.

Kayaking on Tuesdays – November 21 and 28 at 8:30 a.m. (weather permitting). There is space for

continued on page 22B



The Sanibel Captiva Trust Company Team gathers for the first program of the season. From left: Ian Breusch, CIO; Dick Pyle, president; Robin Cook, wealth services; speaker David Port, JD, Fiduciary Services; Steve Greenstein, wealth services; and Frances Steger, client services. photos provided

Trust Company Opens Season Programs

The Sanibel Captiva Trust Company launched its first program of the season last week with an important topic on why to incorporate a corporate trustee into your estate plan. Over 60 guests attended the program at The Sanctuary Golf Club and were welcomed by Al Hanser, founder and chairman of The Sanibel Captiva Trust Company.

Hanser commented on the growth of the firm. Starting from simple beginnings and now with \$1.7 billion in assets under management, they have incorporated several key employees necessary to continue the high level of sophistication presented by their seasoned and valued clientele.

"One of those individuals is David Port, our in-house attorney who reviews our clients' trusts and estate plans to assure the documents are executed

according to their wishes and to the benefit of their heirs," said Hanser.

David F. Port, JD, presented on The Gift of Confidence – Why to Consider a Corporate Trustee. Port spoke primarily on both corporate trustees and corporate co-trustees, who work in tandem usually with a family member. Port highlighted what constitutes a trust agreement, the duties and responsibilities of a trustee and perhaps, most importantly, how to choose a trustee.

"Selecting a trustee of your estate is not considered an honor, but a responsibility," he said. "It's almost a full time job and requires that individual to be knowledgeable about trust administration, accounting, taxes, filing and beneficiary reporting matters. That individual also needs to have personal knowledge about family situations and be able to display a strong demeanor when making decisions about the distribution of the funds from the trust, while remaining objective and impartial."

Port emphasizes that this responsibility is no easy task and that the role requires a commitment for at least

one full generation.

Wealth Services Advisors Robin L. Cook and Steve Greenstein both shared stories of their past work with families who could have avoided severe complications and court cases had they selected a corporate trustee to represent the estate. Cook said, "The trust company takes a proactive role with the client to minimize stress and surprises related to the estate administration."

People who make plans for a

corporate trustee or co-trustee in their estate plan can save their estate and their heirs both money and frustration, leaving behind the benefits and protections intended for their loved ones, charities and community organizations they cared for in life. Members of the trust company recommend that you visit with your attorney or trust advisor to complete this vital step to a successful estate plan. Visit www.sancaptrustco.com for more information.✪

Sanibel Has New Business Broker

Richard Green, a Sanibel resident and business broker on the island, focuses his efforts on helping people who are looking to sell their current business or purchase a new one.

"I truly care about our island and its people, and my goal is to be the go-to business broker for all Sanibel and Captiva business owners," said Green. "When the time comes to consider selling their business, I'd like them to know that there is a specialist on the island that can help. Especially in a small community like ours, I understand the importance of confidentiality."

Green relocated to Sanibel a year ago with his wife Elise, who is a realtor on the island with McCallion & McCallion Real Estate. He is an active member of the Sanibel-Captiva Rotary Club and is an incoming board member



Richard Green photo provided at the Bailey-Matthews National Shell Museum.

For more information, visit www.BuisnessGuideFlorida.com.✪

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Al Hanser, right, founder and president of The Sanibel Captiva Trust Company, visits with guests before the program

For Top Women Golfers, Season Closes In Naples With Richest Tournament This Year



by Ed Frank

The 74 top women golfers in the world are playing here this weekend, competing in the \$2.5 million CME Group Tour Championship at the Tiburon Golf Club in Naples. After 32 official LPGA events across 15 countries and 14 states, the season closes this weekend with the \$1.5 million tour championship, the \$1 million Race to the CME Globe and the Rolex Player of the Year honor.

Interestingly, there have been 32 different winners this year from eight different countries.

The Race to the CME Globe is a season-long points competition in which LPGA members accumulate points in every official tournament. For the five top players going into this weekend's play – Lexi Thompson (5,000 points), Sung Hyun Park (4,750), Shanshan Feng (4,500), So Yeon Ryu (4,250) and Brooke Henderson (4,000) – one needs only to win the four-day CME Group Tour Championship to also pocket the \$1 million Globe.

However, the top 12 in the points race all have a mathematical chance to capture the Globe.

The Rolex Player of the Year that also will be awarded this weekend finds Ryu

holding a slim lead over Feng, Park and Thompson going into the final weekend of competition.

Obviously, Florida native Thompson will be the sentimental crowd favorite playing in her home state.

Tickets are available at the gate. Active and retired military members will be admitted free.

The first three days of the competition – Thursday, Friday and Saturday – will be televised on the Golf Channel and Sunday's final round will be televised live on ABC from 1 to 4 p.m.

Twins' Buxton Named Defensive Player Of The Year

Minnesota Twins center fielder Byron Buxton earned two elite honors last week, first being named the American League's top defensive player and then awarded the 2017 Wilson Defensive Player of the Year.

It is quite an honor for the 23-year-old speedster in just his third year in the big leagues and his first full season. He led all center fielders with 24 defensive runs saved along with being rated as baseball's fastest player by covering 30.2 feet per second on the base paths.

Everblades Continue Winning Hockey

The Florida Everblades began a long eight-game road trip this week with the best record in the entire 27-team East Coast Hockey League (ECHL).

With a season record of 10-2-0-1, the local hockey team has accumulated 21 points in the young season to lead its division and conference.

The Everblades begin the road trip tonight, Friday, at Jacksonville, followed by visits to Norfolk, Greenville and Atlanta.

The team does not return home to Germain Arena until December 8 when they face Jacksonville.✪

Alliance To Host Traveling Sports Exhibition

Baseball. Soccer. Hockey. Bowling. Kickball. Surfing. People around the country are drawn to compete in these sports and many others. Still more gather on the sidelines to cheer for their favorite athletes and teams. Nowhere do Americans more intimately connect to sports than in their hometowns. The Smithsonian's Museum on Main Street (MoMS) program will celebrate this connection in the new traveling exhibition Hometown Teams: Sports in American Communities. The exhibit will make its way to the Alliance for the Arts in the summer of 2018.

Hometown Teams will capture the stories that unfold on the neighborhood fields and courts, or involve underdog heroics, larger-than-life legends, fierce rivalries and gut-wrenching defeats. For well over 100 years, sports have reflected the trials and triumphs of the American experience and helped

shape the national character. Whether it's professional sports or those played on the collegiate or scholastic level, amateur sports or sports played by kids on the local playground, the plain fact is sports are everywhere in America.

This project gives communities an opportunity to share these stories, celebrate local legends and collect memorabilia from the community. With the support and guidance of Florida Humanities Council, the Lee County Black History Society will develop a complementary exhibit focusing on local sports icons, host humanities programs and facilitate educational initiatives about sports and ideals such as team work, fair play, leadership and respect.

This exhibit is made possible by a Florida Humanities Council Grant awarded to the Southwest Florida Historical Society. Project partners include the Smithsonian, the Alliance for the Arts and the Lee County Black History Museum.

Specific exhibit dates and details will be released in December 2017. If you are interested in sponsorship or in getting involved with the HomeTown Teams exhibit, call 464-9925.✪

Red Sox Raise \$29K For Local Scholarships

The Red Sox Foundation's recent online auction and Ultimate Red Sox Raffle raised \$29,195 to help fund scholarships for local high school students.

From October 30 through November 6, more than 30 unique items sold, ranging

from experiences including watching an inning of a 2018 Red Sox Spring Training Game in a suite with Boston Red Sox Hall of Famer Tim Wakefield to tickets and airfare to the 2018 CMA festival in Nashville.

All proceeds from both events went to support the Lee County Red Sox Foundation's scholarship fund. Each year, the Red Sox Foundation awards a \$5,000 college scholarship to one deserving student from each of the 13 public high schools in Lee County.✪

SPORTS QUIZ

1. Who holds the major-league record for most home runs by a rookie shortstop?
2. In a 2016 game, each member of the Cleveland Indians starting infield hit a home run. The last time the Indians did that was 1941. Name two of the four infielders who did it then.
3. In the history of the Rams franchise, three running backs gained 1,000 or more yards in their rookie season. Name two of them.
4. Which Big 12 Conference rival ended the Kansas men's basketball team's 51-game winning streak at Allen Fieldhouse in 2017?
5. The first round of the 2017 Stanley Cup playoffs set a record for most overtime games in NHL history. How many?
6. The U.S. set a record for overall medal count at a non-boycotted Olympics with 121 at the 2016 Summer Olympics. At what Olympics did the U.S. set its previous best?
7. Who was the last men's golfer to win back-to-back U.S. Opens?

ANSWERS

1. Boston's Nomar Garciaparra, with 30 in 1997. 2. Hal Trosky, Ray Mack, Lou Boudreau and Ken Keltner. 3. Eric Dickerson (1983), Jerome Bettis (1993) and Todd Gurley (2015). 4. Iowa State. 5. Eighteen overtime games. 6. The U.S. won 110 medals in the 2008 Summer Olympics in Beijing. 7. Curtis Strange, in 1988-89.

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Sanibel Bike Club Holds Fall Picnic



Sanibel Bike Club President Mary Miller welcomes members photos provided



Club members setting up the picnic



From left, Phil Olsson, Diane Olsson, Merle Kjonaas, Eileen Kjonaas, Nancy Sebree and Tom Sharbaugh



Cyclists at lunch, from left, David Beal, Jean Lowe, Mary Miller, Lowell Lillge, Sue Lillge and Barry Lifofsky.

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Beautifulife:

Give Thanks



by Kay Casperson

I love this time of year when we all reflect on the things we are thankful for. Our lists can be long, including our families, friends, animals, businesses, health and happiness, just

to name a few.

Though it's meant to be a time of celebration, reflection and togetherness, Thanksgiving and the holiday season can also be stressful and overwhelming. Our lives and schedules get busier and more crowded, and it can be challenging to make the right choices and stay focused on the things that really matter – like all of the people, places and things we're so grateful for.

I encourage you to take the time this week to notice all that surrounds you and the things that you are blessed with and to focus on being grateful for all you have. Remembering that even the littlest things can turn out to be the biggest blessings in our lives.

Here are some affirmations I'll be holding close to my heart this Thanksgiving holiday:

I will give thanks every day for my blessings. Thanksgiving comes only once a year, but I will take time

every single day to be grateful and gracious, and to give thanks for all of the beautiful blessings in my life. I will let family and friends know they are appreciated, and I will treasure every moment and memory I create with them;

Happiness and peace surround my life. When the world around me becomes too busy or burdensome, I will take a moment to just breathe. I will reclaim my happiness and my inner peace by focusing on all that is good in my life;

I will dream big and shine brightly. I am beautiful, I am brave and I am in control of my destiny. Nothing is impossible when I follow my dreams and listen to my heart. My future will be fabulous and fruitful because I am the author of my own story.

Remember that you create the quality of your life and know that when you put your energy into leading a balanced and beautiful life, you will inspire others to do the same.

I wish you and your families a beautiful, blessed and happy Thanksgiving! XO Kay

*Kay Casperson is a beauty and lifestyle expert, founder and CEO of Beautifulife by Kay Casperson. She owns resort spas on Sanibel and Captiva Islands and in Disney. Casperson has lived on Sanibel and Captiva Islands for many years with her husband and two daughters and enjoys her beautifulife everyday. For more information, visit www.kaycasperson.com or follow her on social media @kaycasperson.**

Doctor and Dietician Migraines



by Ross Hauser, MD
and Marion Hauser, MS, RD

Experiencing a migraine headache, or watching a loved one suffer from a migraine attack, can be excruciating and leave you feeling helpless. But there are potential solutions that do not involve pain medication or surgery.

A type of headache called cervicogenic headaches are often misdiagnosed as migraines. They are caused from a problem with the soft tissue structures in the neck and can be provoked by neck movement and reduced range of motion in the cervical spine. The pain may start in the neck and spread to the head. These headaches are frequently linked to neck trauma such as whiplash, or forward head posture such as that occurs with prolonged computer usage.

Forward head posture weakens the ligaments that support the neck

structures. For every inch of forward head posture, the force increases by an additional 10 to 12 pounds. Thus, a 12-pound head that sits forward three inches can create around 42 pounds of force, slowly overstretching the neck ligaments. When these ligaments are damaged, the muscles try to stabilize the head, but then scream for relief in the form of a crushing headache. Upon palpation along the base of the head and neck, tenderness or pain indicates weakness at the ligament attachments, the pain sensors of the body.

Of the 38 million people in the U.S. who suffer from migraine headaches, three quarters are women, so it's not surprising that hormonal imbalances may also be a factor. Low progesterone levels are the common culprit. If the migraine occurs at a particular part of a woman's menstrual cycle, a hormonal abnormality is likely, and natural hormone supplementation can help.

Traditional medications often provide only temporary relief. For long-term success against headaches and migraines, prolotherapy to the cervical ligament attachments combined with hormonal supplementation, when necessary, can treat these dreaded migraines at the source of the problem.

*This information is not intended to treat, cure or diagnose your condition. Caring Medical Regenerative Medicine Clinics has two locations: one in Oak Park, Illinois, and one in Fort Myers. It was established in 1991 by Ross Hauser, MD, and Marion Hauser, MS, RD. They can be reached at info@caringmedical.com.**

Life Insurance

Disability Carve-Out



J. Brendan Ryan,
CLU, ChFC, MSFS

Ed and Harry were on a short road trip to a customer's plant a few hours away. Ed was an executive of a manufacturing firm and Harry was one of his sales managers. They

were both well paid. Ed made \$360,000 plus his bonuses and Harry made \$120,000 plus bonuses.

Along the interstate, a truck in front of them lost a huge tire and slammed their passenger car. Both survived, but both had severe injuries that will likely render them crippled and totally unable to work ever again.

Fortunately, their employer had heeded the advice of their insurance agent and had obtained group long-term disability insurance (LTD) for the employees. So, after sick pay and short-term disability coverage paid out for six months, the long-term policy began to pay its monthly benefit. Each started to get a check each month, for as long as to age 65, for \$6,000 per month.

In this case, the formula called for a payment of 60 percent of base salary, not

including bonuses. Since the employer pays the whole premium and does not charge the employees for it, the full benefit will be taxable as ordinary income.

But why does each of these two employees get the same benefit? After all, Ed's salary was three times that of Harry's, so he should be getting a monthly benefit of \$18,000.

Many people do not know this, but most employers choose to limit the amount of benefit payable under their LTD policy. This keeps the premiums down.

In this case, the policy has a cap of \$6,000 of monthly benefit. Another way to say this is that only the first \$10,000 in monthly salary is recognized for the LTD benefit.

For Harry, that should be palatable. But poor Ed was making \$30,000 per month, so he should be getting \$18,000 in monthly benefit. But he is getting only \$6,000 per month in LTD benefits, or 20 percent of salary, not 60 percent. That will be hard for Ed and his family to deal with.

How could this dire crunch have been avoided? If Ed could qualify medically, the employer could have provided a supplemental, individual income-replacement policy that would have paid in addition to the LTD. The employer can pick and choose which employees to grace with this benefit. And the premium would be tax-deductible for the employer and not taxable to the employee. But any benefits received by the employee would then be taxable to the employee.

Alternatively, Ed could have bought an individual policy for himself with his own after-tax dollars. If he did this, any benefits

received would be tax-free.

Such individual policies are superior to the typical LTD policy in many ways:

It can cover partial and residual disabilities.

It can provide a cost-of-living benefit that increases the monthly benefit after disability occurs.

Depending on age and future income and before disability occurs, benefits can be guaranteed to increase to keep pace with rising salary.

The premium will be fixed regardless of

any future worsening of health.

The policy can continue for Ed regardless of future changes in employers. It can go with him from job to job.

The plan can be figured on all earned income, including bonuses, not just base salary.

There will be no offset due to other benefits payable, such as Social Security or Worker's Compensation.

*J. Brendan Ryan is a Cincinnati insurance agent. He can be reached at jbryanclu@aol.com.**

From page 18B

Center 4 Life

16 people on eight two-person kayaks and limited space for those who own their own kayaks. Island Seniors will provide kayaks, paddles and life jackets. Bring water, a snack, sun lotion, bug spray, sunglasses, towel, hat and change of clothing. Cost is \$5 for members and \$10 for non-members. Advance registration is required.

Fitness Classes

Members cost is \$4 per class, visitors \$7 per class. Annual membership is \$20. Sanibel Recreation Center members must show their membership card to attend.

Happy Hour Fitness – Monday, Wednesday and Friday at 8 a.m. Keep your brain fit and your heart, lungs and muscles strong with a combination of aerobics and muscle conditioning exercises. Hand weights, stretch cords and body weight are used. Athletic footwear required. Connie DeCicco is the instructor.

Essential Total Fitness – Monday, Wednesday and Friday at 9:30 and 11 a.m. Cardio, muscle strengthening and flexibility training with hand weights, stretch cords, chairs and stability balls. Athletic footwear is required. Mahnaz Bassiri is the instructor.

Power Hour Fitness – Tuesday and Thursday at 8 a.m. Hand weights, stretch cords, stability balls and mats are used. Improve core strength and balance. Athletic footwear required. Mahnaz Bassiri is the instructor.

Gentle Yoga – Tuesday and Thursday at 9:30 a.m. Stretch, tone and strengthen while improving flexibility, proper alignment and circulation. Bring a towel. Kim Kouril is the instructor.

Chair Yoga – Tuesday and Thursday at 11 a.m. Similar to gentle yoga but all poses are done in a chair. Kim Kouril is the instructor.

For more information, call 472-5743 or stop by the Center 4 Life, located at 2401 Library Way on Sanibel.*

dearPharmacist

Secret Nutrient That Helps Graves' Disease



by Suzy Cohen, RPh

Dear Readers: Graves' disease leads to high levels of thyroid hormone, termed "hyperthyroidism," which is the opposite of hypothyroidism, a condition that I usually write about.

Graves' disease takes its name after the doctor who described it for the first time in 1835, Dr. Robert J. Graves. and it affects 10 million people worldwide.

It causes your immune system to produce antibodies that stimulate the thyroid gland to make more thyroid hormone than you need. Doctors then seek to surgically cut out or burn (radiate) your thyroid gland to stop the outpouring of thyroid hormone. After that, you will take thyroid medicine at standard doses.

Emerging research shows that deficiency of vitamin D is associated with this condition. It's exciting. In a study published in *Endocrine Journal* (2012), scientists examined vitamin D levels in 26 women who had Graves' disease. This data was compared with vitamin D levels in 46 healthy (non-afflicted) women meaning they had normal thyroid function and no signs of Graves' disease. The vitamin D levels in women with Graves' disease were considerably lower than the healthy participants.

There was another research study and the levels of vitamin D in 208 Graves' disease patients were assessed. They noticed that women were way more vitamin D deficient than men (38 to 17 percent). It's an interesting gender difference to keep in mind.

There's also an interesting seasonal variation in vitamin D levels. As you would expect, the "sunshine" vitamin D levels were higher in summertime and relatively lower during winter.

If low levels of vitamin D contribute, cause or exacerbate Graves' disease, could improving your vitamin D levels regulate thyroid metabolism?

In 2014, researchers published a case study in the *Clinical Medicine Insight* about a woman in her 40s whose symptoms improved after vitamin D

supplementation. She had complained of heart palpitations for the prior three months and finally came in to see her doctor.

Her physical exam revealed an enlarged thyroid gland consistent with Graves' disease. Lab tests checking for antibodies confirmed that she had Graves' disease. Additionally, she had lower than optimal vitamin D levels. The patient was given a vitamin D supplement and as you might expect, improvement was confirmed though lab testing.

It's not that we have thousands of people from a large-scale test, but in my humble opinion, we have enough data here to make the case that D can support healthy antibody levels not only in Hashimoto's, but also Graves' disease. Why? Because we know that vitamin D is an immune-modulator. We know that it supports Th1 and Th2 immune functioning. As a perk, it could improve mood in people who feel gloomy and tearful during the cold months.

Ask your doctor if it's right for you even though it's over-the-counter. Keep in mind that too much vitamin D could jack up levels of magnesium and calcium and adversely affect your heart rhythm. Don't overdo it, and write me if you note improvement. I'd love to hear from you.

This information is not intended to treat, cure or diagnose your condition. Suzy Cohen is the author of The 24-Hour Pharmacist and is a registered pharmacist. To contact her, visit www.SuzyCohen.com.✱

Scholarship Applications Now Available

The Boston Red Sox Foundation, in partnership with the Foundation for Lee County Public Schools, will once again be awarding \$5,000 scholarships in the spring of 2018 to one deserving senior from each of the 13 public high schools in Lee County.

The scholarship is for academically talented students who are pursuing a two- or four-year degree at any college or university and have shown a commitment to community service are.

To apply, contact Courtney Wood at courtney@leeschoolfoundation.org, 337-0433 or online at www.leeschoolfoundation.org/programs/student-programs/wp-takestock/. Applications are due by Monday, December 18.

Scholarship funds are raised annually from proceeds of the Red Sox annual Swings for the Sox Golf Tournament.

"Unfortunately we had to cancel this year's tournament due to Hurricane Irma, but the Red Sox Foundation still committed to providing the funds for these scholarships," said Katie Haas, vice president of Florida business operations for the Boston Red Sox. "Education is an important area of focus for our foundation and we are excited to once again provide scholarships to our promising students who will be this community's next leaders."✱

Got A Problem? Dr. Connie Is In



by Constance Clancy-Fisher

Q: I am working on self-improvement, and I would like to know how can you get to know yourself better?

A: We are born into this world as pure love and light.

From our very first breath, we are in the state of being our natural selves. It is through conditioning and programming from others that we learn in order to be accepted and whole; we have to be and act a certain way.

This is the beginning of not knowing who we are as we cover our true core selves up with putting on our masks and perceiving what others want us to be.

How to know yourself better comes when we can let go of the persona and remove the mask we have put on since early learning. Otherwise, we are at a much greater risk of being disconnected from ourselves. Knowing yourself better is letting go of all the defenses we have put up for protection of our true self, yet so often we are fearful of doing just that. We take on other stuff including judgments, criticisms, stories, and we forget what lies underneath the mask, who we really are.

As a child, you were that true self, you were innocent and your real self emerged as you began to develop.

To know yourself better, it is important to return to that innocent child and let yourself come out and play. You were authentic, honest, loving, innocent and

true to who you really were at your core. You believed in you. Take a pencil and write to that beautiful child within with your non-dominant hand and see what flows out of you. That is your true self that you want to know and be.

Become aware of your programming. Your programming before age 7 was not yours. It was someone else's. What were your thoughts before you were programmed to think like others? Learn to unlearn these old thoughts and beliefs and be who you came in this world to be, your true self, clear, whole, joyful and authentic.

If you repressed your true nature at the risk of wanting to "fit in," chances are he/she is still there, you just need to reclaim your true nature. This occurs by letting go of current belief systems that no longer serve you just to get the approval and acceptance of others. Who you are naturally is just fine. Once you can learn to accept the true you at your very core, you realize it doesn't really matter what others think, say or how they act toward you. You are the best that you can be on all levels if you believe you are.

This may take some working with a professional to peel back the onion, if you will, to get to the core of the true you, who you really are and like. This will help you shift into being in alignment with your true self, and you will begin to follow your bliss and be your own true self without the good opinion of others. Go ahead, start allowing your real self to shine through, as you have absolutely nothing to fear. It will be well worth it in the long run.

Constance Clancy-Fisher, EdD is a licensed mental health therapist, hypnotherapist, author and holistic stress management instructor. If you have a question, email Constance at constanceclancyfisher@gmail.com.✱

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Florida Highway Patrol	278-7100
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Chamber of Commerce	472-1080
City of Sanibel	472-4135
Administrative Office	472-3700
Building Department	472-4555
Planning Department	472-4136
Library - Sanibel	472-2483
Library - Captiva	239-533-4890
Post Office - Sanibel	472-1573
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Sanibel Community Association	472-2155
Center 4 Life - Senior Center	472-5743
ARTS	
Arcade Theater	332-4488
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Broadway Palm Dinner Theatre	278-4422
Fort Myers Symphonic Mastersingers	288-2535
Gulf Coast Symphony	472-6197
Lee County Alliance for the Arts	939-2787
Naples Philharmonic	597-1111
The Herb Strauss Schoolhouse Theater	472-6862
Sanibel Music Festival	336-7999
Sanibel-Captiva Art League	sancapart.com
SW Florida Symphony	418-0996
Symphonic Chorale of SW Florida	560-5695
CLUBS & ORGANIZATIONS	
ABWA - American Business Women's Assoc . . .	http://abwasanibelcaptiva.org
American Legion Post 123	472-9979
Angel Flight SE	1-877-4AN-ANGEL
Audubon Society	472-3744
CHR Community Housing & Resources	472-1189
Community Foundation of Sanibel-Captiva	274-5900
COTI Committee of the Islands	coti@coti.org
CROW - Clinic For The Rehabilitation of Wildlife	472-3644
Democratic Club of the Islands	Demclubislands@gmail.com
FISH OF SANCAP Neighbors Helping Neighbors	472-4775
FISH. OF SANCAP 24-hr service	472-0404
Sanibel Island Fishing Club	472-8994
Horticultural Society of the Islands	472-6940
Horticulture and Tea Society of Sanibel and Captiva	472-8334
Kiwanis Club	677-7299
League of Women Voters	sanibelLWV@gmail.com
Lions Club, Jeff MacDonald	302-521-1158
Master Gardeners of the Islands	472-6940
MOAA - Military Officers Assc. of America, Alex MacKenzie	395-9232
Newcomers	472-9332
Notre Dame Club of Southwest Florida	768-0417
Optimist Club	472-0836
PAWS	472-4823
Rotary Club	472-7257 or 472-0141
Sanibel Bike Club	sanibelbicycleclub.org
Sanibel Beautification Inc.	470-2866
Sanibel-Captiva Orchid Society	472-6940
Sanibel-Captiva Power Squadron	www.usps.org/localusps/sancap
Sanibel-Captiva Republican Caucus	395-1202
Sanibel-Captiva Shell Club . . .	facebook.com/sancapshellclub
Sanibel Youth Soccer	www.sanibelsoccer.org . .
United Way of Lee County	433-2000
United Way 211 Helpline 24 hour	211 or 433-3900
Zonta Club	728-1971
ISLAND ATTRACTIONS	
Bailey-Matthews National Shell Museum	395-2233
JN "Ding" Darling National Wildlife Refuge	472-1100
Sanibel Historical Museum & Village	472-4648
SCCF Sanibel-Captiva Conservation Foundation	472-2329

To be listed in calling card email your information to:
press@islandsunnews.com

PETS OF THE WEEK

Lee County Domestic Animal Services

Elmo And Dixie

Hello, my name is Elmo. I am a 6-year-old male pit bull mix who is currently going through his Canine Good Citizen program with the staff and volunteers under the supervision of ABC 4-K9s. I have mastered sit and am having a blast learning the other nine skills to pass the test. My new family can continue the training with ABC 4-K9s for just \$60, and I can get my certification. I am good with kids and other dogs and am a love bug as well.

My adoption fee is \$25.
Hi, I'm Dixie. I'm a 2-year-old female domestic shorthair who is a self-groomer with motor skills that are just purr-fect. I am very affectionate and gets along well with my feline friends. Adopt me and you can take another cat home at no additional charge.

My adoption fee is \$40.
For information about this week's pets, call 533-7387 (LEE-PETS) or log on to Animal Services' website at www.LeeLostPets.com. When calling, refer to the animal's ID number. The website updates every hour so you will be able to see if these or any other pets are still available.

The shelter is open for adoptions from 10:30 a.m. to 3:30 p.m. Monday through Saturday. The shelter is located at 5600 Banner Drive in Fort Myers, next to the Lee County Sheriff's Office off Six Mile Cypress Parkway.

All adoptions include spay/neuter surgery, age-appropriate vaccinations, rabies vaccination and county license if three months or older, flea treatment, worming, heartworm test for dogs six months and over, feline AIDS and leukemia test for cats, training DVD, 10-day health guarantee, and a bag of Science Diet pet food.

The adoption package is valued at \$500.*



Elmo ID# 572004

photos provided



Dixie ID# 716667



Clayton Furpaws and Justin Purrlander

photo provided

Haven on Earth Animal League

Clayton And Justin

Hi, I'm Clayton Furpaws. I'm just the cutest little orange tabby boy with a pink nose. I'm only 4 months old and currently staying at Petland on College Parkway. Come adopt me so I don't have to stay in this cage – and maybe adopt a friend for me to play with too. My adoption fee is \$150 and includes neutering and

vaccinations.

Hi there. I'm Justin Purrlander. I'm a very cute orange tabby boy. I'm only 4 months old and just waiting for someone to take me home and love me – and hopefully adopt a friend for me too. I'm staying at Petland on College Parkway and dreaming of my new forever home. My adoption fee is \$150 and includes neutering and vaccinations.

We are being cared for by Haven on Earth Animal League. For more information, call Diane at 860-833-4472 or email havenonearthanimalleague@yahoo.com.*

PUZZLES

Answers on page 29B

Super Crossword OH, YOU!

- ACROSS**
- 1 Roman 102
4 Took off on
8 Overflowing (in)
13 Comes into being
19 Pal from way back
21 TV sergeant played by Phil Silvers
22 Put a new front on
23 What a table had when Sitting Bull was sitting at it?
25 1994 sci-fi action film
26 Tailless cat
27 Secretive govt. group
28 Small city's package deliverer?
30 Eight-armed mollusks
33 London lav
35 Muslim chief
36 Marshy inlet near Boston?
45 Atty.'s org.
48 Bang, as a big toe
49 Supper crumbs
50 Long oar
51 Actor Max
- 53 Spanish cheers
55 Carne — (Mexican steak dish)
59 Vicinity
60 Vigor, in music
61 Coup d'état?
65 As dry as —
67 Prefix with tourism
68 1998 Australian Open winner
69 Fast at installing canoe
78 Award in the ad business
79 P.O. item
80 Directive
82 Unfeeling person's fake-out?
91 Mid-voyage (card game)
92 — -deucy
93 Strep of film
94 Plum cousin
95 Class fixture
96 Ringo on drums
98 With 103-Across, frozen dessert brand
101 Cop in a drug bust
- 103 See 98-Across
104 Like an ogre wearing his facial disguise?
110 Graf — (ill-fated German warship)
111 Notch shape
112 Inner layer
116 "My poetry is terrible compared to Maya's"?
122 Hearing thing
125 Dog in "Garfield"
126 Setting
127 Messed up during a film shoot?
131 Really stuck
132 "Paradise Lost" figure
133 Mongoose cousins
134 How china is often sold
135 Noodles
136 Alternative to Bloomie's
137 That ship
- 4 "La Cage — Folles"
5 Alternative to a Word file
6 Early utopia
7 Colorants
8 — Dhabi
9 Vogue editor
10 Actor — Ray
11 Give a bias
12 Large wasp
13 Stella — (beer)
14 Renovates, for short
15 "— one ..." (start of an opinion)
16 Indian dress
17 "Behold!" to Caesar
18 Foreteller
20 Plump and healthy-looking
24 Soft rock
29 "Still the King" cable channel
31 Faux —
32 Schoolyard rejoinder
34 "Well now!"
37 "Star Trek" helmsman
38 \$5 bills, in slang
39 Forest buck
40 Shell rival in Canada
- 41 Curious as —
42 Cosmonaut Gagarin
43 Muffin topper
44 — Bator
45 "SOS" band
46 7/4 cookout
47 The vowels
52 Rice-A- —
54 "Let it stand"
56 Datebook entry: Abbr.
57 Elk cousin
58 Intro drawing class, maybe
62 "— bin ein Berliner"
63 Carols
64 Ship of myth
66 Shoe brand
70 Model Heidi
71 French department
72 Former queen of Jordan
73 Gambling venue, briefly
74 Website IDs
75 Alum
76 Ill-fated Ford
77 Witherspoon of Hollywood
81 Garden tool
82 Wallet filler
83 Play starter
84 Main role
85 Harp cousin
86 NASDAQ cousin
- 87 "In the Valley of —" (2007 film)
88 Arm bone
89 Beer topper
90 Not tame
97 "Twilight" vampire — Hale
99 Small stream
100 Prop- ending
102 15-season CBS series
105 About to bat, e.g.
106 Division: Abbr.
107 Fortify
108 Feat
109 Bad-mouth
113 Concepts
114 Late inning
115 Swan cousins
116 Skater Kulik
117 Olympus — (volcano on Mars)
118 Big Ten gp.
119 Klutzy sorts
120 Folk wisdom
121 Yves' yeses
123 \$\$\$ sources
124 Emu cousin
128 Raised rails
129 Comic shriek
130 This yr.'s 75-Downs

1	2	3		4	5	6	7		8	9	10	11	12		13	14	15	16	17	18
19			20						21						22					
23								24							25					
26						27				28				29						
30				31	32			33	34				35							
			36			37	38				39	40					41	42	43	44
45	46	47		48					49						50					
51			52		53			54			55		56	57	58		59			
60					61				62	63						64				
65				66				67					68							
	69				70	71	72				73	74					75	76	77	
				78						79					80					81
82	83	84	85					86	87				88	89	90		91			
92					93							94					95			
96				97				98		99	100		101			102		103		
104					105	106	107					108					109			
				110						111					112			113	114	115
116	117	118	119					120	121			122	123	124			125			
126							127				128				129	130				
131							132													
134							135						136					137		

King Crossword

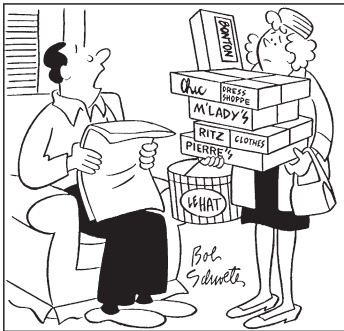
- ACROSS**
- 1 Resorts
5 Sch. org.
8 Branch
12 Hide
13 Rowing need
14 Heap
15 Great Lake
16 Boxer's play
18 Cheap
20 Glove mater-
21 Halves of 38-Across
22 Coffee, slang-
23 Mixed metal
26 Barber's task
30 Fish eggs
31 Intent
32 Bobby of hockey fame
- 55 See 54-Across
Machine"
36 Zodiac sign
37 Fodder for Ripley's column
39 Singer Lenya
40 Antioxidant berry
41 Carpets
42 Needle case
43 Small song-bird
44 Hint
45 Arm bone
46 Despot
48 Bear, in Barcelona
49 Supper crumbs
- DOWN**
- 1 Detail, briefly
2 Lima's land
3 Settled down
4 Not mono
5 Sulks
6 Recording
7 Dadaist artist
8 More agile
9 Twitches
10 Hebrew month
11 Apportion (out)
17 "The Time
- 19 Whatever number
22 Bread spread
23 Curved line
24 Brock or Gehrig
25 Allow
26 That man's
27 Bill's partner
28 Grecian ves-
29 Have a go at
31 Fool
34 Contacts, e.g.
35 Asian nurse-
maid

MAGIC MAZE — SOUP

A L I G D B Y W W T P R P M K
I F N O I N O T A M O T D B Y
W U S Q O N A S M K R I F D B
E L B A T E G E V Z D X W U S
C Q O O E N L N B J G H F K O
D H N C A P Y D W D G V T C T
S (M I N E S T R O N E) Q P U A
N L K C I H F I E C B R R D T
Z Y W V K U S B L I A T X O O
R Q P N T E B A H P L A M L P
J I H L I T N E L E S F E D C

Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally

- | | | | |
|-----------|------------|-----------|-----------|
| Alphabet | Egg drop | Oxtail | Tomato |
| Bird nest | Lentil | Potato | Turtle |
| Chicken | Minestrone | Red bean | Vegetable |
| Duck | Onion | Split pea | |



SCRAMBLERS
Unscramble the letters within each rectangle to form four ordinary words. Then rearrange the boxed letters to form the mystery word, which will complete the gag!

Delight
TARTE _ _ _ _ _ _

Make Do
CUFFIES _ _ _ _ _ _ _

Intense
RANTED _ _ _ _ _ _ _

Adorn
SHARING _ _ _ _ _ _ _

TODAY'S WORD
_ _ _ _ _ _ _ _ _ _

answer on page 31B

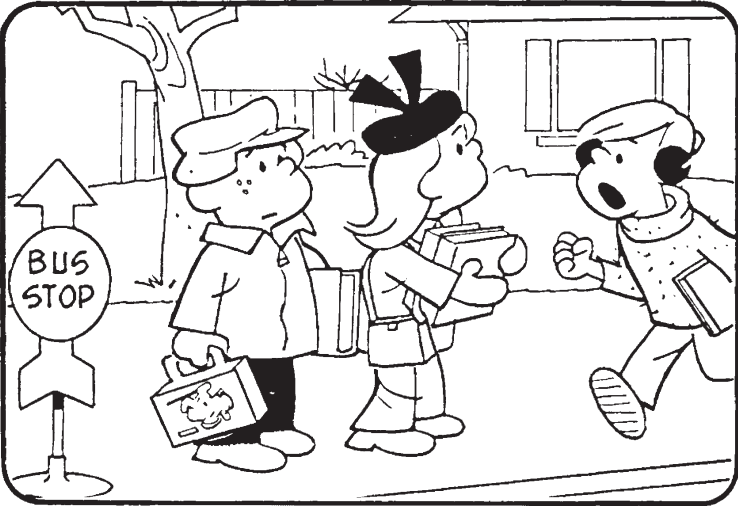
	4			8	6			7
		8	7			5		
3				2			4	
4				5			9	6
		3			1	2		
	7		8					1
7				1			8	
2		9	4					5
	1				2	9		

SUDOKU

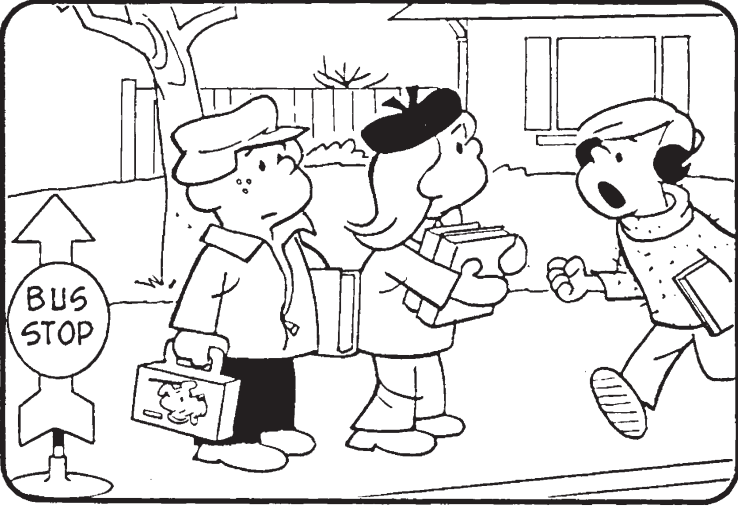
To play Sudoku:
Complete the grid so that every row, column and every 3x3 box contains the numbers 1 through 9 (the same number cannot appear more than once in a row, column or 3x3 box.) There is no guessing and no math involved, just logic.

answer on page 29B

HOCUS-FOCUS BY HENRY BOLTINOFF



FIND AT LEAST SIX DIFFERENCES BETWEEN PANELS



Differences: 1. Sign is shorter. 2. Lunchbox is moved. 3. Jacket is opened. 4. Hat bow is smaller. 5. Purse is missing. 6. Arm is lower.

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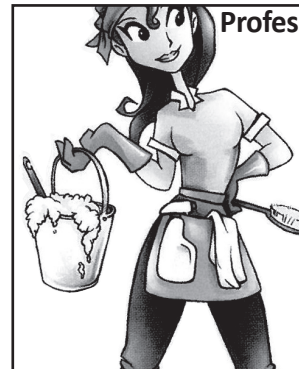
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FRIDAY
Sunny
High: 78 Low: 69



SATURDAY
Sunny
High: 76 Low: 67




SUNDAY
Sunny
High: 75 Low: 66



MONDAY
Sunny
High: 76 Low: 67



TUESDAY
Sunny
High: 78 Low: 69



WEDNESDAY
Sunny
High: 75 Low: 66



THURSDAY
Sunny
High: 73 Low: 64

Redfish Pass Tides					Point Ybel Tides					Punta Rassa Tides					Cape Coral Bridge Tides				
Day	High	Low	High	Low	Day	High	Low	High	Low	Day	High	Low	High	Low	Day	High	Low	High	Low
Fri	1:17 pm	6:15 am	11:38 pm	5:23 pm	Fri	12:22 pm	6:17 am	10:43 pm	5:25 pm	Fri	12:42 pm	6:25 am	None	6:22 pm	Fri	1:28 am	9:31 am	3:27 pm	8:39 pm
Sat	1:58 pm	6:48 am	None	5:46 pm	Sat	1:03 pm	6:50 am	11:06 pm	5:48 pm	Sat	12:02 am	7:03 am	1:16 pm	6:58 pm	Sat	1:48 am	10:04 am	4:08 pm	9:02 pm
Sun	12:01 am	7:21 am	2:38 pm	6:09 pm	Sun	1:43 pm	7:23 am	11:32 pm	6:11 pm	Sun	12:23 am	7:41 am	1:54 pm	7:29 pm	Sun	2:11 am	10:37 am	4:48 pm	9:25 pm
Mon	12:27 am	7:56 am	3:17 pm	6:35 pm	Mon	2:22 pm	7:58 am	None	6:37 pm	Mon	12:39 am	8:18 am	2:36 pm	7:58 pm	Mon	2:37 am	11:12 am	5:27 pm	9:51 pm
Tue	12:57 am	8:32 am	3:59 pm	7:05 pm	Tue	12:02 am	8:34 am	3:04 pm	7:07 pm	Tue	12:55 am	8:54 am	3:19 pm	8:22 pm	Tue	3:07 am	11:48 am	6:09 pm	10:21 pm
Wed	1:32 am	9:13 am	4:46 pm	7:45 pm	Wed	12:37 am	9:15 am	3:51 pm	7:47 pm	Wed	1:21 am	9:29 am	4:02 pm	8:47 pm	Wed	3:42 am	12:29 pm	6:56 pm	11:01 pm
Thu	2:11 am	9:58 am	5:39 pm	8:39 pm	Thu	1:16 am	10:00 am	4:44 pm	8:41 pm	Thu	1:57 am	10:03 am	4:46 pm	9:15 pm	Thu	4:21 am	1:14 pm	7:49 pm	11:55 pm

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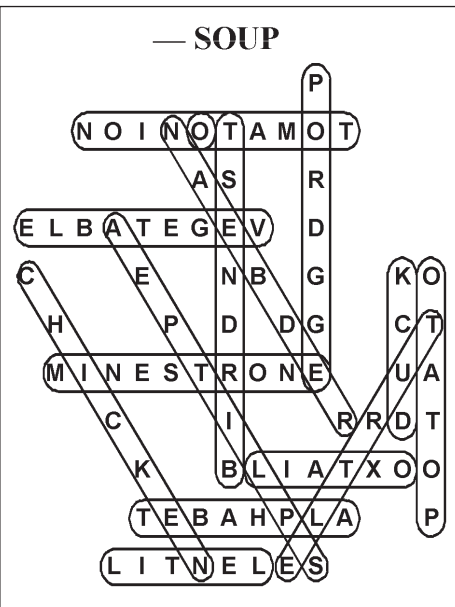
SUPER CROSSWORD

C	I	I	A	P	E	D	A	W	A	S	H	A	R	I	S	E	S				
O	L	D	B	U	D	D	Y	B	I	L	K	O	R	E	F	A	C	E			
S	I	O	U	X	F	E	E	T	U	N	D	E	R	T	F	O	R	C	E		
M	A	N	X				N	S	A		T	O	W	N	C	O	U	R	I	E	R
O	C	T	O	P	I			L	O	O		E	M	I	R						
			M	A	S	S	A	C	H	U	S	E	T	T	S	B	A	Y	O		
A	B	A		S	T	U	B		O	R	T	S				S	C	U	L	L	
B	A	E	R	O	L	E	S			A	S	A	D	A		A	R	E	A		
B	R	I	O		O	U	S	T	I	N	G	O	P	E	R	A	T	I	O	N	
A	B	O	N	E				E	C	O			P	E	T	R					
			Q	U	I	C	K	O	N	T	H	E	O	U	T	R	I	G	G	E	R
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KING CROSSWORD

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MAGIC MAZE



SUDOKU

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7	5	4	9	1	3	6	8	2
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8	1	6	5	7	2	9	3	4

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ANNUAL RENTAL

SANIBEL

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Lake Front: This peaceful location is true Island Living. Close to everything. This beautiful updated, UF, piling home offers 3 BR/2 BA, separate laundry room, bamboo floors, lg. scr. porch, 2 car garage + xtra parking. \$2,500/mo.

Directly Across from Beach: This custom UF piling home
Offers 3BR/2½ BA, two floors of living. Custom wood floors throughout, all 'High End' appliances, separate bar, master suite top floor and home has 3 car garage + storage. \$4,250/mo.

FORT MYERS

Close to Beaches: This 2/2 UF condo. fresh paint, new carpet, large screen porch view of lake. Gated community. \$1,300/mo.



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Part Time Evening And Weekend Front End Associates Needed. Looking for energetic, personable, and fun individuals, with open availability Monday through Sunday.
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11/17 * 11/17

FOR SALE

FOR SALE



Pub table with four chairs.
Great condition. \$150.
Call 239-265-0840 and leave message.
11/3 * TFN

My Stars ★★★★★

FOR WEEK OF NOVEMBER 20, 2017

- ARIES** (March 21 to April 19) Restless Rams and Ewes might want to let others finish a current project while they start something new. But if you do, you could risk losing out on a future opportunity.
- TAURUS** (April 20 to May 20) The Bovine’s creative forces start revving up as you plan for the upcoming holidays. Some practical aspects also emerge, especially where money is involved.
- GEMINI** (May 21 to June 20) Moments of doubt disrupt your otherwise clear sense of purpose. Don’t ignore them. They could be telling you not to rush into anything until you know more about it.
- CANCER** (June 21 to July 22) A planned trip might have to be delayed. Plan to use this new free time to update your skills and your resume so you’ll be ready when a new job opportunity opens.
- LEO** (July 23 to August 22) A flood of holiday party bids from business contacts allows you to mix work and pleasure. Your knowledge plus your Leonine charm wins you a new slew of admirers.
- VIRGO** (August 23 to September 22) An unexpected act by a colleague complicates an agreement, causing delays in implementing it. Check out the motive for this move: It’s not what you might suspect.
- LIBRA** (September 23 to October 22) You might want to cut ties with an ingrate who seems to have forgotten your past generosity. But there might be a reason for this behavior that you should know about. Ask.
- SCORPIO** (October 23 to November 21) Be careful not to set things in stone. Much could happen over the next several days that will make you rethink some decisions and maybe change them.
- SAGITTARIUS** (November 22 to December 21) Your plans to help provide holiday cheer for the less fortunate inspire others to follow your generous example. Expect welcome news by week’s end.
- CAPRICORN** (December 22 to January 19) You’re in your glory as

- you start planning for the holiday season ahead. But leave time to deal with a problem that needs a quick and fair resolution.
- AQUARIUS** (January 20 to February 18) The upcoming holiday season provides a perfect setting for strengthening relationships with kin and others. A new contact has important information.
- PISCES** (February 19 to March 20) Instead of fretting over a cutting remark by a co-worker, chalk it up to an outburst of envy of your well-respected status among both your colleagues and superiors.
- BORN THIS WEEK:** You instinctively know when to be serious and when to be humorous – attributes everyone finds endearing.
- THIS WEEK IN HISTORY**
- On Nov. 20, 1945, 24 high-ranking Nazis go on trial in Nuremberg, Germany, for atrocities committed during World War II. Trials of lesser criminals resulted in the conviction of 5,025 defendants and the execution of 806.
 - On Nov. 21, 1927, Time

- magazine puts the new Holland Tunnel on its cover. The tunnel runs under the Hudson River between New York City and Jersey City, New Jersey. On the first day, 51,694 vehicles paid the 50 cent toll.
- On Nov. 22, 1963, President John F. Kennedy is shot and killed as his motorcade drives through Dealey Plaza in Dallas. The Warren Commission report on the assassination was released in November 1963, but has always been considered flawed. Nearly 3,000 once-secret documents were released in October 2017.
 - On Nov. 23, 1981, President Ronald Reagan signs off on a top-secret document, giving the Central Intelligence Agency the power to recruit and support a 500-man force of rebels in Nicaragua, loosely known as the Contras.
- STRANGE BUT TRUE**
- It was 20th-century American author and social critic James Baldwin who made the following sage observation: “Ignorance, allied

- with power, is the most ferocious enemy justice can have.”
- If you’re looking for an American-made car, your best bet is ... Tesla? Yep. Tesla is the only car manufacturer that is 100 percent American-made. Other auto manufacturers assemble their vehicles in the United States, but Tesla is the only one that also uses American-made parts in their cars.
- THOUGHT FOR THE DAY**
- “Don’t be seduced into thinking that that which does not make a profit is without value.” – Arthur Miller

SCRAMBLERS


solution

1. Treat; 2. Suffice;
3. Ardent; 4. Garnish

Today’s Word

THRIFT

HORTOONS



WE REALLY NEED TO LIGHTEN UP ON THE BEACH STUFF.

HORTOON

Top 10 Real Estate Sales

Subdivision	City	Year Built	Square Footage	Listing Price	Selling Price	Days On Market
Westlake Court	Estero	2016	4,300	\$2,000,000	\$1,976,000	0
Sanctuary at Wulfert	Sanibel	2017	3,534	\$1,695,000	\$1,695,000	43
Ravista	Bonita Springs	2007	3,596	\$1,050,000	\$980,000	1
Cape Coral	Cape Coral	2016	2,977	\$859,000	\$859,000	426
Cape Coral	Cape Coral	1998	4,181	\$829,000	\$795,000	51
Betts	Sanibel	2015	1,872	\$799,900	\$740,000	82
Buttonwood Harbor	North Fort Myers	2005	4,572	\$749,000	\$725,000	80
Cape Coral	Cape Coral	2003	3,077	\$629,000	\$570,000	119
Bayland Heights	Fort Myers Beach	1968	1,953	\$599,000	\$571,000	77
Suburban Ranchettes Unrec	Fort Myers	1976	3,344	\$570,000	\$545,000	62

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and Sapphire Valley/Lake Toxaway

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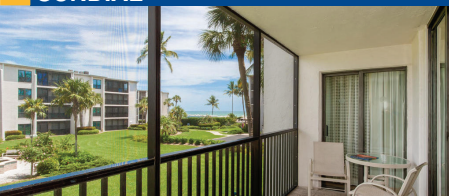
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